

LOAR HOLDINGS INC.

Reported by
MILGRIM BRETT N

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 04/26/24 for the Period Ending 04/24/24

Address	20 NEW KING ST. WHITE PLAINS, NY, 10604
Telephone	914-909-1311
CIK	0002000178
Symbol	LOAR
Fiscal Year	12/31

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * MILGRIM BRETT N (Last) (First) (Middle) 20 NEW KING STREET (Street) WHITE PLAINS, NY 10604 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol Loar Holdings Inc. [LOAR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input checked="" type="checkbox"/> Officer (give title below) Executive Co-Chairman <input type="checkbox"/> 10% Owner <input type="checkbox"/> Other (specify below)
3. Date of Earliest Transaction (MM/DD/YYYY) 4/24/2024		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$28	4/24/2024		A		142,000		4/29/2025	11	Common Stock	142,000	\$0	142,000	D	
Employee Stock Option (right to buy)	\$30.8	4/24/2024		A		142,000		4/29/2026	11	Common Stock	142,000	\$0	284,000	D	
Employee Stock Option (right to buy)	\$33.88	4/24/2024		A		142,000		4/29/2027	11	Common Stock	142,000	\$0	426,000	D	
Employee Stock Option (right to buy)	\$37.27	4/24/2024		A		142,000		4/29/2028	11	Common Stock	142,000	\$0	568,000	D	
Employee Stock Option (right to buy)	\$40.99	4/24/2024		A		142,000		4/29/2029	11	Common Stock	142,000	\$0	710,000	D	

Explanation of Responses:

(1) The options will expire on the earlier of (i) April 24, 2034 or (ii) 90 days after termination of employment other than upon death, disability or cause.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MILGRIM BRETT N 20 NEW KING STREET WHITE PLAINS, NY 10604	X		Executive Co-Chairman	

Signatures

/s/ Michael J. Manella, as Attorney-in-fact

4/26/2024

Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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