

**LOAR HOLDINGS INC.**  
Reported by  
**MILGRIM BRETT N**

**FORM 4**  
(Statement of Changes in Beneficial Ownership)

Filed 04/26/24 for the Period Ending 04/24/24

Address     20 NEW KING ST.  
                  WHITE PLAINS, NY, 10604  
Telephone    914-909-1311  
CIK            0002000178  
Symbol        LOAR  
Fiscal Year   12/31

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

OMB APPROVAL  
OMB Number: 3235-0287  
Estimated average burden hours per response... 0.5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup>			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
<b>MILGRIM BRETT N</b>			<b>Loar Holdings Inc. [ LOAR ]</b>				<input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) <b>Executive Co-Chairman</b>			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)				6. Individual or Joint/Group Filing (Check Applicable Line)			
<b>20 NEW KING STREET</b>			<b>4/24/2024</b>				<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person			
(Street)			4. If Amendment, Date Original Filed (MM/DD/YYYY)							
<b>WHITE PLAINS, NY 10604</b>										
(City)	(State)	(Zip)								

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	V	(A)	(D)						
Employee Stock Option (right to buy)	\$28	4/24/2024		A			142,000		4/29/2025	11	Common Stock	142,000	\$0	142,000 D
Employee Stock Option (right to buy)	\$30.8	4/24/2024		A			142,000		4/29/2026	11	Common Stock	142,000	\$0	284,000 D
Employee Stock Option (right to buy)	\$33.88	4/24/2024		A			142,000		4/29/2027	11	Common Stock	142,000	\$0	426,000 D
Employee Stock Option (right to buy)	\$37.27	4/24/2024		A			142,000		4/29/2028	11	Common Stock	142,000	\$0	568,000 D
Employee Stock Option (right to buy)	\$40.99	4/24/2024		A			142,000		4/29/2029	11	Common Stock	142,000	\$0	710,000 D

#### Explanation of Responses:

(1) The options will expire on the earlier of (i) April 24, 2034 or (ii) 90 days after termination of employment other than upon death, disability or cause.

#### Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
<b>MILGRIM BRETT N</b> <b>20 NEW KING STREET</b> <b>WHITE PLAINS, NY 10604</b>	X		<b>Executive Co-Chairman</b>	

**Signatures**

/s/ Michael J. Manella, as Attorney-in-fact

\*\*Signature of Reporting Person

4/26/2024

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.