

SPROUTS FARMERS MARKET, INC.

Reported by
ZALATORIS TIMMI

FORM 144
(Report of proposed sale of securities)

Filed 03/18/26

Address	5455 E. HIGH ST. SUITE 111 PHOENIX, AZ, 85054
Telephone	480-814-8016
CIK	0001575515
Symbol	SFM
SIC Code	5411 - Retail-Grocery Stores
Industry	Food Retail & Distribution
Sector	Consumer Non-Cyclicals
Fiscal Year	12/28

144: Issuer Information

Name of Issuer	Sprouts Farmers Market, Inc.
SEC File Number	001-36029
Address of Issuer	5455 E. HIGH ST. SUITE 111 PHOENIX ARIZONA 85054
Phone	480-814-8016
Name of Person for Whose Account the Securities are To Be Sold	Zalatoris Timmi

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	1. Officer
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144: Securities Information

Record	Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
#1	Common	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RHODE ISLAND 02917	480	\$40,077.65	94,576,393	03/18/2026	NASDAQ

144: Securities To Be Sold

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Record	Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift ?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
#1	Common	03/13/2026	Restricted Stock Vesting	Issuer	<input type="checkbox"/>	—	480	03/13/2026	Compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities Sold During The Past 3 Months

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Record	Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
#1	Timmi Zalatoris 5455 East High Street Suite 111 Phoenix ARIZONA 85054	Common	03/13/2026	104	\$8,255.50
#2	Timmi Zalatoris 5455 East High Street Suite 111 Phoenix ARIZONA 85054	Common	03/16/2026	3,668	\$296,461.70

144: Remarks and Signature

Remarks

Sale includes an amount necessary to cover a tax obligation resulting from the settlement of a vested equity award distribution.

Date of Notice

03/18/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/ Daniel Tucci, as a duly authorized representative of Fidelity Brokerage Services LLC,
as attorney-in-fact for Timmi Zalatoris

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)