ASANA, INC.

Reported by

BERQUIST THOMAS

FORM 3

(Initial Statement of Beneficial Ownership)

Filed 09/28/26 for the Period Ending 09/25/26

Address	633 FOLSOM STREET
	SUITE 100
	SAN FRANCISCO, CA, 94107
Telephone	(415) 525-3888
CIK	0001477720
Symbol	ASAN
Fiscal Year	01/31

FORM 3	**UNITED STATES SECURITIES AND EXCHANGE COMMISSION** **Washington, D.C. 20549** **INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**	OMB APPROVAL OMB Number: 3235-0104 Estimated average burden hours per response... 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * **Berquist Thomas**	2. Date of Event Requiring Statement (MM/DD/YYYY) **9/25/2026**	3. Issuer Name **and** Ticker or Trading Symbol **Asana, Inc. [ASAN]**
(Last) (First) (Middle) **C/O ASANA, INC.** **633 FOLSOM STREET, SUITE 100**	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) __X__ Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below)	
(Street) **SAN FRANCISCO CALIFORNIA 94107** (City) (State) (Zip/Postal Code) **UNITED STATES** (Country)	5. If Amendment, Date Original Filed(MM/DD/YYYY)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)

Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 4)	2. Date Exercisable and Expiration Date (MM/DD/YYYY)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Explanation of Responses:

Remarks:

Exhibit 24 - Power of Attorney

No securities are beneficially owned.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Berquist Thomas **C/O ASANA, INC.** **633 FOLSOM STREET, SUITE 100** **SAN FRANCISCO** **CALIFORNIA** **94107** **UNITED STATES**	X			

Signatures

/s/ Katie Colendich, Attorney-in-Fact	**9/28/2026**
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

* Form 3: SEC 1473 (03-26).

POWER OF ATTORNEY

Know all by these presents that the undersigned hereby constitutes and appoints Poonam Singh, Katie Colendich, Christine Zwerling, Felipe Pereira, and Jenifer Kyle of Asana, Inc. as the undersigned's true and lawful attorney-in-fact and agent, with full authority to:

(1) act as Account Administrator of the undersigned's EDGAR system account maintained with the U.S. Securities and Exchange Commission (SEC), with full authority to:

- Access and manage the account;
- Update account information, including changing contact details and passwords;
- Manage user delegations and entity filer tokens; and
- Complete and submit the annual account confirmation

(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or more than 10% stockholder of Asana, Inc. (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;

(3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the earliest to occur of (a) the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, (b) revocation by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact or (c) as to any attorney-in-fact individually, until such attorney-in-fact is no longer employed by the Company.

[Signature page Follows]

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of September 2026.

THOMAS BERQUIST