

HINGE HEALTH, INC.
Reported by
INSIGHT VENTURE PARTNERS (CAYMAN) X, L.P.

FORM 144
(Report of proposed sale of securities)

Filed 10/14/26

Address	455 MARKET STREET 7TH FLOOR SAN FRANCISCO, CA, 94105
Telephone	415-689-8429
CIK	0001673743
Symbol	HNGE
SIC Code	7374 - Services-Computer Processing and Data Preparation
Industry	Software
Sector	Technology
Fiscal Year	12/31

Form 144 Filer Information

Form 144

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Issuer Information

Name of Issuer	Hinge Health, Inc.
SEC File Number	001-42657
Address of Issuer	455 MARKET STREET 7TH FLOOR SAN FRANCISCO CALIFORNIA 94105
Phone	415-689-8429
Name of Person for Whose Account the Securities are To Be Sold	Insight Venture Partners (Cayman) X, L.P.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	1. 10% Stockholder
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144: Securities Information

Record	Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
#1	Class A	Raymond James & Associates Inc 880 Carillon Parkway St. Petersburg FLORIDA 33716	614,262	\$64,497,510.00	62,468,721	10/14/2026	NYSE

144: Securities To Be Sold

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Record	Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift ?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
#1	Series B Preferred Stock	07/03/2018	Stock Conversion before IPO	Hinge Health, Inc.	☐	—	4,485,644	07/03/2018	Wired to portfolio company

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities Sold During The Past 3 Months

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Record	Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
#1	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	07/14/2026	15,980	\$1,443,633.20
#2	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	08/07/2026	56,401	\$5,084,708.07
#3	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	08/10/2026	253,638	\$23,212,290.30
#4	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	09/30/2026	3,276	\$321,367.74
#5	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/01/2026	20,716	\$2,032,981.23
#6	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/02/2026	5,240	\$515,683.07
#7	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/05/2026	66,728	\$6,586,560.73
	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas				

#8	36th Floor New York NEW YORK 10036	Class A	10/06/2026	50,334	\$4,948,260.04
#9	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/07/2026	38,014	\$3,762,447.05
#10	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/08/2026	39,109	\$3,839,670.78
#11	Insight Venture Partners (Cayman) X, L.P. 1114 Avenue of the Americas 36th Floor New York NEW YORK 10036	Class A	10/09/2026	175,921	\$17,461,918.46

144: Remarks and Signature

Remarks

Date of Notice

10/14/2026

Date of Plan Adoption or Giving of
Instruction, If Relying on Rule 10b5-1

1. 08/20/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Rashida Mitchell, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Insight Venture Partners (Cayman) X,

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)