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SONIDA SENIOR LIVING, INC.

FORM 8-K
(Current report filing)

Filed 11/05/26 for the Period Ending 11/05/26

Address	14755 PRESTON ROAD SUITE 810 DALLAS, TX, 75254
Telephone	9727705600
CIK	0001043000
Symbol	SNDA
SIC Code	8050 - Services-Nursing and Personal Care Facilities
Industry	Healthcare Facilities & Services
Sector	Healthcare
Fiscal Year	12/31

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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported) November 5, 2026

Sonida Senior Living, Inc.

(Exact name of registrant as specified in its charter)

Delaware		
(State or other jurisdiction of incorporation)		
1-13445		**75-2678809**
(Commission File Number)		(IRS Employer Identification No.)
14755 Preston Road **Suite 810** **Dallas, Texas**		**75254**
(Address of principal executive offices)		(Zip Code)

(972) 770-5600
(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol(s)	Name of each exchange on which registered
Common Stock, par value $0.01 per share	**SNDA**	**New York Stock Exchange**

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

Item 2.02 Results of Operations and Financial Condition.

On November 5, 2026, Sonida Senior Living, Inc. (the "Company") announced its financial results for the third quarter ended September 30, 2026 by issuing a press release. The full text of the press release issued in connection with the announcement is attached hereto as Exhibit 99.1.

The information being furnished under Item 2.02, Item 7.01, Exhibit 99.1 and Exhibit 99.2 shall not be deemed "filed" for purposes of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as may be expressly set forth by specific reference in such a filing. The press release and the presentation referenced below contain, and may implicate, forward-looking statements regarding the Company and include cautionary statements identifying important factors that could cause actual results to differ materially from those anticipated.

Item 7.01 Regulation FD Disclosure.

Attached hereto as Exhibit 99.2 is the investor presentation used in connection with the Company's webcast.

By filing this Current Report on Form 8-K, the Company does not acknowledge that disclosure of this information is required by Regulation FD or that the information was material or non-public before the disclosure. The Company assumes no obligation to update or supplement forward-looking statements in this presentation that become untrue because of new information, subsequent events or otherwise.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

*99.1	Press Release dated November 5, 2026
*99.2	Sonida Senior Living, Inc. Investor Presentation
104	Cover Page Interactive Date File-formatted as Inline XBRL.

* These exhibits to this Current Report on Form 8-K are not being filed but are being furnished pursuant to Item 9.01.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 5, 2026

Sonida Senior Living, Inc.

By: /s/ KEVIN J. DETZ
Name: Kevin J. Detz
Title: Executive Vice President and Chief Financial Officer

Exhibit 99.1

Sonida Senior Living Announces Third Quarter 2026 Results

DALLAS, Texas – November 5, 2026 – Sonida Senior Living, Inc. (the "Company," "Sonida," "we," "our," or "us") (NYSE: SNDA), a leading owner, operator and investor of senior housing communities, today announced its results for the third quarter ended September 30, 2026.

"Our third quarter results demonstrate the strength of the operating platform we have built and the quality of our real estate portfolio, with continued occupancy growth translating into meaningful margin expansion and NOI growth," said Brandon Ribar, President and Chief Executive Officer of Sonida Senior Living. "As we advance the CHP integration and announce additional acquisitions, we are increasingly focused on leveraging our proven operating playbook, culture, and leadership team across a larger, higher-quality portfolio. With significant runway remaining across the portfolio, we believe these efforts position Sonida to deliver sustained earnings growth and create long-term value for shareholders."

Third Quarter 2026 Highlights

- Net loss attributable to common shareholders of $34.3 million, or $(0.72) per share.
- Normalized Funds from Operations ("FFO") of $23.1 million, or $0.46 per share.
- Adjusted EBITDA of $46.8 million, an increase of 26.2% over Adjusted EBITDA (pro forma) for Q3 2025.
- Same-Store SHOP Net Operating Income ("NOI") of $52.0 million, an increase of 15.6% compared to prior year on a pro forma basis.
- Same-Store weighted average occupancy of 88.6% and RevPOR of $5,413, representing increases of 200 basis points and 4.6%, respectively, from the same pro forma measures in prior year.

Acquisitions

During September 2026, the Company acquired one senior living community, consisting of 107 units located in Florida for a purchase price of $14.7 million and transaction costs of $0.1 million.

In October 2026, the Company purchased six communities in three separate acquisitions with an aggregate purchase price totaling $135.5 million.

Liquidity and Capital Resources

On August 7, 2026 the Company entered into the Second Amended and Restated Term Loan Agreement with Ally Bank ("Ally") which provides up to $380 million in borrowings ("Ally Term Loan"). At closing, the Company drew $372.5 million on the Ally Term Loan which has delayed draw commitments for an additional $7.5 million available subject to achieving certain debt yields and debt service coverages ratios. The loan proceeds were used to fully repay the previous $122 million term loan with Ally and to repay in full the $170 million outstanding under the Bridge Facility, with the remaining net proceeds used to pay down $70 million on the senior secured revolving credit facility. The loan has a five-year maturity with two one-year extension options and an interest rate of SOFR plus 185 basis points. The Ally Term Loan is secured by 28 of the Company's communities. In connection with the repayment of the Bridge Facility, the Company recognized a loss on debt extinguishment of $4.4 million for the unamortized deferred loan costs on the Bridge Facility for the three months ended September 30, 2026.

On May 18, 2026, the Company entered into an equity distribution agreement with several sales agents, whereby the Company may sell, at its option, shares of its common stock up to an aggregate offering price of $250.0 million (the "ATM Program"). During the three months ended September 30, 2026, the Company sold 971,732 shares of common stock pursuant to its ATM Program at a weighted average price of $40.74 per share for $39.2 million in net proceeds. In October 2026, the Company sold 780,000 shares of common stock pursuant to its ATM Program at a weighted average price of $37.25 per share for $28.8 million in net proceeds.

Cash Flows

The table below presents a summary of the Company's net cash provided by (used in) operating, investing, and financing activities (in thousands):

	Nine Months Ended September 30,		
	2026	2025	Change
Net cash provided by (used in) operating activities	$ (6)	$ 24,764	$ (24,770)
Net cash used in investing activities	(950,757)	(61,973)	(888,784)
Net cash provided by financing activities	1,091,963	34,042	1,057,921
Increase (decrease) in cash, cash equivalents, and restricted cash	$ 141,200	$ (3,167)	$ 144,367

In addition to $148.1 million of unrestricted cash as of September 30, 2026, our future liquidity will depend in part upon our operating performance, which will be affected by prevailing economic conditions, and financial, business and other factors, some of which are beyond our control. Principal sources of liquidity are expected to be cash flows from operations, borrowings under our revolving credit facility, proceeds from debt financings, refinancings, and proceeds from equity offerings. These transactions are expected to provide additional financial flexibility to us and increase our liquidity position.

Conference Call Information

The Company will host a conference call with senior management to discuss the Company's financial results for the three months ended September 30, 2026 on Thursday, November 5, 2026, at 11:00 a.m. Eastern Time. To participate, dial 833-461-5787 (or +1 585-542-9983 for international callers), meeting ID 403397225. A link to the simultaneous webcast of the teleconference will be available at: https://events.q4inc.com/attendee/403397225. The webcast will be available for replay for 12 months on the Company's investor relations website and a transcript of the call will be posted shortly after the conference call ends.

About the Company

Dallas-based Sonida Senior Living, Inc., is one of the largest, pure-play owner-operators and investors in U.S. senior living communities, with a focus on independent living, assisted living and memory care communities and services for senior adults. The Company provides compassionate, resident-centric services and care as well as engaging programming at the senior housing communities we operate. As of September 30, 2026, the Company owns, manages or is invested in 165 senior housing communities with over 16,700 total units across 35 states, including 153 owned senior housing communities (inclusive of 40 managed by third-party property managers, 15 leased pursuant to triple-net leases, three owned through a joint venture investment in a consolidated entity and four owned through a joint venture investment in an unconsolidated entity) and 12 communities that the Company manages on behalf of a third-party.

Safe Harbor

This release contains "forward-looking statements" within the meaning of the federal securities laws. All statements other than statements of historical fact in this release are forward-looking statements, including those relating to the Company's expectations and beliefs, the industry in which the Company operates, the CHP Merger and its expected financial and other benefits and the Company's future business prospects and strategies, financial results, working capital, liquidity, capital needs and expenditures. Forward-looking statements are subject to certain risks and uncertainties that could cause our actual results and financial condition to differ materially from those indicated in the forward-looking statements, including, among others, the risks, uncertainties and factors set forth under "Item 1A. Risk Factors" in our Annual Report on Form 10-K for the year ended December 31, 2025, filed with the Securities and Exchange Commission (the "SEC") on March 12, 2026, as such factors may be updated from time to time in the Company's other filings with the SEC, and include the following: the Company's ability to generate sufficient cash flows from operations, proceeds from equity issuances and debt financings, and proceeds from the sale of assets to satisfy its short and long-term debt obligations and to fund the Company's acquisitions and capital improvement projects to expand, redevelop, and/or reposition its senior living communities; increased competition for, or a shortage of, skilled workers, including due to general labor market conditions, along with wage pressures resulting from such increased competition, low unemployment levels, use of contract labor, minimum wage increases and/or changes in immigration or overtime laws; elevated market interest rates that increase the cost of certain of our debt obligations; the Company's ability to obtain additional capital on terms acceptable to it; the Company's ability to extend or refinance its existing debt as such debt matures; the Company's compliance with its debt agreements, including certain financial covenants and the risk of cross-default in the event such non-compliance occurs; the Company's ability to complete acquisitions and dispositions upon favorable terms or at all, including the possibility that the expected benefits and the Company's projections related to such acquisitions may not materialize as expected; our ability to integrate our business with CNL Healthcare Properties, Inc. ("CHP") successfully, and to achieve the anticipated benefits; the possibility that companies that the Company has acquired (including CHP) or may acquire could have undiscovered liabilities, or that companies or assets that the Company has acquired (including CHP) or may acquire could involve other unexpected costs or may strain the Company's management capabilities; potential adverse reactions or changes to business relationships resulting from the CHP Merger; the risk of oversupply and increased competition in the markets in which the Company operates; the Company's ability to maintain internal controls over financial reporting; the cost and difficulty of complying with applicable licensure requirements, legislative oversight, or regulatory changes; risks associated with current global economic conditions and general economic factors such as elevated labor costs due to shortages of medical and non-medical staff, competition in the labor market, increased costs of salaries, wages and benefits, and immigration laws, the consumer price index, commodity costs, fuel and other energy costs, supply chain disruptions, increased insurance costs, tariffs, elevated interest rates and tax rates; the impact from or the potential emergence and effects of a future epidemic, pandemic, outbreak of infectious disease or other health crisis; the Company's ability to maintain the security and functionality of its information systems, to prevent a cybersecurity attack or breach, and to comply with applicable privacy and consumer protection laws, including HIPAA; and changes in accounting principles and interpretations.

We caution you that the risks, uncertainties and other factors referenced above may not contain all of the risks, uncertainties and other factors that are important to you. In addition, we cannot assure you that we will realize the results, benefits or outcomes that we expect or anticipate or, even if substantially realized, that they will result in the consequences or affect us or our business in the way expected. All forward-looking statements herein are expressly qualified in their entirety by the cautionary statements set forth herein. Forward-looking statements speak only as of the date of they are made, and the Company does not undertake or assume any obligation to update publicly any of these statements to reflect actual results, new information or future events, changes in assumptions or changes in other factors affecting forward-looking statements, except to the extent required by applicable law.

Sonida Social Media

Investors and others should note that the Company announces material information to its investors using its investor relations website, press releases, SEC filings and public conference calls and webcasts. Information about the Company, its business and its results of operations may also be announced by posts on the Company's LinkedIn account. The information the Company posts on LinkedIn may be deemed material. Accordingly, investors should monitor this social media channel in addition to following the Company's investor website, press releases, SEC filings and public conference calls and webcasts. The Company's social media channels may be updated from time to time as listed on our investor relations website.

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Sonida Senior Living, Inc.
Condensed Consolidated Statements of Operations (Unaudited)
(in thousands, except per share data)

	Three Months Ended September 30,		Nine Months Ended September 30,	
	2026	2025	2026	2025
Revenues:				
Resident revenue	$ 188,959	$ 84,597	$ 485,409	$ 245,697
Rental income	8,075	—	17,276	—
Management fee income	1,197	1,146	3,527	3,341
Managed community reimbursement revenue	11,964	12,295	34,263	34,448
Total revenues	210,195	98,038	540,475	283,486
Expenses:				
Operating expense	135,196	65,148	352,902	186,982
General and administrative expense	26,251	10,529	51,065	28,730
Transaction, transition and restructuring costs	9,532	6,174	40,401	7,245
Depreciation and amortization expense	43,137	14,627	106,280	41,959
Long-lived asset impairment	—	4,733	—	4,733
Managed community reimbursement expense	11,964	12,295	34,263	34,448
Third-party property management fees	3,610	—	9,494	—
Total expenses	229,690	113,506	594,405	304,097
Other income (expense):				
Interest income	362	394	902	1,622
Interest expense	(9,772)	(9,910)	(45,113)	(28,627)
Loss on extinguishment of debt, net	(4,403)	—	(532)	—
Loss from equity method investments	(164)	(374)	(976)	(1,087)
Other income (expense), net	(692)	(1,902)	(153)	6,611
Loss before provision for income taxes	(34,164)	(27,260)	(99,802)	(42,092)
Provision for income taxes	(362)	(88)	(895)	(254)
Net loss	(34,526)	(27,348)	(100,697)	(42,346)
Less: Net loss attributable to noncontrolling interests	223	437	702	1,343
Net loss attributable to Sonida shareholders	(34,303)	(26,911)	(99,995)	(41,003)
Dividends on Series A convertible preferred stock	—	(1,410)	(1,093)	(4,228)
Deemed dividend on induced conversion of Series A convertible preferred stock	—	—	(19,069)	—
Net loss attributable to common shareholders	$ (34,303)	$ (28,321)	$ (120,157)	$ (45,231)
Weighted average common shares outstanding — basic	47,627	18,103	39,910	18,081
Weighted average common shares outstanding — diluted	47,627	18,103	39,910	18,081
Basic net loss per common share	$ (0.72)	$ (1.56)	$ (3.01)	$ (2.50)
Diluted net loss per common share	$ (0.72)	$ (1.56)	$ (3.01)	$ (2.50)

Sonida Senior Living, Inc.
Condensed Consolidated Balance Sheets
(in thousands, except per share amounts)

	September 30, 2026	December 31, 2025
	(unaudited)	
Assets:		
Current assets		
Cash and cash equivalents	$ 148,050	$ 11,008
Restricted cash	23,422	19,264
Accounts receivable, net of allowance for credit losses of $7.4 million and $2.6 million, respectively	24,020	18,611
Prepaid expenses and other assets	17,026	6,373
Assets held for sale	9,587	9,453
Derivative assets	3,011	8
Deferred issuance costs	626	13,163
Total current assets	225,742	77,880
Property and equipment, net	2,187,996	736,188
Investments in unconsolidated entities	2,029	8,789
Intangible assets, net	165,044	19,743
Goodwill	55,430	—
Derivative assets, non-current	16,664	64
Other assets, net	8,104	2,181
Total assets [(a)]	$ 2,661,009	$ 844,845
Liabilities:		
Current liabilities		
Accounts payable	$ 20,011	$ 4,705
Accrued expenses	78,603	71,663
Current portion of debt, net of deferred loan costs	23,191	7,291
Deferred income	10,944	7,275
Federal and state income taxes payable	641	292
Liabilities held for sale	13,756	13,529
Other current liabilities	6,440	379
Total current liabilities	153,586	105,134
Long-term debt, net of deferred loan costs	1,623,659	682,450
Other long-term liabilities	1,690	1,006
Total liabilities [(a)]	1,778,935	788,590
Commitments and contingencies		
Redeemable preferred stock:		
Series A convertible preferred stock, $0.01 par value; none authorized, none issued and outstanding as of September 30, 2026 and 41 shares authorized, 41 shares issued and outstanding as of December 31, 2025	—	51,249
Equity:		
Sonida's shareholders' equity (deficit):		
Preferred stock, $0.01 par value:		
Authorized shares - 15,000 as of September 30, 2026 and December 31, 2025; none issued or outstanding, except Series A convertible preferred stock as noted above as of December 31, 2025	—	—
Common stock, $0.01 par value:		
Authorized shares - 100,000 as of September 30, 2026 and 30,000 as of December 31, 2025; 48,348 and 18,770 shares issued and outstanding as of September 30, 2026 and December 31, 2025, respectively	483	188
Additional paid-in capital	1,468,192	490,804
Retained deficit	(590,998)	(491,003)
Total Sonida shareholders' equity (deficit)	877,677	(11)
Noncontrolling interest:	4,397	5,017
Total equity	882,074	5,006
Total liabilities, redeemable preferred stock and equity	$ 2,661,009	$ 844,845

(a) The condensed consolidated balance sheets include the following amounts related to our consolidated Variable Interest Entity (VIE): $1.5 million and $1.8 million of Cash and cash equivalents; $2.4 million and $2.0 million of Restricted cash; $0.2 million and $0.4 million of Accounts receivable, net; and $27.1 million and $28.8 million of Property and equipment, net; $1.1 million and $2.8 million of Intangible assets, net; $0.6 million and $1.0 million of Accounts payable; $0.8 million and $0.7 million of Accrued expenses; $0.1 million and $0.3 million of Deferred income; $19.8 million and $21.5 million of Debt, net of deferred loan costs; and $0.0 million and $0.1 million of Other long-term liabilities, in each case, as of September 30, 2026 and December 31, 2025, respectively.

Sonida Senior Living, Inc.
Condensed Consolidated Statements of Cash Flows (Unaudited)
(in thousands)

	Nine Months Ended September 30,	
	2026	**2025**
Cash flows from operating activities:		
Net loss	$ (100,697)	$ (42,346)
Adjustments to reconcile net loss to net cash provided by (used in) operating activities:		
Depreciation and amortization	106,280	41,959
Amortization of deferred loan costs	4,654	1,228
Impairment of assets held for sale	—	4,733
(Gain) loss on derivative instruments, net	(17,008)	995
Loss on extinguishment of debt, net	532	—
Loss from equity method investment	976	1,087
Provision for credit losses	3,560	2,267
Non-cash stock-based compensation expense	16,367	3,623
Other non-cash items	527	301
Changes in operating assets and liabilities, net of business acquisition:		
Accounts receivable, net	(3,072)	(3,049)
Prepaid expenses	(4,516)	3,398
Other assets, net	(179)	308
Accounts payable and accrued expenses	10,735	8,588
Federal and state income taxes payable	(389)	(27)
Deferred income	(17,776)	1,834
Customer deposits	—	(135)
Net cash provided by (used in) operating activities	(6)	24,764
Cash flows from investing activities:		
Acquisition of new business, net of cash acquired	(913,002)	—
Return of investment in unconsolidated entity	11,616	589
Acquisition of investment in unconsolidated entities	(1,846)	—
Acquisition of new communities	(14,816)	(38,189)
Capital expenditures	(32,709)	(24,373)
Net cash used in investing activities	(950,757)	(61,973)
Cash flows from financing activities:		
Proceeds from issuance of common stock, net of issuance costs	147,359	—
Proceeds from issuance of debt	1,637,000	53,631
Repayments of debt	(660,381)	(13,770)
Payments to extinguish notes payable	(97)	—
Capital contributions from noncontrolling investors in joint ventures	717	287
Distributions to noncontrolling investors in joint ventures	—	(132)
Acquisition of noncontrolling interests	(3,577)	—
Purchase of derivative assets	(4,062)	(129)
Proceeds from sale of derivatives	1,468	—
Series A convertible preferred induced conversion consideration and closing costs	(5,125)	—
Dividends paid on Series A convertible preferred stock	(1,093)	(4,228)
Deferred loan costs paid	(18,786)	(1,211)
Other financing costs	(1,460)	(406)
Net cash provided by financing activities	1,091,963	34,042
Increase (decrease) in cash, cash equivalents, and restricted cash	141,200	(3,167)
Cash, cash equivalents, and restricted cash at beginning of period	30,272	39,087
Cash, cash equivalents, and restricted cash at end of period	$ 171,472	$ 35,920

Sonida Senior Living, Inc.
Condensed Consolidated Statements of Cash Flows (Unaudited) (Continued)
(in thousands)

	Nine Months Ended September 30,	
	2026	**2025**
Supplemental Disclosures of Cash Flow Information		
Cash paid during the period for:		
Interest	$ 53,738	$ 27,591
Income taxes paid, net	$ 1,268	$ 268
Non-cash investing and financing activities:		
Non-cash common stock issued for acquisition of new business	$ 771,819	$ —
Non-cash issuance of common stock for induced conversion of Series A convertible preferred stock	$ 47,656	$ —
Non-cash modification of warrants	$ 3,577	$ —
Insurance financed through insurance notes payable	$ —	$ 6,224
Non-cash mortgage resolution	$ 12,991	$ —
Non-cash property and equipment disposed in mortgage resolution	$ (9,486)	$ —
Non-cash additions of property and equipment	$ 1,719	$ 856
Non-cash right-of-use assets	$ 1,053	$ 643

DEFINITIONS

At-Share is defined by the Company as information presented on a basis that reflects the Company's proportional economic stake in the assets or financial metrics of a joint venture ("JV"). For the periods presented, includes Stone JV (32.71% ownership share) and Palatine JV (51% ownership share).

Available Units is defined by the Company as all units that are part of the corresponding portfolio, excluding those that were out of service for the named period. Available Units is provided on a weighted average basis, unless otherwise indicated, and used in the calculation of RevPAR and Weighted Average Occupancy.

Non Same-Store Portfolio is defined by the Company as SHOP communities that are wholly or partially owned and either (i) not operational or not owned for the full period in each of the comparison years, (ii) sold or classified as held for sale or (iii) have undergone or are undergoing strategic repositioning as a result of significant changes in the business model, care offerings, and/or capital re-investment plans, that in each case, have disrupted, or are expected to disrupt, normal course operations. Communities will be included in the Same-Store Portfolio once operating under normal course operating structures for the current period and comparable prior year period. The Non Same-Store Portfolio includes applicable CHP SHOP communities as if they were owned by the Company at the beginning of the applicable period.

RevPOR, or average monthly revenue per occupied unit, is defined by the Company as resident revenue for the period, divided by the weighted average number of occupied units in the corresponding portfolio for the period, divided by the number of months in the period. The RevPOR calculation does not include rental income. Our management uses RevPOR for decision making, and we believe the measure provides useful information to investors, because it reflects the average amount of resident revenue we derive from an occupied unit per month without factoring occupancy rates. RevPOR is a significant driver of our senior housing revenue performance.

Same-Store Portfolio is defined by the Company as SHOP communities that are wholly or partially owned, and operational for the full period in each of the comparison years and not otherwise included in the Non Same-Store Portfolio. Our management uses Same-Store Portfolio operating results and data for decision making and components of executive compensation, and we believe such results and data provide useful information to investors, because it enables comparisons of revenue, expense, and other operating measures for a consistent portfolio over time without giving effect to the impacts of communities that were not consolidated and operational for the comparison periods, communities acquired or disposed during the comparison periods (or planned for disposition) and communities that were undergoing strategic repositioning during the comparison periods. The Same-Store Portfolio includes applicable CHP SHOP communities as if they were owned by the Company at the beginning of the applicable period.

Senior Housing/ Senior Housing Operating Properties (SHOP) "Senior Housing" is defined as residential real estate assets designed to accommodate the needs of senior residents, including but not limited to independent living, assisted living, and memory care facilities. Within this category, "Senior Housing Operating Properties" (SHOP) refers exclusively to those properties in which the Company, directly or through third-party management agreements, maintains operational control and bears the associated risks and rewards of ownership, including but not limited to occupancy, revenue generation, and operating expenses. For the avoidance of doubt, this definition expressly excludes senior housing properties subject to NNN lease agreements. Under such agreements, operational responsibilities, including property management, operating expenses, and financial performance, are borne solely by the lessee, and the Company's involvement is limited to receiving fixed rental payments.

Weighted Average Occupancy is defined by the Company as the percentage of the weighted average number of Available Units in the owned portfolio being utilized by residents over a reporting period. Our management uses Weighted Average Occupancy for decision making and components of executive compensation, and we believe the measure provides useful information to investors, because it is a significant driver of our resident revenue performance.

NON-GAAP FINANCIAL MEASURES

This release contains the financial measures (1) Net Operating Income, (2) Net Operating Income Margin, (3) Adjusted EBITDA, (4) Nareit Funds from Operations, and (5) Normalized Funds from Operations and Normalized Funds from Operations per share, each of which is not calculated in accordance with U.S. Generally Accepted Accounting Principles ("GAAP"). Presentations of these non-GAAP financial measures are intended to aid investors in better understanding the factors and trends affecting the Company's performance. However, investors should not consider these non-GAAP financial measures as a substitute for financial measures determined in accordance with GAAP, including net income (loss), income (loss) from operations, net cash provided by (used in) operating activities or revenue. Investors are cautioned that amounts presented in accordance with the Company's definitions of these non-GAAP financial measures may not be comparable to

similar measures disclosed by other companies because not all companies calculate non-GAAP measures in the same manner. Investors are urged to review the reconciliations of these non-GAAP financial measures from the most comparable financial measures determined in accordance with GAAP, which are included below.

Net Operating Income and Net Operating Income Margin are non-GAAP performance measures that the Company defines as net income (loss) excluding: general and administrative expenses (inclusive of stock-based compensation expense), interest income, interest expense, other income/expense, provision for income taxes, third-party property management fees, management fee income, rental income, and further adjusted to exclude income/expense associated with non-cash, non-operational, transactional, or organizational restructuring items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods. For the periods presented herein, such other items include depreciation and amortization expense, transaction, transition and restructuring costs, long-lived asset impairment, gain or loss on extinguishment of debt, loss from equity method investment, casualty loss, non-recurring settlement fees, income tax, and personal property tax. Net Operating Income Margin is calculated by dividing Net Operating Income by resident revenue. The Company provides these non-GAAP measures for its owned portfolios as indicated and presents these non-GAAP measures on an At-Share basis as indicated. In addition, periods presented in which we did not own CHP during the full period include an adjustment representing the impact to NOI and NOI Margin from CHP (calculated on the same basis as the Company) for the applicable period as if the Company had acquired CHP on the first day of such period.

Adjusted EBITDA is a non-GAAP performance measure that the Company defines as net income (loss) excluding: depreciation and amortization expense, interest income, interest expense, other expense/income, provision for income taxes, and further adjusted to exclude income/expense associated with non-cash, non-operational, transactional, or organizational restructuring items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods. For the periods presented herein, such other items include stock-based compensation expense, provision for credit losses, long-lived asset impairment, gain or loss on extinguishment of debt, casualty losses, and transaction, transition and restructuring costs. The Company also presents this non-GAAP measure on an At-Share basis. In addition, periods presented in which we did not own CHP during the full period include an adjustment representing the impact to Adjusted EBITDA from CHP (calculated on the same basis as the Company) for the applicable period as if the Company had acquired CHP on the first day of such period.

The Company believes that the presentation of Net Operating Income and Net Operating Income Margin as performance measures is useful to investors because such measures are some of the metrics used by the Company's management to evaluate the performance of the Company's owned portfolio of communities, to review comparable historic and prospective core operating performance of the Company's owned communities, and to make day-to-day operating decisions. The Company also believes that the presentation of such non-GAAP financial measures and Adjusted EBITDA is useful to investors because such measures provide an assessment of operational factors that management can impact in the short-term, primarily revenues and the controllable cost structure of the organization, by eliminating items related to the Company's financing and capital structure and other items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods.

Net Operating Income, Net Operating Income Margin and Adjusted EBITDA have material limitations as performance measures, including the exclusion of certain expenses that are necessary to operate the Company and oversee its communities. Furthermore, such non-GAAP financial measures exclude (i) interest that is necessary to operate the Company's business under its current financing and capital structure, and (ii) depreciation, amortization, and impairment charges that may represent the wear and tear and/or reduction in value of the Company's communities and other assets and may be indicative of future needs for capital expenditures. The Company may also incur income/expense similar to those for which adjustments may be made and such income/expense may significantly affect the Company's operating results.

Funds from operations, established by the National Association of Real Estate Investment Trusts ("Nareit" and "Nareit FFO"), is a non-GAAP performance measure the Company uses which is defined as net income (loss) attributable to common shareholders (calculated in accordance with GAAP) excluding depreciation and amortization related to real estate, gains and losses from the sale of certain real estate assets, gains and losses from change in control, impairment write-downs of certain real estate assets and investments in entities when the impairment is directly attributable to decreases in the value of depreciable real estate held by the entity, and after adjustments for noncontrolling interests and unconsolidated entities following the same approach.

Normalized FFO is a non-GAAP performance measure that, for the periods presented herein, the Company defines as Nareit FFO excluding other income/expense, transaction, transition and restructuring costs, stock-based compensation expense related to CHP merger, casualty losses, non-recurring settlement fees, gain or loss on extinguishment of debt, gains and losses on derivatives, non-cash interest expense, certain other normalized items, and after adjustments for noncontrolling interests and unconsolidated entities following the same approach. Normalized FFO per share is calculated by dividing Normalized FFO by total weighted average diluted shares outstanding.

Historical cost accounting for real estate assets implicitly assumes that the value of real estate assets diminish predictably over time. However, since real estate values historically have risen or fallen with market conditions, many industry investors deem presentations of operating results for real estate companies that use historical cost accounting to be insufficient by themselves. For that reason, the Company considers Nareit FFO and Normalized FFO to be appropriate supplemental measures of operating performance.

Nareit FFO and Normalized Funds from Operations have material limitations as performance measures, including the exclusion of depreciation, amortization and impairment charges that may represent the wear and tear and/or reduction in value of the Company's communities and other assets and may be indicative of future needs for capital expenditures. The Company may incur income/expense similar to those for which adjustments are made, and such income/expense may significantly affect our operating results.

NET OPERATING INCOME AND NET OPERATING INCOME MARGIN (UNAUDITED)

The following table presents a reconciliation of the non-GAAP financial measures of Net Operating Income and Net Operating Income Margin, in each case, on a consolidated community and same-store community basis to the most directly comparable GAAP financial measure of net loss for the periods indicated:

(Dollars in thousands)	Three Months Ended September 30,		Three Months Ended June 30,
	2026	2025	2026
Same-Store NOI [1]			
Net loss	$ (34,526)	$ (27,348)	$ (24,721)
General and administrative expense	26,251	10,529	14,351
Interest income	(362)	(394)	(321)
Interest expense	9,772	9,910	22,508
Other expense, net	692	1,902	15
Provision for income taxes	362	88	325
Third-party property management fees	3,610	—	4,836
Management fee income	(1,197)	(1,146)	(1,185)
Rental income	(8,075)	—	(7,506)
Depreciation and amortization expense	43,137	14,627	43,183
Transaction, transition and restructuring costs [2]	9,532	6,174	4,775
Long-lived asset impairment	—	4,733	—
(Gain) loss on extinguishment of debt, net	4,403	—	(3,871)
Loss from equity method investment	164	374	604
Other operating expenses [3]	1,137	1,315	3,147
Consolidated SHOP NOI before At-Share adjustments	**54,900**	**20,764**	**56,140**
Pro rata NOI of noncontrolling interest [4]	(388)	(366)	(362)
Pro rata NOI of unconsolidated joint venture [5]	756	610	690
Non Same-Store SHOP NOI [1]	(3,207)	(653)	(3,599)
Same-Store SHOP NOI	**52,061**	**20,355**	**52,869**
Pro forma Same-Store SHOP NOI adjustment [6]	—	24,686	—
Same-Store SHOP NOI (pro forma) [6]	**52,061**	**45,041**	**52,869**
Resident revenue	**188,959**	**84,597**	**188,023**
Resident revenue attributable to noncontrolling interests [4]	(1,809)	(1,835)	(1,726)
Resident revenue attributable to unconsolidated joint venture [5]	2,735	2,407	2,699
Resident revenue for Non Same-Store communities [1]	(26,366)	(15,098)	(26,740)
Resident revenue for Same-Store pro forma adjustment [6]	—	82,356	—
Same-Store SHOP resident revenue (pro forma) [6]	**$ 163,519**	**$ 152,427**	**$ 162,256**
Same-Store SHOP NOI Margin (pro forma) [6]	**31.8 %**	**29.5 %**	**32.6 %**

[1] Q3 2026 excludes 28 Non Same-Store consolidated communities. Q3 2025 excludes 16 Non Same-Store consolidated communities. Q2 2026 excludes 26 Non Same-Store consolidated communities.

[2] Includes legal and professional fees incurred for transactions, restructuring projects, or related projects, including the CHP transaction.

[3] Includes casualty loss, non-recurring settlement fees, income tax and personal property tax, and other expenses.

[4] Minority partner's interests in joint ventures in which Sonida is the majority partner.

[5] Sonida's interests in joint ventures in which Sonida is the minority partner.

[6] Q3 2025 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Pro Forma Financial Information" for important information regarding our presentation of pro forma information.

ADJUSTED EBITDA (UNAUDITED)

The following table presents a reconciliation of the non-GAAP financial measure of Adjusted EBITDA to the most directly comparable GAAP financial measure of net loss for the periods indicated:

(In thousands, except per share data)	Three Months Ended September 30,	
	2026	2025
Adjusted EBITDA		
Net loss	$ (34,526)	$ (27,348)
Depreciation and amortization expense	43,137	14,627
Interest income	(362)	(394)
Interest expense	9,772	9,910
Other expense, net	692	1,902
Provision for income taxes	362	88
Stock-based compensation expense	11,812	1,424
Provision for credit losses	829	827
Long-lived asset impairment	—	4,733
Loss on extinguishment of debt, net	4,403	—
Casualty losses and other [1]	719	1,216
Transaction, transition and restructuring costs [2]	9,532	6,174
Adjusted EBITDA before At-Share adjustments	**$ 46,370**	**$ 13,159**
Pro rata adjusted EBITDA of noncontrolling interest [3]	(617)	(205)
Pro rata adjusted EBITDA of unconsolidated joint venture [4]	1,096	844
Adjusted EBITDA	**$ 46,849**	**$ 13,798**
Pro forma Adjusted EBITDA [5]	—	23,325
Adjusted EBITDA (pro forma)	**$ 46,849**	**$ 37,123**

[1] Includes casualty loss, non-recurring settlement fees and other.
[2] Includes legal and professional fees incurred for transactions, restructuring projects, or related projects, including the CHP transaction.
[3] Minority partner's interests in joint ventures in which Sonida is the majority partner.
[4] Sonida's interests in joint ventures in which Sonida is the minority partner.
[5] Q3 2025 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Pro Forma Financial Information" for important information regarding our presentation of pro forma information.

NAREIT FFO AND NORMALIZED FFO RECONCILIATION (UNAUDITED)

The following table presents a reconciliation of the non-GAAP financial measures of Nareit FFO and Normalized FFO to the most directly comparable GAAP financial measure of net loss for the period indicated:

(In thousands, except per share data)	Three Months Ended September 30, 2026
Nareit FFO and Normalized FFO	
Net loss attributable to common stockholders	$ (34,303)
Depreciation and amortization expense	43,137
Depreciation and amortization expense related to noncontrolling interest and unconsolidated joint venture, net [1]	175
Nareit FFO	**$ 9,009**
Other expense, net	692
Transaction, transition and restructuring costs [2]	9,532
Stock-based compensation expense related to CHP merger	11,322
Casualty losses, settlements and other [3]	719
Loss on extinguishment of debt, net	4,403
Gain on derivatives, net	(13,951)
Non-cash interest expense	1,324
Normalized items related to noncontrolling interest and unconsolidated joint venture, net [1]	479
Other normalized items, net	(478)
Normalized FFO	**$ 23,051**
Diluted weighted average shares outstanding [4]	49,862
Normalized FFO per share	**$ 0.46**

[1] Minority partner's interests in joint ventures in which Sonida is the majority partner and Sonida's interests in joint ventures in which Sonida is the minority partner.
[2] Includes legal and professional fees incurred for transactions, restructuring projects or related projects.
[3] Includes casualty loss, non-recurring settlement fees and other.
[4] Reflects the assumed exercise or conversion of all dilutive securities.

PRO FORMA FINANCIAL INFORMATION

On March 11, 2026, we completed our previously announced acquisition of CHP through a series of steps ending with a forward merger of CHP with and into a subsidiary of the Company (the "CHP Merger"), with such subsidiary surviving the CHP Merger, as a result of which we now indirectly own all of the assets of CHP.

For periods presented in which we did not own CHP during the full period, we present certain historical measures during our earnings call and in this earnings release on a "pro forma" basis as if the CHP Merger was consummated on the first day of the applicable period presented, as we believe such historical pro forma information provides investors with useful information about the combined business and a meaningful method of comparing the performance of the combined business over historical periods. The historical pro forma information is being presented for informational purposes only and does not reflect the actual results we would have achieved had the CHP Merger occurred on the first day of the applicable period and may not be predictive of future results.

The historical CHP information used to prepare the historical pro forma information included herein is based on CHP's books and records and, in certain cases, has been adjusted to conform to the Company's presentation of certain metrics. For example, for NOI, NOI Margin and Adjusted EBITDA, we have included pro forma adjustments representing the impact of CHP as if we acquired CHP on the first day of the applicable period. These pro forma adjustments were calculated on the same basis as the Company calculates NOI, NOI Margin and Adjusted EBITDA. Accordingly, to the extent standalone CHP information is presented herein for historical periods it may not conform to similar information previously disclosed by CHP in its SEC filings prior to the consummation of the CHP Merger.

We believe that the historical pro forma information represents a reasonable estimate of the results of the combined business for the periods preceding the consummation of the CHP Merger; however, the pro forma information has not been audited. Further, the historical pro forma information does not reflect the cost of any integration activities or benefits from the CHP Merger that may be derived, both of which may have a material effect on our consolidated results in periods following completion of the CHP Merger. As a result, there can be no assurance that the historical pro forma information accurately reflects the actual results of the combined business for the periods preceding the consummation of the CHP Merger.

The historical "pro forma" information presented during our earnings call and herein should not be viewed as a substitute for consolidated financial results presented in accordance with United States generally accepted accounting principles ("GAAP") or pro forma financial statements prepared in accordance with Article 11 of Regulation S-X. Please refer to our consolidated financial statements in our Form 10-Q filed with the SEC on November 5, 2026 for our actual historical results presented in accordance with GAAP for the quarter ended September 30, 2026 and our Current Report on Form 8-K filed with the SEC on August 17, 2026 for our actual pro forma combined results prepared in accordance with Article 11 of Regulation S-X for the year ended December 31, 2025 and the six months ended June 30, 2026.

Our independent registered public accounting firm has not audited, reviewed, compiled or applied agreed-upon procedures with respect to the historical combined information included herein and does not express an opinion or any other form of assurance with respect thereto.

CHP PRO FORMA ADJUSTMENTS (UNAUDITED)

The following table presents certain historical CHP information for the periods indicated:

(In thousands)		Three Months Ended September 30, 2025
Resident revenue	$	91,679
Resident revenue for Non Same-Store Portfolio		(9,323)
Resident revenue for Same-Store pro forma adjustment	**$**	**82,356**
SHOP NOI	$	26,160
Non Same-Store SHOP NOI		(1,474)
Pro forma Same-Store SHOP NOI adjustment	**$**	**24,686**
Adjusted EBITDA:		
SHOP NOI	$	26,160
Rental income		7,310
Provision for credit losses		142
General and administrative expenses		(5,750)
Third-party property management fees		(4,537)
Pro forma Adjusted EBITDA	**$**	**23,325**


The Ashton at Anderson

SONIDA SENIOR LIVING

Investor Presentation

Third Quarter 2026

November 5, 2026

SNDA | NYSE Listed

Basis of Presentation

The information in this investor presentation is current only as of its date and may have changed. We undertake no obligation to update this information in light of new information, future events or otherwise. Please refer to Appendix – Supplemental Information for definitions of certain capitalized terms used in this investor presentation.

On March 11, 2026, we completed our previously announced acquisition of CNL Healthcare Properties, Inc. ("CHP") through a series of steps ending with a forward merger of CHP with and into a subsidiary of the Company (the "CHP Merger"), with such subsidiary surviving the CHP Merger, as a result of which we now indirectly own all of the assets of CHP.

For periods presented in which we did not own CHP during the full period, we present certain historical measures in this investor presentation on a "pro forma" basis as if the CHP Merger was consummated on the first day of the applicable period presented, as we believe such historical pro forma information provides investors with useful information about the combined business and a meaningful method of comparing the performance of the combined business over historical periods. The historical pro forma information is being presented for informational purposes only and does not reflect the actual results we would have achieved had the CHP Merger occurred on the first day of the applicable period and may not be predictive of future results.

The historical CHP information used to prepare the historical pro forma information included herein is based on CHP's books and records and, in certain cases, has been adjusted to conform to the Company's presentation of certain metrics. For example, for NOI, NOI Margin and Adjusted EBITDA, we have included pro forma adjustments representing the impact of CHP as if we acquired CHP on the first day of the applicable period. These pro forma adjustments were calculated on the same basis as the Company calculates NOI, NOI Margin and Adjusted EBITDA. Accordingly, to the extent standalone CHP information is presented herein for historical periods it may not conform to similar information previously disclosed by CHP in its SEC filings prior to the consummation of the CHP Merger.

We believe that the historical pro forma information represents a reasonable estimate of the results of the combined business for the periods preceding the consummation of the CHP Merger; however, the pro forma information has not been audited. Further, the historical pro forma information does not reflect the cost of any integration activities or benefits from the CHP Merger that may be derived, both of which may have a material effect on our consolidated results in periods following completion of the CHP Merger. As a result, there can be no assurance that the historical pro forma information accurately reflects the actual results of the combined business for the periods preceding the consummation of the CHP Merger.

The historical "pro forma" information presented herein should not be viewed as a substitute for consolidated financial results presented in accordance with United States generally accepted accounting principles ("GAAP") or pro forma financial statements prepared in accordance with Article 11 of Regulation S-X. Please refer to our consolidated financial statements in our Form 10-Q filed with the SEC on November 5, 2026 for our actual historical results presented in accordance with GAAP for the quarter ended September 30, 2026 and our Current Report on Form 8-K filed with the SEC on August 17, 2026 for our actual pro forma combined results prepared in accordance with Article 11 of Regulation S-X for the year ended December 31, 2025 and the six months ended June 30, 2026.

Our independent registered public accounting firm has not audited, reviewed, compiled or applied agreed-upon procedures with respect to the historical combined information included herein and does not express an opinion or any other form of assurance with respect thereto.

Forward-Looking Statements

This investor presentation contains "forward-looking statements" within the meaning of the federal securities laws. All statements other than statements of historical fact in this investor presentation are forward-looking statements, including those relating to the Company's expectations and beliefs, the industry in which the Company operates, the CHP Merger and its expected financial and other benefits, including expected accretion and synergies, certain 2026 estimates and the Company's future business prospects and strategies, financial results, working capital, liquidity, capital needs and expenditures.

Forward-looking statements are subject to certain risks and uncertainties that could cause our actual results and financial condition to differ materially from those indicated in the forward-looking statements, including, among others, the risks, uncertainties and factors set forth under "Item 1A. Risk Factors" in our Annual Report on Form 10-K for the year ended December 31, 2025, filed with the Securities and Exchange Commission (the "SEC") on March 12, 2026, as such factors may be updated from time to time in the Company's other filings with the SEC, and include the following: the Company's ability to generate sufficient cash flows from operations, proceeds from equity issuances and debt financings, and proceeds from the sale of assets to satisfy its short and long-term debt obligations and to fund the Company's acquisitions and capital improvement projects to expand, redevelop, and/or reposition its senior living communities; increased competition for, or a shortage of, skilled workers, including due to general labor market conditions, along with wage pressures resulting from such increased competition, low unemployment levels, use of contract labor, minimum wage increases and/or changes in immigration or overtime laws; elevated market interest rates that increase the cost of certain of our debt obligations; the Company's ability to obtain additional capital on terms acceptable to it; the Company's ability to extend or refinance its existing debt as such debt matures; the Company's compliance with its debt agreements, including certain financial covenants and the risk of cross-default in the event such non-compliance occurs; the Company's ability to complete acquisitions and dispositions upon favorable terms or at all, including the possibility that the expected benefits and the Company's projections related to such acquisitions may not materialize as expected; our ability to integrate our business with CHP successfully, and to achieve the anticipated benefits; the possibility that companies that the Company has acquired (including CHP) or may acquire could have undiscovered liabilities, or that companies or assets that the Company has acquired (including CHP) or may acquire could involve other unexpected costs or may strain the Company's management capabilities; potential adverse reactions or changes to business relationships resulting from the CHP Merger; the risk of oversupply and increased competition in the markets in which the Company operates; the Company's ability to maintain internal controls over financial reporting; the cost and difficulty of complying with applicable licensure requirements, legislative oversight, or regulatory changes; risks associated with current global economic conditions and general economic factors such as elevated labor costs due to shortages of medical and non-medical staff, competition in the labor market, increased costs of salaries, wages and benefits, and immigration laws, the consumer price index, commodity costs, fuel and other energy costs, supply chain disruptions, increased insurance costs, tariffs, elevated interest rates and tax rates; the impact from or the potential emergence and effects of a future epidemic, pandemic, outbreak of infectious disease or other health crisis; the Company's ability to maintain the security and functionality of its information systems, to prevent a cybersecurity attack or breach, and to comply with applicable privacy and consumer protection laws, including HIPAA; and changes in accounting principles and interpretations.

We caution you that the risks, uncertainties and other factors referenced above may not contain all of the risks, uncertainties and other factors that are important to you. In addition, we cannot assure you that we will realize the results, benefits or outcomes that we expect or anticipate or, even if substantially realized, that they will result in the consequences or affect us or our business in the way expected. All forward-looking statements herein are expressly qualified in their entirety by the cautionary statements set forth herein. Forward-looking statements speak only as of the date of they are made, and the Company does not undertake or assume any obligation to update publicly any of these statements to reflect actual results, new information or future events, changes in assumptions or changes in other factors affecting forward-looking statements, except to the extent required by applicable law.


The Ashton at Mayfield

INVESTOR PRESENTATION

Executive Summary

Leading Pure-Play Publicly Traded U.S. Senior Housing Company

C-Corp structure allows flexibility and control over cash flow re-investment towards highest return opportunities

$3.4B Enterprise Value[1]	**7th** Largest Senior Housing Owner[2]
153 Owned Properties[3] (No Operating Lease Liabilities)	**~14,900** Owned Units[3]
100% Senior Housing	**93.4%** Private Pay[3][4]

- Owner-operator of **Independent Living (IL), Assisted Living (AL) and Memory Care (MC)** communities
- **Sonida's operating platform and regionally focused densification strategy is designed to drive higher yields and shareholder returns**:
  - Owner-operator model converts operational improvement into higher NOI and returns
  - Proprietary analytics SPIN (Sonida Performance Insight Navigator) empowers operators with real-time operational data and insights. This includes enabling data-driven pricing and labor management, driving margin expansion
  - Quick integration of tuck-in acquisitions accelerates stabilization and payback
  - Regional density enhances cash flow durability through scale and local market expertise
- Focus on **organic growth** through continuous community operational improvements and excellence as well as disciplined **inorganic accretive growth** through acquisitions
- **Experienced leadership** with robust integration experience, strong capital allocation track record, and continued alignment with shareholders



Watercrest at Mansfield
Mansfield, TX



Raider Ranch
Raider Ranch, TX



Addison of Gwinnett Park
Gwinnett Park, GA

Note: All metrics are At-Share. See appendix at the end of this presentation for definition.
(1) Market Cap component as of November 4, 2026.
(2) Source: ASHA Top 50 Owners 2026.
(3) As of Sept 30, 2026. Includes 138 Senior Housing Operating Properties or SHOP (including JVs At-Share) and 15 owned, triple-net ("NNN") properties leased (as landlord) to third-party tenants. Excludes 12 properties managed for third-party owners and one vacant land parcel. See definitions in the appendix at the end of this presentation.
(4) Excludes NNN Portfolio.

Q3 2026 Financial Summary and Highlights(1)

Same-Store SHOP Portfolio(1)(2)

88.6%	31.8%	+15.6%	+63.3%
Weighted Average Occupancy	NOI Margin	YoY NOI Growth	YoY Incremental Flow-through
+200 bps YoY	+230 bps YoY		

Total Portfolio(1)(3)

$0.46	$46.8M	$63.3M	29.1%
Normalized FFO Per Share	Adjusted EBITDA	NOI	SHOP NOI Margin
	+26.2% YoY	+16.1% YoY	

Figures rounded to the nearest tenth and numbers presented may vary to numbers presented in the earnings release and appendix due to rounding.
(1) YoY changes based on actual Q3 2026 results and pro forma Q3 2025 results which include CHP results as if Sonida acquired CHP on the first day of the applicable period. See Basis of Presentation for important information regarding our presentation of pro forma information .
(2) Same-Store Portfolio and Total Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(3) Normalized FFO Per Share, Adjusted EBITDA, Net Operating Income ("NOI"), and NOI Margin are non-GAAP financial measures. See reconciliation of non-GAAP financial measures in appendix tables at the end of this presentation.

Key Updates Across the Platform

A scaled operating platform, on-track CHP integration and disciplined capital deployment are driving measurable margin expansion

SPIN Platform & Operations Proficiency

- The shift from descriptive reporting to **analytical insight widens a competitive moat that grows harder for regional operators to replicate** as a direct result of the utilization of real-time SPIN labor metrics by our community teams:
  - **Labor costs as a percent of revenue declined 90 bps** year-over-year to 41.3%, while the **RevPOR-to-ExPOR spread grew 350 bps,** resulting in NOI Margin[1] expansion
- **Chief Operating Officer** Anton Nikodemus advancing initiatives to elevate the resident experience and support pricing power:
  - **Sonida Collections** tiering aligns dining, amenities and care with each community's price point
  - **Sales and marketing** engine strengthened through increased digital investment and streamlined lead response
  - **Data-driven rate-setting** in development for 2027

CHP Integration Update

- **To date, we have identified and are advancing on plans for 43 of the 54 SHOP communities**[1]
  - The 14 communities transitioned through July 1 **delivered Q3 YoY NOI**[2] **growth of 33.2% and NOI Margin**[2] **uplift of ~600 bps**
- **Two third-party operators identified for long-term strategic partnerships**, with all remaining manager transitions identified and communicated
  - **Subsequent to quarter end, acquired one highly-regarded regional operator**, including its brand, intellectual property, **and signed an LOI**[3] **on one additional management contract expected to contribute approximately $0.6M in management fee revenue for 2027**
- **Hired key corporate personnel** who filled previously identified open roles at Sonida as part of the CHP integration
- **Operational Excellence team** functions as a standing internal SWAT team, purpose-built to execute integration activities without disrupting the core portfolio
- **Synergies from cost structure and asset management are tracking to plan**, with integration playbook refining with each phase

Capital Allocation Update

- **Closed one acquisition in Florida during the quarter** and, **subsequent to quarter end, six additional acquisitions**, together totaling 620 units for ~$150M across high-growth Florida, Georgia and Washington state submarkets at a significant discount to replacement cost
  - ~$98M of new acquisitions under contract with robust pipeline of additional opportunities under review[4]
- **New 2026 ATM program** launched in Q2 with aggregate gross offerings up to $250M with gross $68.6M in sales year-to-date and $181.4M in potential future sale capacity
- In August, executed on a $380M 5-year term loan with Ally Bank (SOFR +185) and **fully repaid the Bridge Loan Facility ($170M) and existing Ally term loan ($122M; SOFR +265)**, with the remaining proceeds used to pay down the Senior Revolving Credit Facility, providing **increased availability to fund future acquisitions**
- Closed the sale of two non-core communities for aggregate gross proceeds of ~$23M, one during the quarter and one subsequent to quarter end, as part of our continued portfolio optimization strategy

(1) As of November 5, 2026. Includes communities that have completed their transition to Sonida's operating platform and communities with scheduled transition dates. Scheduled transitions are subject to change and depend on several factors, including regulatory and licensing approvals. Actual timing and outcomes may differ materially. See 'Forward-Looking Statements.'
(2) NOI and NOI Margin are non-GAAP financial measures. YoY changes based on actual Q3 2026 results and pro forma Q3 2025 results which include CHP results as if Sonida acquired CHP on the first day of the applicable period.
(3) LOIs are non-binding and subject to entering into a definitive agreement and other factors, and there can be no assurance we will consummate the anticipated transaction.
(4) Pending acquisitions are subject to customary closing conditions; there can be no assurance they will close on the anticipated terms or at all.

Differentiated Growth Platform

Opportunities within the CHP portfolio create value beyond initial underwriting and generate deal flow that does not compete on price alone

Operator 1

Platform Expansion Through Relationship-Driven Capital Allocation

Leveraging existing relationships to expand platform capabilities and create future growth opportunities

- Acquired the operating platform, including a recognized regional brand in the Southeast
- Prior preferred equity investment led to control of the operator, a management contract, and future acquisition optionality

Operator 2

Expanding Management Relationship

Operator partnership that opens relationship-driven deal flow

- Signed LOI to acquire large minority ownership stake in management company that will continue to operate Sonida communities as well as for other owners[1]
- Exposure to a growing management platform with established third-party revenue streams and future acquisition opportunities

NNN

Structural Opportunities in the NNN Portfolio

15 leased communities with embedded long-term optionality[2]

- 1,301 units leased to third-party tenants; NNN lease income of $8.0M in Q3'26
- Lease maturities beginning in 2030[3] create flexibility for ROI-driven reinvestment in the portfolio, with longer-term optionality for SHOP conversion or capital recycling

Operating capability, not price alone, increasingly drives Sonida's access to value-creating opportunities

This slide contains forward-looking statements. See "Forward-Looking Statements" at the beginning of this presentation.
(1) LOIs are non-binding and subject to entering into a definitive agreement and other factors, and there can be no assurance we will consummate the anticipated transaction.
(2) As of September 30, 2026. All leases include one 5-year extension option to renew after specified lease expiration.
(3) Leases are subject to renewal options exercisable at the tenant's discretion.


Dogwood Forest of Grayson

INVESTOR PRESENTATION

Overview

Built to Operate, Positioned to Scale

A proven operational playbook, executed across every phase of Sonida's growth

Phase 1 — Survival

2020 – 2021

- Weighted Average Occupancy trough 75%; NOI Margin[1] (3.6%)
- In Q4 2021 Conversant Capital leads $155M recapitalization

Phase 2 — Stabilization

2022 – 2025

- New leadership; balance sheet restructured
- Organic NOI[1] & occupancy growth; $130M equity raise
- $296M acquisitions; SPIN platform introduced

Phase 3 — Compounding ▶

2026+

- Closed CNL Healthcare Properties acquisition creating $3.4B pure-play senior housing owner-operator[2]
- Target mid-6x leverage; asset recycling

NOW **Phase 3**

Compounding

2026 and beyond

Phase 3 begins with scale. A pure-play seniors living platform, a proven operational foundation, and the most compelling senior housing investment backdrop in a generation

Revised Capital Allocation Framework:

Sonida plans to deploy its growth platform to drive de-leveraging, accretive acquisitions, and selective asset recycling

1. Sustain operational momentum

SPIN-driven analytics, decentralized ownership culture, and continued margin expansion through rate growth and labor discipline

2. Deploy capital accretively

Target double-digit unlevered returns, geographic clustering, and strict per-share FCF and NAV accretion discipline

3. Scale national platform

YOY incremental flow-through >63% demonstrating the earnings power of a scaled national platform

4. Optimize balance sheet

Target mid-6x leverage; selective asset recycling to concentrate in highest-growth markets

(1) NOI and NOI Margin are non-GAAP financial measures. See appendix at the end of this presentation for reconciliations of non-GAAP financial measures.
(2) Market Cap component as of November 4, 2026.

Sonida Phase 3 Brings Scale and Opportunity

Sonida is a scaled, pure-play, high-growth, and differentiated senior housing platform primed to capitalize on long-term sector tailwinds

Market Leadership and Platform Scale

- 7th largest U.S. senior housing owner[1] with ~14,900 owned units[2]
- Upscale senior housing portfolio clustered around key regional markets with strong underlying growth metrics
- Speed, control, and flexibility to pursue value-add strategies and continuous asset quality improvement in existing portfolio

Meaningful Long-Term Upside

- Accelerated deleveraging following the CHP transaction with strengthened balance sheet and accelerating free cash flow conversion
- Future upside through continued internalization of recently acquired CHP assets and increasing economies of scale in regional management structure as Company continues to scale

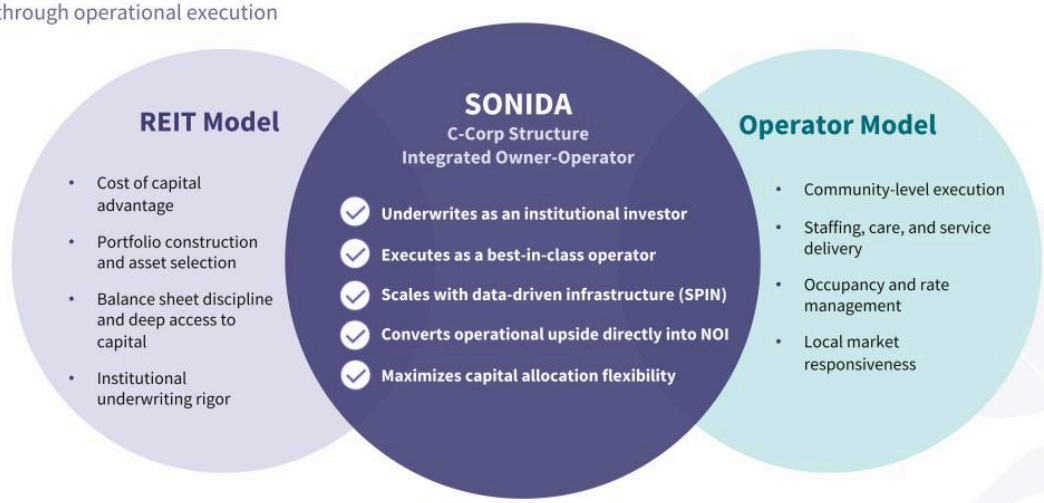
Capital Advantages and Capacity for Growth

- Increased equity market capitalization, liquidity and access to capital
- C-Corp structure allows flexibility and control over cash flow re-investment towards highest internal and external return opportunities
- Accumulated Net Operating Losses (NOLs) allow carry forward losses to offset future taxable income, reducing future tax liabilities

(1) Based on ASHA Top 50 Owners 2026.
(2) As of Sept 30, 2026. Includes 138 Senior Housing Operating Properties or SHOP (including JVs At-Share) and 15 owned, triple-net ("NNN") properties leased (as landlord) to third-party tenants. Excludes 12 properties managed for third-party owners and one vacant land parcel. See definitions in the appendix at the end of this presentation.

Vertically Integrated Model Brings Differentiated Capital Deployment

The scarcest resource in senior housing is the ability to create value post-acquisition through operational execution



National Portfolio with Meaningful Regional Density

As of September 30, 2026

Total Portfolio is concentrated in markets **projected to outpace the national average for 75+ population growth by ~300 basis points**(1) over the next five years, positioning the portfolio at the intersection of demographic demand and operational scale

Regional Density as a Moat

As capital becomes more crowded, local operating density becomes harder to replicate — and more valuable.

Scale and Market Expertise

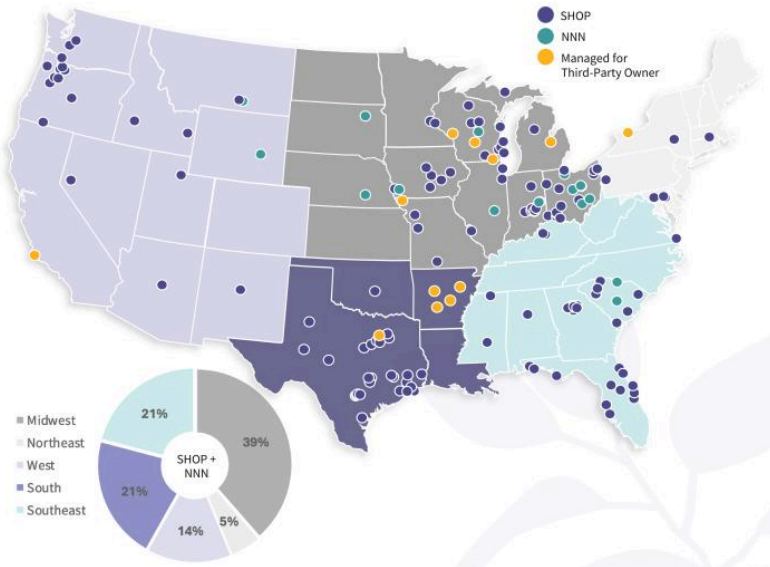
Regional clustering drives referral networks, purchasing power, and labor efficiencies through flexibility and shift coverage.

Network Effects Across Markets

As regional density grows, referral relationships deepen and pricing power sharpens. Each new community strengthens the value of the others in the network.

Data-driven Strategic Planning

Access to richer data sets drives and improves resident rate strategy.



Data provided by NIC MAP Vision. Demographics data is current as of January 1, 2026
(1) Weighted average based on Owned Units (At-Share).

People, Culture & Incentives Drive Performance

Shared goals from the community level up through the leadership team, backed by aligned incentives and proprietary technology, drive a compounding operating advantage

People

Developing Local Leaders

- Increased the cadence of in-person on-site training for Executive Directors ("ED") across our communities with three quarterly leadership conferences held in 2026
- Formal onboarding, mentorship and development for new EDs
- Deeper bench of leaders operating with autonomy

+

Culture

Owner-Operator Mindset

- Local leaders empowered to make decisions
- Focus on resident experience, referrals and reputation
- Culture carried into every acquired community through integration

+

Incentives

Aligned to Community Results

- Executive, regional, and community leadership incentives tied to the same performance goals
- Top performing EDs participate in our annual equity compensation program
- EDs manage to resident acuity and service needs
- Ownership and accountability at the community level

+

Technology

SPIN Operating Platform

- Real-time staffing and operational visibility
- Labor deployed to resident acuity and care needs
- Insights sharpen as more communities join the platform

=

OPERATING ADVANTAGE

A Platform Built to Drive Performance

- Elevated, consistent resident experience in every community
- Acquired communities integrated quickly, without meaningful disruption
- Efficiency gains that compound as the platform scales

31.8%

Q3'26 Same-Store NOI margin(1)
+230 bps year-over-year

(1) YoY changes based on actual Q3 2026 results and pro forma Q3 2025 results which include CHP results as if Sonida acquired CHP on the first day of the applicable period. See Basis of Presentation for important information regarding our presentation of pro forma information.

SPIN: Sonida Performance Insight Navigator

Proprietary operating infrastructure that provides comprehensive real-time data, analytics, and operating KPIs to facilitate faster and smarter community-level decision making

SPIN Measurements, Tracking and Benefits

- **Shift-Level Productivity**
  Hours flexed to actual occupancy and acuity daily
- **Individual CNA / Nurse Performance**
  Drives premium pay for top performers; reduces turnover
- **Timely Rate & Pricing Data**
  Optimizes RevPOR by unit type and move-in timing
- **Labor Cost as % of Revenue**
  Compressed vs. industry — key driver of NOI margin expansion
- **Resident Satisfaction & Safety Indicators**
  Leading signals for occupancy trajectory and renewals
- **Community-Level NOI Performance**
  Accountability at the local level without bureaucratic lag

-90 bps
YoY Same-Store Labor Decrease as % of Revenue(1)

-11%
YoY Caregiver Turnover Decrease(2)

~5%
YoY Same-Store RevPOR Growth(1)

SPIN Converts Operational Intelligence Into Revenue and Margin Growth

- Integrates resident care, workforce, and operational data into a single real-time framework giving community leaders the visibility to act decisively as occupancy and acuity evolve
- Optimizes labor to acuity, which should compress the cost structure at the community level
- Decentralizes decision-making without sacrificing accountability, enabling local leaders to drive NOI performance without bureaucratic lag
- Serves as a critical foundation to scale across growing portfolio and allows for the integration of AI-enabled add-ons to further enhance existing utility

(1) YoY changes based on actual Q3 2026 results and pro forma Q3 2025 results which include CHP results as if Sonida acquired CHP on the first day of the applicable period. See Basis of Presentation for important information regarding our presentation of pro forma results.
(2) Based on communities owned (At-Share) and operated by Sonida, or managed for third-party owners, that were operational for the entirety of Q3'26.

Deep and Experienced Leadership Team

Bringing three decades of operational leadership to accelerate scalability, elevate resident experience, and support ongoing growth

Brandon Ribar
President & Chief Executive Officer



Brandon has more than 20 years of experience managing large portfolios and implementing key strategic initiatives in health care and real estate businesses. Prior to becoming CEO in September 2022, Brandon served as Sonida's COO.

Kevin Detz
Chief Financial Officer



Kevin has more than 20 years of experience instilling financial accountability, scalability, and labor efficiencies for global operating companies and financial services organizations. He has a proven track record of integrating operating companies through M&A.

Anton Nikodemus
Chief Operating Officer
Joined June 2026



Anton has nearly 30 years of executive-level hospitality and operations experience spearheading the development and operations of many of the travel industry's premier destination brands. His career reflects a deliberate commitment to elevating the guest experience.

Max Levy
Chief Investment Officer



Max was a principal at Conversant Capital (prior to joining Sonida in 2024), where he led major investments across several sectors, including health care real state, in both public and private markets. During his time at Conversant, he served on Sonida's board of directors.

Tabitha Bailey
Chief Legal Officer



Tabitha has deep public and private company experience, having aided the successful growth of multiple companies and having led the negotiations and closings of numerous complex deals.


Heritage at The Plains at Parish Homestead

INVESTOR PRESENTATION

Financial Performance

2026 Total Portfolio Composition

As of September 30, 2026

Same-Store[1][2]

111 Communities

11,372 Available Units[2]

- Portfolio anchored in markets with strong demographic dynamics, driving durable NOI[3] growth over time

Non Same-Store[2]

27 Communities

2,075 Available Units[2]

- Undergoing strategic repositioning as a result of significant changes in the business model or care offerings
- Significant capital re-investment plans
- Held-for-sale
- 2025 acquisition cohort communities not owned for the full period in each of the comparison years

NNN[2]

15 Communities[4]

1,301 Available Units[2]

- 13 Communities – Expires May 2030
- 1 Community – Expires August 2031
- 1 Community – Expires July 2032

(1) Same-Store Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(2) See appendix at the end of this presentation for full definitions.
(3) NOI is a non-GAAP financial measure. See reconciliation of non-GAAP financial measures in appendix tables at the end of this presentation.
(4) All leases include one 5-year extension option to renew after specified lease expiration.

Q3 2026 Financial Comparisons: Same-Store Portfolio[1][2]

SHOP NOI +15.6% (+$7.0M)

SHOP NOI Margin 31.8% (+230 bps)

$ in millions, except RevPAR and RevPOR	Q3'26	Pro Forma Q3'25	Change
Weighted Average Occupancy	88.6%	86.6%	200 bps
RevPAR	$4,798	$4,485	7.0%
RevPOR	$5,413	$5,177	4.6%
Resident Revenue	$163.5	$152.4	7.3%
Adjusted Operating Expenses[3]	$111.5	$107.4	3.8%
SHOP NOI[3]	$52.0	$45.0	15.6%
SHOP NOI Margin[3]	31.8%	29.5%	230 bps

Figures rounded to the nearest tenth and numbers presented may vary to numbers presented in the earnings release and appendix due to rounding.
(1) Q3 2025 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period.
See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(2) Same-Store Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(3) Adjusted Operating Expenses, Same-Store SHOP NOI and Same-Store SHOP NOI Margin are non-GAAP financial measures.
See reconciliation of non-GAAP financial measures in appendix tables at the end of this presentation.

Q3 2026 Financial Comparisons: Total Portfolio[1][2]

SHOP NOI Margin of 29.1% (+240 bps) with subset of Total SHOP Portfolio continuing to stabilize occupancy and NOI post-acquisition

$ in millions, except RevPAR and RevPOR	Q3'26	Pro Forma Q3'25	Change
Available Units	13,364	13,266	+98
Weighted Average Occupancy	87.4%	85.6%	180 bps
RevPAR	$4,736	$4,444	6.6%
RevPOR	$5,421	$5,191	4.4%
Resident Revenue	$189.9	$176.8	7.4%
Adjusted Operating Expenses[3]	$134.6	$129.6	3.9%
SHOP NOI[3]	$55.3	$47.2	17.2%
SHOP NOI Margin[3]	29.1%	26.7%	240 bps
NNN Lease Income	$8.0	$7.3	9.6%
Total Portfolio NOI[3]	$63.3	$54.5	16.1%

Figures rounded to the nearest tenth and numbers presented may vary to numbers presented in the earnings release and appendix due to rounding.
(1) Q3 2025 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period.
See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(2) Total Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(3) Adjusted Operating Expenses, SHOP NOI, SHOP NOI Margin and Total Portfolio NOI are non-GAAP financial measures.
See reconciliation of non-GAAP financial measures in appendix tables at the end of this presentation.

Same-Store Revenue Highlights(1)

Underlying RevPOR growth remains strong as occupancy continues to ramp

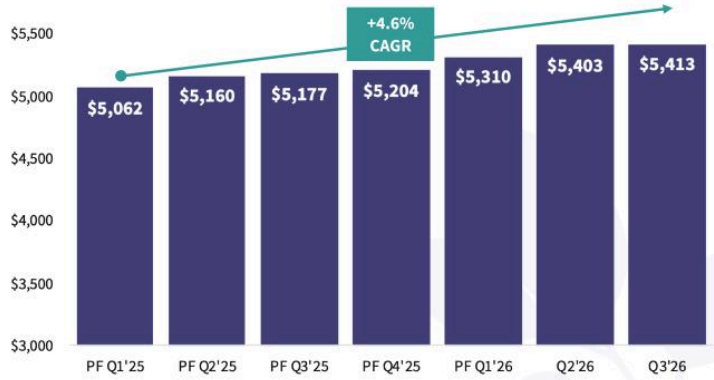
RevPOR YoY Rate Changes(2)

Care Level	Q3'26	PF Q3'25	Difference	% Change
Independent Living	$ 3,595	$ 3,429	$ 166	4.8%
Assisted Living	$ 5,909	$ 5,616	$ 293	5.2%
Memory Care	$ 7,342	$ 7,155	$ 187	2.6%
Blended Total	**$ 5,413**	**$ 5,177**	**$ 236**	**4.6%**

Other Highlights (YoY)

- Private Rent Revenue: +8.0%
- Level of Care: +7.8%
- Discounts & Concessions: +1.9%

RevPOR QoQ Rent Trend(2)

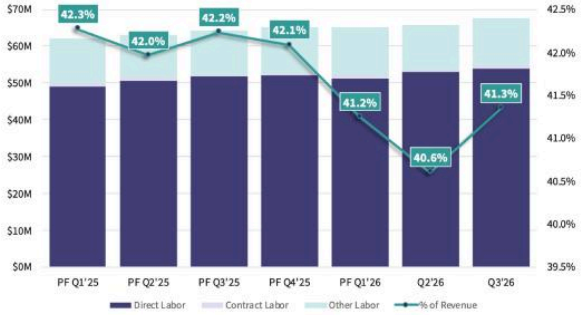


Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(1) Same-Store Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(2) Includes Private Pay and Medicaid base rent only.

Same-Store Cost Discipline Drives Continued Stability[1]

- Labor costs as a percent of revenue declined 90 bps YoY to 41.3%
- RevPOR-to-ExpPOR spread grew to 350 bps, resulting in NOI Margin expansion

Labor Costs Trend as a Percent of Revenue[2]



Category	Q3'26	PF Q3'25	Difference
Direct Labor	33.0%	33.9%	(0.9%)
Contract Labor	0.4%	0.2%	0.2%
Other Labor	7.9%	8.1%	(0.2%)
Total	**41.3%**	**42.2%**	**(0.9%)**

ExpPOR[2]



Category	Q3'26	PF Q3'25	Difference	% Change
RevPOR	$ 5,413	$ 5,177	$ 236	4.6%
ExPOR	$ 3,532	$ 3,493	$ 39	1.1%
Spread	**$ 1,881**	**$ 1,684**	**$ 197**	**350 bps**

Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period.
See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(1) Same-Store Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(2) Excludes benefits.

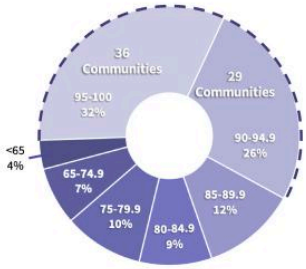
Same-Store Community-Level Portfolio Profile(1)

- Q3'26 Weighted Average Occupancy **+330 bps** vs. PF Q1'25
- **+13** Same-Store communities in the 90-100% occupancy range vs. PF Q3'25
- **+5** Same-Store communities rose to the 95-100% occupancy range vs. Q2'26

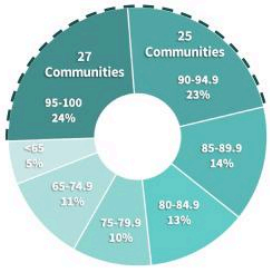
Quarterly Occupancy (%)



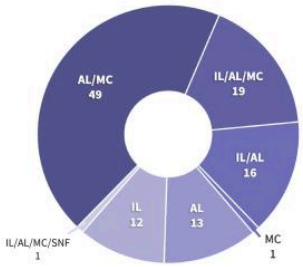
Q3'26 Weighted Average Occupancy Distribution by % of Communities



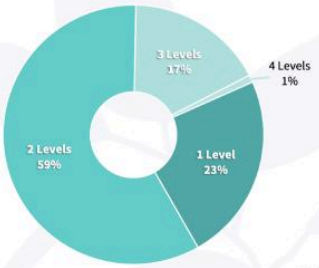
PF Q3'25 Weighted Average Occupancy Distribution by % of Communities



Acuity Service Mix Distribution by # of Communities



Multi-Acuity Level Distribution by % of Communities



Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period.
See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(1) Same-Store Portfolio metrics At-Share. See appendix at the end of this presentation for definition.

Enhanced Balance Sheet Positioned for Future Growth

As of September 30, 2026
(in millions)

Debt Summary

Debt		Debt Outstanding	Interest Rate
Agency Debt	$	401.1	4.79%
Fixed Rate Mortgage	$	18.3	3.00%
Variable Rate Term Loans[1]	$	965.9	6.18%
Secured Revolving Credit Facility[1]	$	251.0	5.91%
Consolidated JV Debt	$	19.9	6.43%
Total Consolidated Debt / Wtd. Average	**$**	**1,656.2**	**5.77%**
Unconsolidated JV	$	22.9	6.57%
Non-Controlling Interest Consolidated JV	$	(9.8)	6.43%
Total Debt / Wtd. Average At Share	**$**	**1,669.4**	**5.78%**
Held for Sale[2]	$	13.5	5.31%

*Figures may vary due to rounding. Floating rates calculated based on the lower of monthly lender statements or capped interest rate where applicable. Displayed interest rates as of September 30, 2026.

(1) The Secured Revolving Credit Facility alongside the 3-year and 5-year Term loans ($575M), incurred in connection with the CHP Merger, feature a leverage based applicable margin of SOFR + 130-195 on the two aforementioned Term Loans and SOFR + 135-200 on the Secured Revolving Credit Facility.
(2) As of September 30, 2026, the Company had one community categorized as held for sale and under contract for imminent sale. The sale was completed on October 8, 2026.

Q3 Highlights

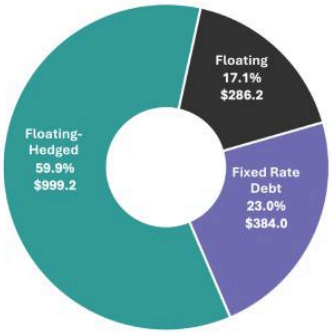
- **August 2026**: **New $380M Term Loan with Ally Bank.** 5-year maturity with two 1-year extension options and a SOFR + 185bps margin:
  - Proceeds used to fully repay Bridge Loan ($170M), Ally Term Loan ($122M), and pay down the Secured Revolving Credit Facility ($70M)
  - $372.5M was made immediately available, with $7.5M available subject to achieving certain debt yields and debt coverage ratios
- **Q3 2026+: Expect to fund future acquisitions** through cash-on-hand, revolver availability, committed financing, and our ATM program; equity raised only when it is both accretive and deleveraging

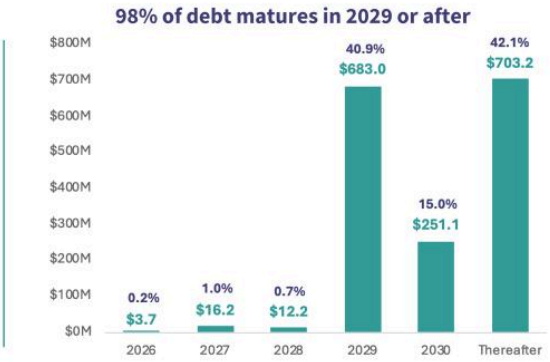
Enhanced Balance Sheet Positioned for Future Growth (cont.)

As of September 30, 2026

Debt Breakdown

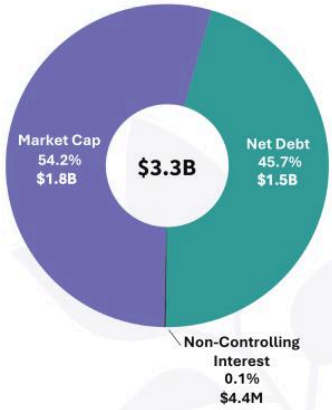
(in millions)
(At-Share)



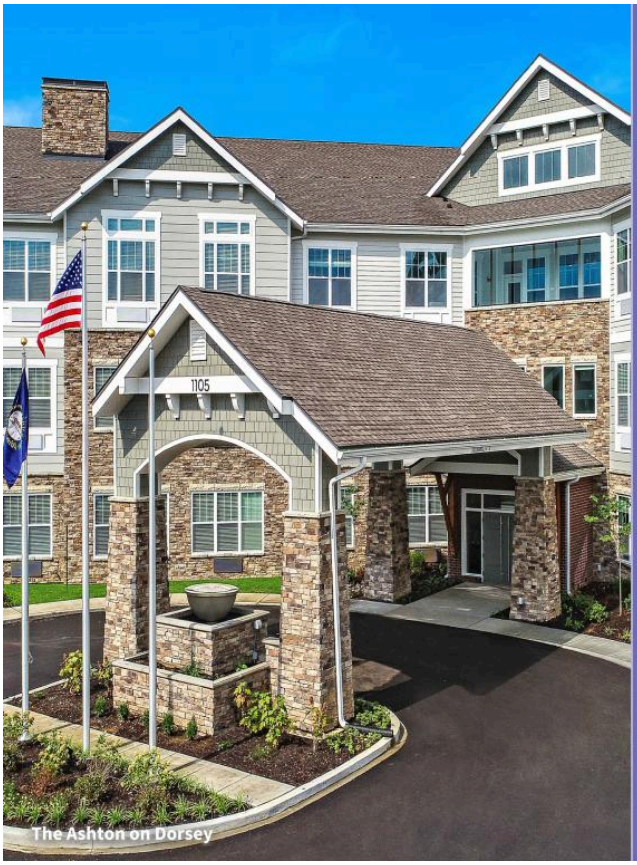


Enterprise Value

(At-Share)



*Figures may vary due to rounding. Floating rates calculated based on the lower of monthly lender statements or capped interest rate where applicable.



The Ashton on Dorsey

INVESTOR PRESENTATION

Capital Allocation Strategy

Disciplined Capital Allocation Plan

Since January 1, 2024, Sonida has made over $2 billion of senior housing investments and grown from 61 communities to 153 communities[1]. Sonida's capital allocation philosophy is anchored in three core investment principles

1 **Enhance portfolio quality and strategic positioning**

Invest in high-quality assets and geographies that **strengthen the long-term durability**, **competitive positioning**, and **operating leverage of the portfolio**, while recycling capital out of lower-growth or non-core assets

2 **Drive accretive per-share value creation**

Deploy capital only where investments are **accretive to free cash flow** and **NAV per share**, underwriting to **attractive total returns** that materially exceed our cost of capital

3 **Maintain disciplined, risk-adjusted execution**

Pursue opportunities with identifiable **operational upside** and **appropriate incremental return for complexity**, while maintaining balance sheet discipline and strong execution

(1) As of Sept 30, 2026. Includes 138 Senior Housing Operating Properties or SHOP (including JVs At-Share) and 15 owned, triple-net ("NNN") properties leased (as landlord) to third-party tenants. Excludes 12 properties managed for third-party owners and one vacant land parcel. See definitions in the appendix at the end of this presentation.

Operations-Driven Growth Expands Acquisition Capacity

Disciplined acquisitions and operating improvement can create a reinforcing cycle of stronger cash flow, higher value creation, and greater strategic flexibility

1. **Source attractive acquisitions**
   Pursue opportunities with operational upside, strategic fit, and disciplined underwriting — winning deals on operational capabilities and creative structuring. Our framework is return-driven, not category-driven, and we will pursue stabilized assets when price, structure, and fit meet our return thresholds
2. **Drive operating improvement**
   SPIN-driven analytics and decentralized ownership culture enhance NOI, margins, and portfolio performance to generate excess returns
3. **Reinvest and create value**
   Reinvestment in assets and the platform supports cash flow growth and increases portfolio value
4. **Platform Delivers High ROIC**
   Higher earnings and value creation resulting from unique operating model
5. **Strengthen cost of capital**
   Demonstrated operational execution and per share value creation support premium valuation, attracting favorable equity capital and expanding capacity for accretive deployment



Differentiated Buyer Primed to Capitalize on Multiyear Opportunity

A convergence of industry dynamics and platform advantages positions Sonida to acquire and compound value at scale

A Fragmented and Evolving Industry

Early innings of anticipated multi-year senior housing recovery

- Favorable industry tailwinds (aging population and low supply) driving positive net absorption and rate growth

Limited institutional operators

- Many local operators lack the resources to invest in technologies and platforms that support both scale and operational excellence

Uniquely positioned for broad range of opportunities

- Sonida occupies distinct positioning in the market as a large operator with a significant balance sheet, able to provide both operational and capital solutions across different markets and investment structures

Sonida is Built to Win

Creative financing and structuring

- Flexibility of C-Corp and Owner/Operator/Investor model allows for tailored investment structures depending on deal profile

Operating model

- Operating model unlocks greater asset performance through economies of scale synergies

Deal networking

- Local / regional teams cultivate relationships and reputation
- Access to opportunities driven by both capital and operational needs

Scale Compounds the Advantage Over Time

Each acquisition strengthens the network

- Broadening deal flow, deepening operator relationships, and improving our ability to optimize performance across a larger and more diversified asset base

Growing regional density

- Increases availability for operational synergies in network dense locations; develops visibility into off-market opportunities and strengthens our reputation as solutions-oriented counter-party

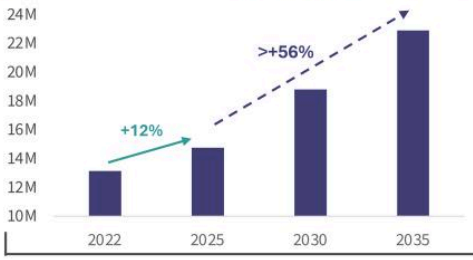
SPIN platform

- Our operating infrastructure becomes more powerful as more communities contribute data, improving decision-making and performance benchmarking across the portfolio

Senior Housing Entering Multi-Year Demand Acceleration

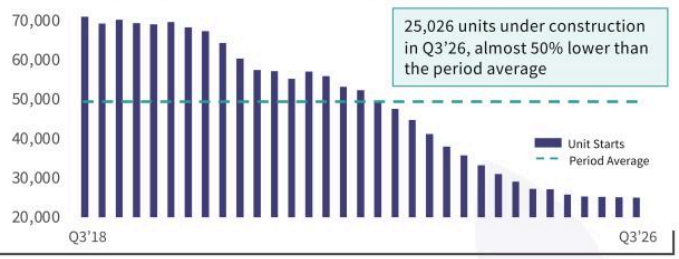
Visible demographic-driven demand acceleration while supply troughs…

80+ Demographic Growth Rates



From 2025 to 2035, the 80+ U.S. population is projected to increase from 14.7M to ~23M, a growth rate of over 56% for this demographic that outpaces every other age group

Senior Housing Units Under Construction – Primary & Secondary Markets



25,026 units under construction in Q3'26, almost 50% lower than the period average

…Driving strong occupancy growth and absorption

Absorption, Inventory Growth and Occupancy – Primary & Secondary Markets



Data sourced from US Census Bureau and NIC MAP

Capital Allocation Priorities

Capital is deployed first into highest-conviction internal value creation, then toward accretive external opportunities, while preserving balance sheet flexibility to support sustained growth

How do we prioritize capital deployment?

This sequencing reflects where we believe capital can generate the most consistent and attractive returns, while preserving flexibility for the opportunities ahead

Optimize Existing Portfolio

- **Selective capex**: Invest behind highest-return renovations and asset-level initiatives
- **Asset recycling:** Selectively divest non-core or lower-growth assets to concentrate the portfolio in highest-quality markets and communities with durable long-term NOI growth potential

Accretive External Growth

- **High-return acquisitions**: Pursue transactions that meet or exceed return thresholds through value-add initiatives, enhanced rate growth, expense savings, and other operating levers
- **Top MSA densification**: Cluster around priority markets to scale local operating leverage
- **Platform-led integration**: Leverage Sonida's operating platform to accelerate NOI growth

Balance Sheet Management

- **Near-term leverage goal of mid-6x**: Longer-term target of an even lower leverage level that allows Company to play offense through any future market volatility(1)
- **Flexible funding**: Use opportunistic equity issuance and flexibility from RCF to fund growth
- **Capital recycling**: Continuously redeploy proceeds from asset sales into higher-return uses of capital, maintaining balance sheet efficiency and preserving capacity for future growth

(1) This presentation includes long-term targets, which are for illustrative purposes only. These long-term targets should not be read as a guarantee of future performance or results and will not necessarily be accurate indications of the times at, or by which, if at all, such performance or results will be achieved.

Target Acquisition Profile

Sonida targets assets in attractive markets where portfolio quality, durable demand, and operational execution can drive long-term NOI growth

Screening emphasis:

Opportunities must meet return thresholds while aligning with Sonida's portfolio quality standards, market demand criteria, and regional clustering strategy

ASSETS THAT REWARD AN OPERATOR:

- Operational complexity creates entry barriers competitors can't price
- Regional density unlocks synergies unavailable to one-off buyers
- SPIN drives pricing and labor advantages at scale
- Relationship-driven sourcing — sellers choose Sonida to preserve what they've built

Return Profile

- Double-digit unlevered return targets
- Basis and underwriting designed to support per-share value creation

Asset Profile

- High-quality assets that support efficient operations and resident demand
- Discount to replacement cost
- Avoid assets at risk of functional obsolescence

Operating Profile

- Exposure to IL / AL / MC with opportunity to grow occupancy and margin
- Multiple levers for operational upside

Target Markets

- Dense markets with favorable supply-demand dynamics
- Regional clustering opportunities that enhance scale and market positioning

Sample Set of Recent Acquisitions

Acquired seven communities totaling $150.2M (average age of ~nine years) and 620 units (average of ~$242K per unit) which closed in September and October at a significant discount to replacement cost, with further opportunities under review[1]

Sarasota, Florida

107 Units | **Sep 2026** Closed

Modern 107-unit community (69 AL / 38 MC), built in 2016; distressed sale and acquired out of receivership

Investment Highlights
- Affluent Gulf Coast market south of Tampa
- Operationally challenged asset with planned renovation and operational overhaul
- Close to Sarasota Memorial Hospital


The Jasper of Sarasota

Three-Community Portfolio: Atlanta And Orlando[2]

177 Units | **Oct 2026** Closed

Three high-performing 59-unit communities (128 AL/49 MC total), built between 2013 and 2015 with high-quality finishes, strong rate profiles in high-growth sub-markets

Investment Highlights
- Established communities in high-growth submarkets
- Further densifies Atlanta footprint to nine communities
- Building expansion opportunity at each community


The Addison of Clermont

Wildwood, Florida

92 Units | **Oct 2026** Closed

Upscale 92-unit community (66 AL / 26 MC), completed in 2018

Investment Highlights
- Adjacent to The Villages, a major senior hub
- Nation's fastest growing metro, 2022 to 2023[3]
- Near UF Health Spanish Plaines Hospital


The Ashton of Wildwood

(1) Pending acquisitions are subject to customary closing conditions; there can be no assurance they will close on the anticipated terms or at all.
(2) Portfolio photo shows one of the three communities; The Addison of Woodstock and the Addison of Grayson are not displayed.
(3) Source: census.gov

Case Study: Summit Corners and Summit Point (2024)

Pairing a distressed acquisition with an incumbent sister community drove a ~2,500 bps increase in combined occupancy to 92.6% and a combined NOI Margin increase of ~1,950 bps since Q3 2024[1]

Transaction Overview & Strategy

88.5%
Summit Corners Weighted Average Occupancy

Realign Care, Reposition Units, and Rebuild Community Reputation

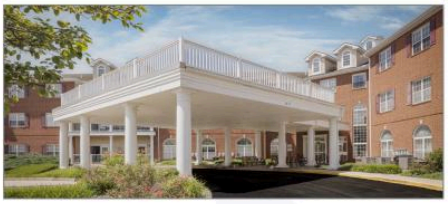
In May 2024, Sonida acquired Summit Corners, a community with a poor market reputation, occupancy in the low-40% range, and significantly negative NOI margins for $10.7M and $107k/unit (100 units). Sonida repositioned the asset alongside Summit Point, its incumbent sister community, to drive operational synergies across both communities.

- **Care Realignment:** Consolidated all memory care at Summit Corners, accelerating occupancy and restoring its clinical reputation
- **Unit Repositioning:** Renovated the former memory care neighborhood at Summit Point into premium, studios, now 100% occupied
- **Complementary Offerings:** Communities now serve distinct price points and clinical needs, supported by joint outreach and collaborative sales teams

Q3'24 vs. Q3'26 Operating Highlights[2]

	Summit Point	Summit Corners	Combined
Weighted Average Occupancy	81.6% → **95.4%**	46.9% → **88.5%**	67.7% → **92.6%**
NOI Margin[1]	32.3% → **44.3%**	(23.3%) → **22.6%**	15.7% → **35.2%**
RevPOR[3]	$4,445 → **$4,612**	$4,946 → **$5,371**	$4,578 → **$4,902**

Portfolio



Summit Point (Incumbent Community)



Summit Corners (Acquired May 2024)

(1) NOI and NOI Margin are non-GAAP financial measures. See definition of non-GAAP financial measures in appendix.
(2) Compares Q3 2024 and Q3 2026 quarterly averages; Summit Corners acquired May 2024.
(3) RevPOR is defined as average monthly revenue per occupied unit.


Park Place at Winghaven

INVESTOR PRESENTATION

CHP Integration Update

CHP INTEGRATION UPDATE

Meaningful Synergy Opportunity

CHP-related cost synergies include near-term G&A savings and longer-term optimization across a $500+ million combined cost structure

Initial synergies (modeled as year one run-rate)

Cost Category	Annual Run-Rate Savings	Progress Status
External Advisor Fees *Elimination of external investment management costs*	$13M	Completed
Corporate G&A Savings (Net) *Reduction in duplicative accounting, tax and public company costs, net of incremental retained personnel*	$3M - $7M	On track for 2026
Year-One Run-Rate Estimate *(% of Target G&A)*	**$16M - $20M** *(70 – 85%)*	On track for 2026

Corporate G&A and management costs ($M)[1]



Source: Company management.
(1) Figures based on 2026 estimates and include corporate G&A net of stock-based comp, non-recurring transaction expenses and Sonida management fee income on 12 managed properties on behalf of third-party owners.
(2) Assumes $18M synergies based on midpoint of estimated G&A cost savings ($16M - $20M).
(3) Based on total revenues including rental income from owned triple net properties.

Future potential savings (unmodeled)

Sonida continues to identify **additional** cost savings and operating leverage opportunities across the combined company, illustrating a pathway from integration actions to scalable, recurring margin and free cash flow benefits

Labor Optimization
Addressable labor costs of CHP portfolio: ~$175M

Operating & Purchasing Scale
Addressable food and insurance costs of CHP portfolio: ~$25M

Regional Infrastructure Efficiency
Shared regional infrastructure and scale

Management Internalization
Target internalized range (3-3.5% vs. 5%) of in-place management agreements

Phased Integration Strategy for Stability and Long-Term Value Creation

A deliberate, milestone-driven integration plan designed to ensure operational continuity, minimize disruption, and unlock synergies over time

Pre-Closing

- Finalized integration and key retention plans
- Developed draft strategy for operator approach based on initial discussions with operators

Closing / First 90 Days

- Integrated financial systems, reporting, and asset management
- Effectuated G&A savings through Day 1 elimination of CHP Advisor Fee
- Retained access to all CHP employees for 90 days
- Hired 6 of 17 CHP employees for permanent roles with Sonida (all non C-suite) to support portfolio stabilization and combined company

Year 1

- Achieve full run-rate corporate synergies and size opportunities for future synergies
- Prune outlier non-core assets (from both CHP and Sonida portfolios)
- To date, we have identified and are advancing on plans for 43 of the 54 SHOP communities[1]
- Restructured various operating master contracts to capture scaled pricing

Long-Term

- Realize additional synergies through scale and uniformity
- Positioned for further external growth using scaled operating platform

These integration milestones are subject to timing and other factors and should not be read as guarantees of future performance, results or outcomes and may not necessarily be accurate indications of the times at, or by which, if at all, such performance, results or outcomes will be achieved.
(1) As of November 5, 2026. Includes communities that have completed their transition to Sonida's operating platform and communities with scheduled transition dates. Scheduled transitions are subject to change and depend on several factors, including regulatory and licensing approvals and third-party consents. Actual timing and outcomes may differ materially. See 'Forward-Looking Statements.'


Waterstone of Grayson

INVESTOR PRESENTATION

Appendix – Supplemental Information

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Definitions

At-Share is defined by the Company as information presented on a basis that reflects the Company's proportional economic stake in the assets or financial metrics of a joint venture ("JV"). For the periods presented, includes Stone JV (32.71% ownership share) and Palatine JV (51% ownership share).

Available Units is defined by the Company as all units that are part of the corresponding portfolio, excluding those that were out of service for the named period. Available Units is provided on a weighted average basis, unless otherwise indicated, and used in the calculation of RevPAR and Weighted Average Occupancy.

ExpPOR, or average monthly expenses per occupied unit, is defined by the Company as operating expenses for the period, divided by the weighted average number of occupied units in the corresponding portfolio for the period, divided by the number of months in the period.

NNN Portfolio is defined by the Company as wholly owned senior housing communities that are leased to third-party tenants under triple-net ("NNN") lease agreements, where the tenant bears all or substantially all of the costs (including cost for real estate taxes, utilities, insurance and ordinary repairs). Sonida is not involved in property management. As such, the NNN Portfolio communities are not included within the scope of the Total SHOP Portfolio.

Non Same-Store Portfolio is defined by the Company as SHOP communities that are wholly or partially owned and either (i) not operational or not owned for the full period in each of the comparison years, (ii) sold or classified as held for sale or (iii) have undergone or are undergoing strategic repositioning as a result of significant changes in the business model, care offerings, and/or capital re-investment plans, that in each case, have disrupted, or are expected to disrupt, normal course operations. Communities will be included in the Same-Store Portfolio once operating under normal course operating structures for the current period and comparable prior year period. The Non Same-Store Portfolio includes applicable CHP SHOP communities as if they were owned by the Company at the beginning of the applicable period.

Owned Units is defined by the Company as all units that are part of the Total Portfolio, including those that were out of service for the named period. Excludes managed communities.

RevPAR, or average monthly revenue per Available Unit, is defined by the Company as resident revenue for the period, divided by the weighted average number of Available Units in the corresponding portfolio for the period, divided by the number of months in the period. The RevPAR calculation does not include NNN lease income.

RevPOR, or average monthly revenue per occupied unit, is defined by the Company as resident revenue for the period, divided by the weighted average number of occupied units in the corresponding portfolio for the period, divided by the number of months in the period. The RevPOR calculation does not include NNN lease income. Our management uses RevPOR for decision making, and we believe the measure provides useful information to investors, because it reflects the average amount of resident revenue we derive from an occupied unit per month without factoring occupancy rates. RevPOR is a significant driver of our senior housing revenue performance.

Same-Store Portfolio is defined by the Company as SHOP communities that are wholly or partially owned and operational for the full period in each of the comparison years and not otherwise included in the Non Same-Store Portfolio. Our management uses Same-Store Portfolio operating results and data for decision making and components of executive compensation, and we believe such results and data provide useful information to investors, because it enables comparisons of revenue, expense, and other operating measures for a consistent portfolio over time without giving effect to the impacts of communities that were not consolidated and operational for the comparison periods, communities acquired or disposed during the comparison periods (or planned for disposition) and communities that were undergoing strategic repositioning during the comparison periods. The Same-Store Portfolio includes applicable CHP SHOP communities as if they were owned by the Company at the beginning of the applicable period.

Senior Housing / Senior Housing Operating Properties (SHOP): "Senior Housing" is defined as residential real estate assets designed to accommodate the needs of senior residents, including but not limited to independent living, assisted living, and memory care facilities. Within this category, "Senior Housing Operating Properties" (SHOP) refers exclusively to those properties in which the Company, directly or through third-party management agreements, maintains operational control and bears the associated risks and rewards of ownership, including but not limited to occupancy, revenue generation, and operating expenses. For the avoidance of doubt, this definition expressly excludes senior housing properties subject to NNN lease agreements. Under such agreements, operational responsibilities, including property management, operating expenses, and financial performance, are borne solely by the lessee, and the Company's involvement is limited to receiving fixed rental payments.

Total SHOP Portfolio is defined by the Company as the combination of the Same-Store Portfolio and the Non Same-Store Portfolio.

Total Portfolio is defined by the Company as the combination of the Total SHOP Portfolio and the NNN Portfolio. Excludes managed communities.

Total Units is defined by the Company as the sum of all units that are part of the Total Portfolio and all units at managed communities, in each case including those that were out of service for the named period.

Weighted Average Occupancy is defined by the Company as the percentage of the weighted average number of Available Units in the owned portfolio being utilized by residents over a reporting period. Our management uses Weighted Average Occupancy for decision making and components of executive compensation, and we believe the measure provides useful information to investors, because it is a significant driver of our resident revenue performance.

Non-GAAP Financial Measures

This investor presentation contains the financial measures (1) Net Operating Income ("NOI"), (2) Net Operating Income Margin, (3) Adjusted EBITDA, (4) Adjusted Operating Expenses, (5) Nareit Funds from Operations, and (6) Normalized Funds from Operations and Normalized Funds from Operations per share, each of which is not calculated in accordance with GAAP. Presentations of these non-GAAP financial measures are intended to aid investors in better understanding the factors and trends affecting the Company's performance. However, investors should not consider these non-GAAP financial measures as a substitute for financial measures determined in accordance with GAAP, including net income (loss), income (loss) from operations, net cash provided by (used in) operating activities or revenue. Investors are cautioned that amounts presented in accordance with the Company's definitions of these non-GAAP financial measures may not be comparable to similar measures disclosed by other companies because not all companies calculate non-GAAP measures in the same manner. Investors are urged to review the reconciliations of these non-GAAP financial measures from the most comparable financial measures determined in accordance with GAAP, which are included below.

Net Operating Income and Net Operating Income Margin are non-GAAP performance measures that the Company defines as net income (loss) excluding: general and administrative expenses (inclusive of stock-based compensation expense), interest income, interest expense, other income/expense, provision for income taxes, third-party property management fees, management fee income, rental income, and further adjusted to exclude income/expense associated with non-cash, non-operational, transactional, or organizational restructuring items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods. For the periods presented herein, such other items include depreciation and amortization expense, transaction, transition and restructuring costs, long-lived asset impairment, gain or loss on extinguishment of debt, loss from equity method investment, casualty loss, non-recurring settlement fees, income tax, and personal property tax. Net Operating Income Margin is calculated by dividing Net Operating Income by resident revenue. The Company provides these non-GAAP measures for its owned portfolios as indicated and presents these non-GAAP measures on an At-Share basis as indicated. In addition, periods presented in which we did not own CHP during the full period include an adjustment representing the impact to NOI and NOI Margin from CHP (calculated on the same basis as the Company) for the applicable period as if the Company had acquired CHP on the first day of such period.

Adjusted EBITDA is a non-GAAP performance measure that the Company defines as net income (loss) excluding: depreciation and amortization expense, interest income, interest expense, other expense/income, provision for income taxes, and further adjusted to exclude income/expense associated with non-cash, non-operational, transactional, or organizational restructuring items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods. For the periods presented herein, such other items include stock-based compensation expense, provision for credit losses, long-lived asset impairment, gain or loss on extinguishment of debt, casualty losses, and transaction, transition and restructuring costs. The Company also presents this non-GAAP measure on an At-Share basis. In addition, periods presented in which we did not own CHP during the full period include an adjustment representing the impact to Adjusted EBITDA from CHP (calculated on the same basis as the Company) for the applicable period as if the Company had acquired CHP on the first day of such period.

Adjusted Operating Expenses is a non-GAAP performance measure that the Company defines as operating expenses excluding: professional fees, settlement expense, income tax, personal property tax, casualty gains and losses, and other expenses (corporate operating expenses not allocated to the communities) that management does not consider as part of the Company's underlying core operating performance and that management believes impacts the comparability of performance between periods. The Company provides this non-GAAP measure for the Total SHOP Portfolio, Same-Store Portfolio and Non Same-Store Portfolio.

The Company believes that the presentation of Net Operating Income, Net Operating Income Margin and Adjusted Operating Expenses as performance measures is useful to investors because such measures are some of the metrics used by the Company's management to evaluate the performance of the Company's owned portfolio of communities, to review comparable historic and prospective core operating performance of the Company's owned communities, and to make day-to-day operating decisions. The Company also believes that the presentation of such non-GAAP financial measures and Adjusted EBITDA is useful to investors because such measures provide an assessment of operational factors that management can impact in the short-term, primarily revenues and the controllable cost structure of the organization, by eliminating items related to the Company's financing and capital structure and other items that management does not consider as part of the Company's underlying core operating performance and that management believes impact the comparability of performance between periods.

Net Operating Income, Net Operating Income Margin, Adjusted EBITDA and Adjusted Operating Expenses have material limitations as performance measures, including the exclusion of certain expenses that are necessary to operate the Company and oversee its communities. Furthermore, such non-GAAP financial measures exclude (i) interest that is necessary to operate the Company's business under its current financing and capital structure, and (ii) depreciation, amortization, and impairment charges that may represent the wear and tear and/or reduction in value of the Company's communities and other assets and may be indicative of future needs for capital expenditures. The Company may also incur income/expense similar to those for which adjustments may be made and such income/expense may significantly affect the Company's operating results.

Non-GAAP Financial Measures (cont.)

Funds from operations, established by the National Association of Real Estate Investment Trusts ("Nareit" and "Nareit FFO"), is a non-GAAP performance measure the Company uses which is defined as net income (loss) attributable to common shareholders (calculated in accordance with GAAP) excluding depreciation and amortization related to real estate, gains and losses from the sale of certain real estate assets, gains and losses from change in control, impairment write-downs of certain real estate assets and investments in entities when the impairment is directly attributable to decreases in the value of depreciable real estate held by the entity, and after adjustments for noncontrolling interests and unconsolidated entities following the same approach.

Normalized FFO is a non-GAAP performance measure that, for the periods presented herein, the Company defines as Nareit FFO excluding other income/expense, transaction, transition and restructuring costs, stock-based compensation expense related to CHP merger, casualty losses, non-recurring settlement fees, gain or loss on extinguishment of debt, gains and losses on derivatives, non-cash interest expense, certain other normalized items, and after adjustments for noncontrolling interests and unconsolidated entities following the same approach. Normalized FFO per share is calculated by dividing Normalized FFO by total weighted average diluted shares outstanding.

Historical cost accounting for real estate assets implicitly assumes that the value of real estate assets diminish predictably over time. However, since real estate values historically have risen or fallen with market conditions, many industry investors deem presentations of operating results for real estate companies that use historical cost accounting to be insufficient by themselves. For that reason, the Company considers Nareit FFO and Normalized FFO to be appropriate supplemental measures of operating performance.

Nareit FFO and Normalized Funds from Operations have material limitations as performance measures, including the exclusion of depreciation, amortization and impairment charges that may represent the wear and tear and/or reduction in value of the Company's communities and other assets and may be indicative of future needs for capital expenditures. The Company may incur income/expense similar to those for which adjustments are made, and such income/expense may significantly affect our operating results.

Operating Highlights

	2025					2026		
	PF Q1	PF Q2	PF Q3	PF Q4	PF FY 2025	PF Q1	Q2	Q3
Same-Store Portfolio[1][2]								
Resident Revenue	$ 146,824	$ 150,261	$ 152,427	$ 154,509	$ 604,021	$ 157,803	$ 162,256	$ 163,519
SHOP NOI	$ 43,218	$ 45,106	$ 45,041	$ 45,855	$ 179,220	$ 49,123	$ 52,869	$ 52,061
SHOP NOI Margin	29.4%	30.0%	29.5%	29.7%	29.7%	31.1%	32.6%	31.8%
Available Units (for period)	11,332	11,332	11,328	11,326	11,329	11,323	11,360	11,360
Weighted Average Occupancy	85.3%	85.7%	86.6%	87.4%	86.2%	87.5%	88.1%	88.6%
RevPOR	$ 5,062	$ 5,160	$ 5,177	$ 5,204	$ 5,151	$ 5,310	$ 5,403	$ 5,413
RevPAR	$ 4,319	$ 4,420	$ 4,485	$ 4,547	$ 4,443	$ 4,645	$ 4,761	$ 4,798
Non Same-Store Portfolio[1]								
Resident Revenue	$ 21,965	$ 22,571	$ 24,421	$ 25,477	$ 94,434	$ 25,483	$ 26,739	$ 26,366
SHOP NOI	$ 2,822	$ 3,029	$ 2,127	$ 2,394	$ 10,372	$ 2,238	$ 3,599	$ 3,207
SHOP NOI Margin	12.8%	13.4%	8.7%	9.4%	11.0%	8.8%	13.5%	12.2%
Available Units (for period)	1,770	1,799	1,938	2,071	1,895	2,073	2,071	2,004
Weighted Average Occupancy	80.9%	80.3%	79.5%	77.4%	79.4%	75.9%	78.0%	80.2%
RevPOR	$ 5,111	$ 5,207	$ 5,283	$ 5,300	$ 5,228	$ 5,398	$ 5,515	$ 5,465
RevPAR	$ 4,137	$ 4,180	$ 4,202	$ 4,101	$ 4,154	$ 4,098	$ 4,304	$ 4,384
Total Portfolio[1][2]								
Resident Revenue[3]	$ 168,789	$ 172,832	$ 176,848	$ 179,986	$ 698,455	$ 183,286	$ 188,995	$ 189,885
SHOP NOI[3]	$ 46,040	$ 48,135	$ 47,168	$ 48,249	$ 189,592	$ 51,361	$ 56,468	$ 55,268
SHOP NOI Margin[3]	27.3%	27.9%	26.7%	26.8%	27.1%	28.0%	29.9%	29.1%
NNN Lease Income	$ 7,109	$ 7,183	$ 7,310	$ 7,310	$ 28,912	$ 7,220	$ 7,506	$ 8,075
Total Portfolio NOI[4]	$ 53,149	$ 55,318	$ 54,478	$ 55,559	$ 218,504	$ 58,581	$ 63,974	$ 63,343
Available Units (for period)[3]	13,102	13,131	13,266	13,397	13,224	13,396	13,431	13,364
Weighted Average Occupancy[3]	84.7%	84.9%	85.6%	85.8%	85.3%	85.7%	86.6%	87.4%
RevPOR[3]	$ 5,068	$ 5,166	$ 5,191	$ 5,217	$ 5,161	$ 5,322	$ 5,419	$ 5,421
RevPAR[3]	$ 4,294	$ 4,387	$ 4,444	$ 4,478	$ 4,401	$ 4,561	$ 4,691	$ 4,736

Note: Dollars in '000s except for RevPOR and RevPAR. Numbers may vary due to rounding.

(1) Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(2) Same-Store Portfolio and Total Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(3) Includes Total SHOP Portfolio.
(4) Includes Total SHOP Portfolio and the NNN Portfolio.

Net Operating Income

	2025					2026		
	PF Q1	PF Q2	PF Q3	PF Q4	PF FY 2025	PF Q1	Q2	Q3
Resident Revenue[1][2]								
Independent Living[3]	$ 37,675	$ 38,428	$ 38,463	$ 38,786	$ 153,352	$ 39,461	$ 39,770	$ 40,219
Assisted Living[3]	76,843	78,478	79,329	80,783	315,433	82,842	86,763	87,007
Memory Care[3]	26,502	27,671	28,580	28,770	111,523	29,660	30,534	30,698
Community Fees	1,672	1,665	1,641	1,847	6,825	1,778	856	1,226
Other Income	4,132	4,019	4,414	4,323	16,888	4,062	4,333	4,369
Total Same-Store SHOP Resident Revenue	146,824	150,261	152,427	154,509	604,021	157,803	162,256	163,519
Resident Revenue for Non Same-Store SHOP Portfolio	21,965	22,571	24,421	25,477	94,434	25,483	26,739	26,366
Total Resident Revenue	$ 168,789	$ 172,832	$ 176,848	$ 179,986	$ 698,455	$ 183,286	$ 188,995	$ 189,885
Adjusted Operating Expenses[1][2]								
Total Labor And Related Expenses[4]	$ 66,264	$ 67,542	$ 68,917	$ 69,689	$ 272,412	$ 69,309	$ 70,298	$ 71,656
Contract Labor	795	949	307	723	2,774	773	616	708
Food	6,474	6,892	7,149	7,303	27,818	6,863	7,170	7,229
Utilities	6,029	5,170	5,956	5,549	22,704	6,362	5,312	6,394
Real Estate Taxes	5,491	5,363	5,578	5,665	22,097	5,638	5,831	5,968
Advertising And Promotions	3,261	3,384	3,384	3,435	13,464	3,532	3,401	3,175
Insurance	2,759	2,847	2,859	2,837	11,302	2,719	2,815	2,728
Supplies	2,664	2,724	2,719	2,898	11,005	2,765	2,848	2,922
Service Contracts	2,333	2,259	2,419	2,453	9,464	2,384	2,397	2,522
All Other Operating Expenses	7,536	8,025	8,098	8,102	31,761	8,335	8,699	8,156
Total Same-Store SHOP Adjusted Operating Expense	103,606	105,155	107,386	108,654	424,801	108,680	109,387	111,458
Operating Expenses for Non Same-Store SHOP Portfolio	19,143	19,542	22,294	23,083	84,062	23,245	23,140	23,159
Total Adjusted Operating Expenses	$ 122,749	$ 124,697	$ 129,680	$ 131,737	$ 508,863	$ 131,925	$ 132,527	$ 134,617
Net Operating Income[1][2]								
Same-Store SHOP NOI	$ 43,218	$ 45,106	$ 45,041	$ 45,855	$ 179,220	$ 49,123	$ 52,869	$ 52,061
Same-Store SHOP NOI Margin	29.4%	30.0%	29.5%	29.7%	29.7%	31.1%	32.6%	31.8%
Non Same-Store SHOP NOI	$ 2,822	$ 3,029	$ 2,127	$ 2,394	$ 10,372	$ 2,238	$ 3,599	$ 3,207
Non Same-Store SHOP NOI Margin	12.8%	13.4%	8.7%	9.4%	11.0%	8.8%	13.5%	12.2%
Total SHOP NOI	$ 46,040	$ 48,135	$ 47,168	$ 48,249	$ 189,592	$ 51,361	$ 56,468	$ 55,268
NNN Lease Income	7,109	7,183	7,310	7,310	28,912	7,220	7,506	8,075
Total Portfolio NOI	$ 53,149	$ 55,318	$ 54,478	$ 55,559	$ 218,504	$ 58,581	$ 63,974	$ 63,343

Note: Dollars in 000s. Numbers may vary due to rounding.

(1) Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(2) Same-Store Portfolio and Total Portfolio metrics At-Share. See appendix at the end of this presentation for definition.
(3) Includes Second Person and Level of Care fees.
(4) Includes benefits, overtime, payroll taxes and related labor costs, excluding contract labor.
(5) Includes Sonida's At-Share ownership in JVs.
(6) Excludes 148 Owned Units that are out of service.

Portfolio Unit Build (Spot Basis)

As of September 30, 2026

Total Units	16,729
Owned Units[5]	14,896
Available Units[5][6]	14,748

Net Operating Income Reconciliation

	2025					2026		
	Q1	Q2	Q3	Q4	FY 2025	Q1	Q2	Q3
Net loss	**$ (13,025)**	**$ (1,973)**	**$ (27,348)**	**$ (30,146)**	**$ (72,492)**	**$ (41,450)**	**$ (24,721)**	**$ (34,526)**
General and administrative expense	8,472	9,729	10,529	11,121	39,851	10,463	14,351	26,251
Interest income	(242)	(986)	(394)	(481)	(2,103)	(219)	(321)	(362)
Interest expense	9,446	9,271	9,910	10,008	38,635	12,833	22,508	9,772
Other income (expense), net	550	(9,063)	1,902	(1,337)	(7,948)	(554)	15	692
Provision for income taxes	75	91	88	76	330	208	325	362
Third-party property management fees	-	-	-	-	-	1,048	4,836	3,610
Management fee income	(1,061)	(1,134)	(1,146)	(1,090)	(4,431)	(1,145)	(1,185)	(1,197)
Rental income	-	-	-	-	-	(1,695)	(7,506)	(8,075)
Depreciation and amortization expense	13,686	13,646	14,627	14,809	56,768	19,960	43,183	43,137
Transaction, transition and restructuring costs[1]	610	461	6,174	8,986	16,231	26,094	4,775	9,532
Long-lived asset impairment	-	-	4,733	7,792	12,525	-	-	-
(Gain) loss on extinguishment of debt, net	-	-	-	-	-	-	(3,871)	4,403
Loss from equity method investment	330	383	374	283	1,370	208	604	164
Other operating expenses[2]	1,300	811	1,315	1,323	4,749	1,320	3,147	1,137
Pro forma SHOP NOI adjustment[3]	25,588	26,670	26,160	26,669	105,087	24,122	-	-
SHOP NOI (pro forma)[3] before At-Share adjustments	**$ 45,729**	**$ 47,906**	**$ 46,924**	**$ 48,013**	**$ 188,572**	**$ 51,193**	**$ 56,140**	**$ 54,900**
Pro Rata NOI of noncontrolling interest[4]	(193)	(274)	(366)	(387)	(1,220)	(517)	(362)	(388)
Pro Rata NOI of unconsolidated joint venture[5]	504	503	610	623	2,240	685	690	756
Total SHOP NOI (pro forma)[3][6]	**$ 46,040**	**$ 48,135**	**$ 47,168**	**$ 48,249**	**$ 189,592**	**$ 51,361**	**$ 56,468**	**$ 55,268**
Rental income (pro forma)[3]	7,109	7,183	7,310	7,310	28,912	7,220	7,506	8,075
Total Portfolio NOI (pro forma)[3][6]	**$ 53,149**	**$ 55,318**	**$ 54,478**	**$ 55,559**	**$ 218,504**	**$ 58,581**	**$ 63,974**	**$ 63,343**

Note: Dollars in 000s. Numbers may vary due to rounding.

(1) Includes legal and professional fees incurred for transactions, restructuring projects, or related projects, including the CHP transaction.
(2) Includes casualty loss, non-recurring settlement fees, income tax and personal property tax, and other expenses.
(3) Q1 2025-Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on the first day of the applicable period. See "Basis of Presentation" for important information regarding our presentation of pro forma information.
(4) Minority partner's interests in joint ventures in which Sonida is the majority partner.
(5) Sonida's interests in joint ventures in which Sonida is the minority partner.
(6) Total SHOP Portfolio and Total Portfolio metrics At-Share. See appendix at the end of this presentation for definition.

Adjusted EBITDA Reconciliation

	2025					2026		
	Q1	Q2	Q3	Q4	FY 2025	Q1	Q2	Q3
Adjusted EBITDA								
Net loss	$ (13,025)	$ (1,973)	$ (27,348)	$ (30,146)	$ (72,492)	$ (41,450)	$ (24,721)	$ (34,526)
Depreciation and amortization expense	13,686	13,646	14,627	14,809	56,768	19,960	43,183	43,137
Interest income	(242)	(986)	(394)	(481)	(2,103)	(219)	(321)	(362)
Interest expense	9,446	9,271	9,910	10,008	38,635	12,833	22,508	9,772
Other (income) expense, net	550	(9,063)	1,902	(1,337)	(7,948)	(554)	15	692
Provision for income taxes	75	91	88	76	330	208	325	362
Stock-based compensation expense	973	1,226	1,424	1,426	5,049	2,396	2,159	11,812
Provision for credit losses	695	745	827	1,062	3,329	1,041	1,690	829
Long-lived asset impairment	-	-	4,733	7,792	12,525	-	-	-
(Gain) loss on extinguishment of debt, net	-	-	-	-	-	-	(3,871)	4,403
Casualty losses and other[1]	797	675	1,216	748	3,436	1,220	3,099	719
Transaction, transition and restructuring costs[2]	610	461	6,174	8,986	16,231	26,094	4,775	9,532
Adjusted EBITDA before At-Share adjustments	$ 13,565	$ 14,093	$ 13,159	$ 12,943	$ 53,760	$ 21,529	$ 48,841	$ 46,370
Pro Rata EBITDA of noncontrolling interest[3]	(88)	(173)	(205)	(252)	(718)	(382)	(262)	(617)
Pro Rata Adjusted EBITDA of unconsolidated joint venture[4]	719	736	844	735	3,034	759	1,416	1,096
Adjusted EBITDA	$ 14,196	$ 14,656	$ 13,798	$ 13,426	$ 56,076	$ 21,906	$ 49,995	$ 46,849
Pro forma Adjusted EBITDA[5]	22,761	23,814	23,325	23,788	93,688	24,713	-	-
Adjusted EBITDA (pro forma)[5]	$ 36,957	$ 38,470	$ 37,123	$ 37,214	$ 149,764	$ 46,619	$ 49,995	46,849

Note: Dollars in 000s. Numbers may vary due to rounding.
(1) Includes casualty loss, non-recurring settlement fees, and other.
(2) Includes legal and professional fees incurred for transactions, restructuring projects, or related projects, including the CHP transaction.
(3) Minority partner's interests in joint ventures in which Sonida is the majority partner.
(4) Sonida's interests in joint ventures in which Sonida is the minority partner.
(5) Q1 2025 - Q1 2026 pro forma figures include CHP results as if Sonida acquired CHP on January 1, 2025 or 2026, as applicable. See disclaimers at the front of this presentation for important information regarding our presentation of pro forma results.

Nareit FFO & Normalized FFO Reconciliation

	2026	
	Q2	Q3
NAREIT FFO & NORMALIZED FFO		
Net loss attributable to common stockholders	**$ (24,464)**	**$ (34,303)**
Depreciation and amortization expense	43,183	43,137
Depreciation and amortization expense related to noncontrolling interest and unconsolidated joint venture, net[1]	179	175
Nareit FFO	**$ 18,898**	**$ 9,009**
Other expense, net	15	692
Transaction, transition and restructuring costs[2]	4,775	9,532
Stock-based compensation expense related to CHP merger	-	11,322
Casualty losses, settlements and other[3]	3,099	719
(Gain) loss on extinguishment of debt, net	(3,871)	4,403
Gain on derivatives, net	(2,664)	(13,951)
Non-cash interest expense	2,467	1,324
Normalized items related to noncontrolling interest and unconsolidated joint venture, net[1]	1,154	479
Other normalized items, net	(156)	(478)
Normalized FFO	**$ 23,717**	**$ 23,051**
Diluted weighted average shares outstanding[4]	48,929	49,862
Normalized FFO per share	**$ 0.48**	**$ 0.46**

Note: Dollars in 000s. Numbers may vary due to rounding.

(1) Minority partner's interests in joint ventures in which Sonida is the majority partner and Sonida's interests in joint ventures in which Sonida is the minority partner.
(2) Includes legal and professional fees incurred for transactions, restructuring projects or related projects.
(3) Includes casualty loss, non-recurring settlement fees and other.
(4) Reflects the assumed exercise or conversion of all dilutive securities.

CHP Pro Forma Adjustments

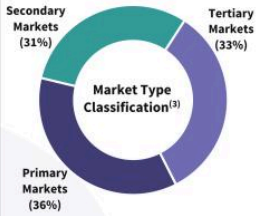
	2025					2026
	Q1	Q2	Q3	Q4	FY 2025	Q1
CHP Resident Revenue[1]						
Independent Living[2]	$ 22,325	$ 22,605	$ 22,681	$ 22,996	$ 90,607	$ 18,305
Assisted Living[3]	39,961	40,814	41,243	42,406	164,424	33,847
Memory Care[2]	12,614	13,153	13,448	13,150	52,365	11,022
Community Fees	1,190	1,134	1,103	1,238	4,665	915
Other Income	3,842	3,721	3,881	3,927	15,371	2,871
Total Same-Store SHOP Resident Revenue	79,932	81,427	82,356	83,717	327,432	66,960
Resident Revenue for Non Same-Store SHOP Portfolio	8,922	8,979	9,323	9,545	36,769	7,372
Total Resident Revenue	$ 88,854	$ 90,406	$ 91,679	$ 93,262	$ 364,201	$ 74,332
CHP Adjusted Operating Expenses[1]						
Total Labor And Related Expenses[3]	$ 35,191	$ 35,809	$ 36,622	$ 37,036	$ 144,658	$ 28,296
Contract Labor	331	324	296	463	1,414	255
Food	3,595	3,679	3,820	3,922	15,016	2,857
Utilities	2,734	2,262	2,624	2,438	10,058	2,269
Real Estate Taxes	3,258	3,039	3,295	3,356	12,948	2,532
Advertising And Promotions	2,055	2,158	2,155	2,276	8,644	1,666
Insurance	1,341	1,370	1,395	1,373	5,479	688
Supplies	1,686	1,656	1,698	1,842	6,882	1,298
Service Contracts	640	662	683	620	2,605	450
All Other Operating Expenses	4,919	5,173	5,082	5,235	20,409	3,754
Total Same-Store SHOP Adjusted Operating Expense	55,750	56,132	57,670	58,561	228,113	44,065
Operating Expenses for Non Same-Store SHOP Portfolio	7,516	7,604	7,849	8,032	31,001	6,145
Total Adjusted Operating Expenses	$ 63,266	$ 63,736	$ 65,519	$ 66,593	$ 259,114	$ 50,210
CHP Net Operating Income[1]						
Same-Store SHOP NOI	$ 24,182	$ 25,295	$ 24,686	$ 25,156	$ 99,319	$ 22,895
Same-Store SHOP NOI Margin	30.3%	31.1%	30.0%	30.0%	30.3%	34.2%
Non Same-Store SHOP NOI	$ 1,406	$ 1,375	$ 1,474	$ 1,513	$ 5,768	$ 1,227
Non Same-Store SHOP NOI Margin	15.8%	15.3%	15.8%	15.9%	15.7%	16.6%
Pro forma SHOP NOI	**$ 25,588**	**$ 26,670**	**$ 26,160**	**$ 26,669**	**$ 105,087**	**$ 24,122**
Pro Forma Adjusted EBITDA:						
Rental income	$ 7,109	$ 7,183	$ 7,310	$ 7,310	$ 28,912	$ 5,525
Provision for credit losses	191	227	142	196	756	97
General and administrative expenses	(5,750)	(5,750)	(5,750)	(5,750)	(23,000)	(1,325)
Third party management fees	(4,377)	(4,516)	(4,537)	(4,637)	(18,067)	(3,706)
Pro forma Adjusted EBITDA	**$ 22,761**	**$ 23,814**	**$ 23,325**	**$ 23,788**	**$ 93,688**	**$ 24,713**

Note: Dollars in 000s. Numbers may vary due to rounding.

(1) For Q1 2026, represents CHP information from January 1, 2026 through March 10, 2026.
(2) Includes Second Person and Level of Care fees.
(3) Includes benefits, overtime, payroll taxes and related labor costs, excluding contract labor.

Sonida SHOP Investment Portfolio - Market Fundamentals

	Sonida	Unit Inventory[1] 10 mile radius of the Company site(s)			Statistics - 10 mile radius							Statistics - State							
					Projected Population Growth (next 5 years)			% of Population		Demographics			Projected Population Growth (next 5 years)			% of Population		Demographics		
State	Communities	Existing	Under Construction	% Increase	Total	75+	Adult Child[2]	75+	Adult Child[2]	Median HH Income	Median Home Value	Unemployment %	Total	75+	Adult Child[2]	75+	Adult Child[2]	Median HH Income	Median Home Value	Unemployment %
All/Wtd Avg	**138**	**2,710**	**56**	**+2.1%**	**+3.4%**	**+24.7%**	**+2.5%**	**7.9%**	**23.7%**	**$ 87,752**	**$ 372,671**	**4.2%**	**+3.4%**	**+23.9%**	**+2.1%**	**7.9%**	**24.0%**	**$ 83,651**	**$ 350,069**	**4.2%**
TX	**30**	3,388	47	+1.4%	+6.3%	+29.1%	+9.2%	5.7%	22.9%	$ 87,554	$ 359,025	-	+6.5%	+28.4%	+8.2%	6.0%	23.3%	$ 84,821	$ 316,919	4.7%
OH	**14**	2,769	53	+1.9%	+0.6%	+21.4%	(2.9%)	8.6%	23.9%	$ 79,416	$ 282,019	4.3%	+0.6%	+21.2%	(2.7%)	8.4%	24.1%	$ 76,620	$ 255,337	4.2%
IN	**11**	1,861	64	+3.4%	+2.1%	+24.2%	+0.4%	7.3%	23.6%	$ 81,386	$ 284,629	4.5%	+1.6%	+22.5%	(1.0%)	7.7%	23.8%	$ 78,842	$ 266,749	3.8%
FL	**12**	2,114	143	+6.7%	+8.5%	+29.1%	+3.6%	11.0%	24.5%	$ 90,613	$ 416,324	4.3%	+7.5%	+24.4%	+3.7%	10.7%	25.1%	$ 82,328	$ 407,634	4.3%
OR	**9**	3,981	53	+1.3%	+0.6%	+21.3%	+2.6%	8.5%	23.7%	$ 92,294	$ 569,039	4.6%	+0.4%	+20.3%	+1.6%	8.9%	24.3%	$ 89,583	$ 552,596	4.5%
WI	**9**	1,676	43	+2.6%	+0.6%	+21.3%	(4.5%)	9.0%	25.0%	$ 83,339	$ 310,669	2.9%	+1.0%	+22.4%	(2.9%)	8.5%	24.6%	$ 84,914	$ 327,857	2.9%
GA	**7**	4,738	-	-	+3.1%	+27.3%	+4.0%	5.6%	26.2%	$ 110,250	$ 537,050	3.4%	+3.7%	+25.8%	+2.4%	6.8%	24.7%	$ 83,553	$ 367,413	4.6%
SC	**6**	1,101	72	+6.5%	+5.7%	+26.2%	+2.4%	9.3%	23.6%	$ 79,266	$ 361,048	5.2%	+6.1%	+27.4%	+2.2%	8.7%	24.4%	$ 74,731	$ 294,063	4.5%
IA	**5**	151	-	-	+1.2%	+18.7%	(3.2%)	9.6%	23.2%	$ 86,114	$ 268,629	3.8%	+1.5%	+19.6%	(1.2%)	8.5%	23.2%	$ 80,102	$ 252,597	2.9%
MO	**4**	2,743	25	+0.9%	+2.0%	+22.2%	+1.7%	7.8%	23.6%	$ 80,765	$ 282,571	4.4%	+1.5%	+21.3%	(1.1%)	8.3%	23.8%	$ 76,754	$ 270,067	3.7%
WA	**4**	2,910	49	+1.7%	+2.2%	+25.3%	+3.6%	7.6%	24.3%	$ 100,708	$ 561,365	4.4%	+3.1%	+24.2%	+4.9%	7.6%	23.8%	$ 106,667	$ 628,861	4.6%
MD	**3**	5,309	246	+4.6%	+1.9%	+21.6%	+2.7%	7.8%	23.9%	$ 95,669	$ 396,062	4.3%	+1.4%	+20.8%	(0.4%)	7.9%	25.3%	$ 109,265	$ 479,412	4.3%
MI	**3**	587	-	-	+0.2%	+21.3%	(3.4%)	8.8%	22.3%	$ 69,891	$ 242,630	4.9%	+0.6%	+21.5%	(3.9%)	8.6%	24.5%	$ 78,324	$ 271,354	4.9%
ID	**2**	2,092	-	-	+6.4%	+28.1%	+10.2%	7.1%	22.7%	$ 92,720	$ 538,185	3.4%	+6.5%	+28.4%	+6.7%	7.7%	22.8%	$ 85,227	$ 491,111	3.4%
IL	**2**	3,658	112	+3.0%	+1.4%	+22.8%	(0.1%)	7.3%	26.9%	$ 124,816	$ 400,092	3.7%	-	+19.4%	(1.0%)	8.0%	24.7%	$ 89,161	$ 297,801	5.2%
MN	**2**	7,675	108	+1.4%	+1.5%	+21.9%	+3.1%	7.2%	23.5%	$ 103,253	$ 376,940	5.1%	+1.5%	+20.6%	+0.4%	8.0%	23.9%	$ 94,261	$ 371,212	3.4%
AL	**1**	62	-	-	+0.7%	+20.3%	(6.1%)	9.1%	24.1%	$ 64,792	$ 176,667	3.0%	+2.2%	+22.6%	(1.8%)	8.3%	24.2%	$ 68,981	$ 237,607	4.3%
AZ	**1**	204	-	-	+2.9%	+16.4%	(8.9%)	14.5%	23.9%	$ 71,638	$ 412,963	4.3%	+5.0%	+21.3%	+3.8%	9.2%	23.1%	$ 87,057	$ 430,233	4.5%
KY	**1**	4,309	-	-	+2.8%	+23.4%	+1.9%	8.7%	24.3%	$ 88,971	$ 372,263	2.9%	+1.8%	+23.4%	(2.2%)	8.0%	24.5%	$ 68,280	$ 247,685	4.4%
MA	**1**	2,062	-	-	-	+21.0%	(3.0%)	8.5%	24.1%	$ 74,670	$ 339,053	3.4%	+1.8%	+21.2%	(0.2%)	8.5%	24.9%	$ 112,656	$ 644,958	4.4%
MS	**1**	1,584	-	-	(0.6%)	+22.4%	(1.0%)	7.5%	24.0%	$ 70,411	$ 287,342	5.2%	(0.2%)	+20.3%	(3.7%)	7.9%	23.9%	$ 62,500	$ 195,370	5.1%
MT	**1**	1,683	-	-	+2.9%	+23.2%	+5.3%	8.6%	22.5%	$ 79,124	$ 398,605	3.8%	+3.2%	+25.0%	+1.8%	9.0%	23.3%	$ 79,255	$ 475,490	3.0%
NC	**1**	474	-	-	+5.4%	+20.4%	(6.2%)	14.3%	26.2%	$ 70,474	$ 385,776	4.4%	+5.1%	+25.8%	+2.4%	7.9%	24.8%	$ 78,017	$ 339,796	4.3%
NE	**1**	3,394	-	-	+4.7%	+26.4%	+7.1%	6.6%	23.8%	$ 115,689	$ 387,742	4.4%	+2.2%	+21.3%	+1.5%	7.7%	22.5%	$ 82,622	$ 283,333	2.6%
NM	**1**	2,311	-	-	+0.2%	+22.2%	+2.4%	9.0%	24.0%	$ 81,336	$ 357,946	4.3%	+0.4%	+20.0%	(0.8%)	9.1%	22.9%	$ 67,788	$ 286,618	5.3%
NV	**1**	1,074	-	-	+3.3%	+28.5%	+4.1%	7.3%	23.1%	$ 90,402	$ 484,817	4.9%	+4.7%	+25.9%	+5.2%	7.9%	24.8%	$ 88,955	$ 473,790	5.6%
NY	**1**	231	-	-	+1.0%	+17.9%	(5.3%)	9.0%	18.4%	$ 77,174	$ 226,522	3.4%	+0.2%	+18.1%	(2.3%)	8.7%	24.8%	$ 92,016	$ 484,848	5.7%
OK	**1**	3,806	-	-	+3.4%	+24.2%	+6.5%	6.7%	21.7%	$ 78,571	$ 319,492	3.7%	+2.7%	+22.6%	+2.3%	7.5%	22.8%	$ 69,118	$ 240,741	4.7%
TN	**1**	3,055	-	-	(0.7%)	+21.4%	(3.7%)	7.2%	25.1%	$ 104,494	$ 416,272	5.1%	+3.9%	+25.7%	+0.8%	7.8%	24.5%	$ 74,746	$ 349,533	4.1%
UT	**1**	1,531	-	-	+4.3%	+27.1%	+10.9%	4.8%	21.5%	$ 113,083	$ 536,523	3.0%	+6.0%	+27.7%	+11.3%	5.3%	20.9%	$ 103,846	$ 567,661	3.3%
VA	**1**	3,419	449	+13.1%	(0.5%)	+21.2%	+1.3%	6.8%	22.0%	$ 85,129	$ 372,414	4.3%	+1.9%	+21.0%	+0.5%	7.8%	24.7%	$ 97,514	$ 452,193	3.8%



Note: Dollars in 000s. Numbers may vary due to rounding.
Demographics data is current as of January 1, 2026. NIC MAP Vision Seniors Housing Inventory data is current as of Q3 2026 Market Fundamentals update.
(1) Includes independent living, assisted living, and memory care units in stand-alone and continuum communities.
(2) Adult child reflects population between the ages of 45-64.
(3) 140 Metropolitan Statistical Area ("MSA") across the country are classified by NIC MAP Vision into three market classes based on the Total Population. Demographics data in this report is current as of January 1, 2026. The largest of these markets are the Primary Markets, where NIC MAP has been tracking data since Q4 2005. These are sometimes referred to as the MAP31 as there are 31 of these markets. The next largest are the Secondary Markets, where NIC MAP has been tracking data since Q1 2008. These markets are the next 68 largest markets. Finally, additional Markets are 41 markets located in close proximity to the 99 Primary and Secondary Markets and help to fill gaps between these Primary and Secondary Markets. NIC MAP has tracked data in Additional Markets since Q1 2015.