EDGAR pro
by EDGAR Online

BEACHBODY COMPANY, INC.

FORM 424B3

(Prospectus filed pursuant to Rule 424(b)(3))

Filed 11/25/26

Address	400 CONTINENTAL BLVD FLOOR 6 EL SEGUNDO, CA
Telephone	3109850200
CIK	0001826889
Symbol	BODI
SIC Code	5960 - Retail-Nonstore Retailers
Industry	Internet Services
Sector	Technology
Fiscal Year	12/31

Powered By EDGAR Online
https://www.edgar-online.com
© Copyright 2026, EDGAR Online LLC, a subsidiary of OTC Markets Group. All Rights Reserved.
Distribution and use of this document restricted under EDGAR Online LLC, a subsidiary of OTC Markets Group, Terms of Use.

Filed Pursuant to Rule 424(b)(3)
Registration No. 333-276681

PROSPECTUS SUPPLEMENT NO. 26
(to prospectus dated June 13, 2024)

THE BEACHBODY COMPANY, INC.

543,590 shares of Class A Common Stock

Issuable upon Exercise of Outstanding Warrants

This prospectus supplement is being filed to update and supplement the information contained in the prospectus dated June 13, 2024 (the "Prospectus"), related to the resale from time to time, by the selling shareholders identified in the Prospectus under the caption "Selling Shareholders," of up to 543,590 shares of our Class A common stock, $0.0001 par value per share (the "Class A Common Stock"), of The Beachbody Company, Inc., a Delaware corporation ("we," "us," "our" and similar terms), they may acquire upon the exercise of outstanding warrants, which we refer to as the "Common Warrants," with the information contained in our Current Report on Form 8-K, filed with the Securities and Exchange Commission ("SEC") on November 25, 2026 (the "Information"), other than the information included in Item 7.01 and Exhibit 99.1, which was furnished and not filed with the SEC. Accordingly, we have attached the Information to this prospectus supplement.

This prospectus supplement updates and supplements the information in the Prospectus and is not complete without, and may not be delivered or utilized except in combination with, the Prospectus, including any amendments or supplements thereto. This prospectus supplement should be read in conjunction with the Prospectus and if there is any inconsistency between the information in the Prospectus and this prospectus supplement, you should rely on the information in this prospectus supplement.

Our shares of Class A Common Stock are listed on The Nasdaq Stock Market LLC under the symbol "BODI." On November 24, 2026, the closing sale price per share of our Class A Common Stock was $2.45.

Investing in our securities involves risks that are described in the "Risk Factors" section beginning on page 11 of the Prospectus. Neither the SEC nor any state securities commission has approved or disapproved of the securities to be issued under the Prospectus or determined if the Prospectus or this prospectus supplement is truthful or complete. Any representation to the contrary is a criminal offense.

The date of this prospectus supplement November 25, 2026.

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 23, 2026

The Beachbody Company, Inc.
(Exact name of Registrant as Specified in Its Charter)

Delaware	**001-39735**	**85-3222090**
(State or Other Jurisdiction of Incorporation)	**(Commission File Number)**	**(IRS Employer Identification No.)**

400 Continental Blvd **Floor 6** **El Segundo, California**	**90245**
(Address of Principal Executive Offices)	**(Zip Code)**

Registrant's Telephone Number, Including Area Code: (310) 883-9000

N/A
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Class A Common Stock, par value $0.0001 per share	BODI	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Mark R. Goldston Resignation

On November 25, 2026, The Beachbody Company, Inc. (the "Company") announced that Mark R. Goldston is retiring from the Company, and both stepping down as Executive Chairman of the Company and resigning as a member of the Company's board of directors (the "Board"), effective immediately. Carl Daikeler will assume the position of Chairman in addition to his current role of Chief Executive Officer, and will not receive any additional compensation for his service as Chairman.

Temporary Salary Reductions

On November 23, 2026, the Compensation Committee for the Board approved a reduction in the base salary of Carl Daikeler effective immediately. Mr. Daikeler's annual base salary will be reduced from $765,000 to $535,500. Mr. Daikeler agreed to the reduction as a cost-saving measure in the best interest of the Company at the current time and remains focused on increasing stockholder value.

Item 7.01. Regulation FD Disclosure.

On November 25, 2026, the Company issued a press release announcing Mr. Goldston's resignation as described above in Item 5.02 of this Current Report on Form 8-K. The full text of the press release is attached as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

In accordance with General Instruction B.2 of Form 8-K, the information contained or incorporated in this Item 7.01, including the press release furnished herewith as Exhibit 99.1, shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, regardless of any general incorporation language in such filing, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description
99.1	Press Release, dated November 25, 2026
104	Cover Page Interactive Data File (embedded within the Inline XBRL document).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

The Beachbody Company, Inc.

Date: November 25, 2026

By: /s/ Jonathan Gelfand
Jonathan Gelfand
Executive Vice President, Business & Legal Affairs, Corporate Secretary

Exhibit 99.1

Beachbody (BODi) Announces Retirement of Mark R. Goldston as Executive Chairman

Co-Founder and Chief Executive Officer Carl Daikeler Reinstated as Chairman of the Board of Directors

EL SEGUNDO, Calif. —The Beachbody Company, Inc. (NASDAQ: BODI) ("BODi" or the "Company"), the proactive wellness company delivering nutrition, supplements, and proven fitness programs that help people take control of their health inside and out, today announced that Mark R. Goldston will retire from his role as Executive Chairman of BODi and step down from the Board, effective November 25, 2026. The Company's Board of Directors has reinstated Carl Daikeler, Co-Founder and Chief Executive Officer, as Chairman of the Board.

"I have thoroughly enjoyed my time at The Beachbody Company, working with an outstanding group of people. I joined the company with a mandate to help engineer a financial turnaround while helping to transform the business into an omnichannel model with a compelling pipeline of innovative products. I believe we have fulfilled that mandate and I am confident that the team will drive the company forward and achieve the growth we all expect to see. I am retiring from The Beachbody Company and I am excited about the next chapter. , said Mark R. Goldston, Executive Chairman of the Beachbody Company.

Mr. Goldston joined The Beachbody Company in June of 2023 to oversee its financial turnaround. He helped restructure the company, transform its business model from multi-level marketing model to an omni channel model, lower its breakeven level from $900 million to the current $120 million, refinance its outstanding debt, and deliver 12 consecutive quarters of positive adjusted EBITDA. Mr. Goldston also helped develop the BODI innovation pipeline with the new line of P90X nutritional supplements, Insanity Liquid Shock and P90X Energy Drinks, Insanity Pre-Workout powder, and several other new products in the innovation pipeline for 2027 and beyond.

"Mark brought deep turnaround experience at a critical moment for the company. He helped guide us through difficult challenges and strengthened our financial foundation. I'm extremely grateful for his work, proud of what we accomplished together, and am sure that his retirement from BODi is merely a brief transition in a career that will continue to stack additional remarkable successes, it's just how he is wired," said Carl Daikeler, Co-Founder and Chief Executive Officer of BODi. "As we move into our next chapter, it's my job to use the strong foundation Mark built to pursue our next phase of growth."

About BODi and The Beachbody Company, Inc.

BODi is the proactive wellness company delivering nutrition, supplements, and proven fitness programs that help people take control of their health inside and out. With nearly three decades of experience, BODi, formerly Beachbody, has evolved from a leader in home fitness into a comprehensive health and fitness ecosystem designed to help people achieve their goals and lead healthier, more fulfilling lives. Anchored by science-backed nutrition solutions like Shakeology and supported by its portfolio of proven fitness and habit-building programs, including P90X and INSANITY, BODi is creating a more accessible and effective path to long-term health. Since its inception, BODi has supported more than 30 million customers in achieving lasting results. The company continues to innovate across nutrition and digital fitness to deliver simple, proven solutions for modern lifestyles. For more information, please visit TheBeachBodyCompany.com.

Investor Relations

IR@BODi.com