

HERITAGE WEALTH ADVISORS

FORM 13F-HR/A (Form 13F Holdings Report)

Filed 12/12/24 for the Period Ending 06/30/23

Address	919 E MAIN STREET SUITE 950 RICHMOND, VA, 23219
Telephone	8046434080
CIK	0001591122
Fiscal Year	12/31

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
FORM 13F

OMB APPROVAL

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FORM 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 06-30-2023

Check here if Amendment: Amendment Number: 1

This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: Heritage Wealth Advisors
Address: 919 E MAIN STREET
SUITE 950
RICHMOND VA 23219

Form 13F File Number: 028-15751

CRD Number (if applicable): 000137484

SEC File Number (if applicable): 801-64803

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Tina Leiter
Title: Chief Compliance Officer
Phone: 804-323-4803

Signature, Place, and Date of Signing:

Tina Leiter Richmond, VIRGINIA 12-12-2024
[Signature] [City, State] [Date]

Do you wish to provide information pursuant to Special Instruction 5? Yes No

Report Type (Check only one.):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

Form 13F Summary Page

Report Summary:

Number of Other Included Managers:	<u>0</u>
Form 13F Information table Entry Total:	<u>574</u>
Form 13F Information table Value Total:	<u>1,889,591,674</u> (round to nearest dollar)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

NONE

FORM 13F INFORMATION TABLE

COLUMN 1 NAME OF ISSUER	COLUMN 2 TITLE OF CLASS	COLUMN 3 CUSIP	COLUMN 4 FIGI	COLUMN 5 VALUE (round to nearest dollar)	SHRS OR PRN AMT	SH/ PRN	PUT/ CALL	COLUMN 6 INVESTMENT DISCRETION	COLUMN 7 OTHER MANAGER	COLUMN 8 VOTING AUTHORITY		
										SOLE	SHARED	NONE
1/100 Berkshire Htwy Cla	CLA	084990175	-	2,071,240	400	SH	-	SOLE	-	0	0	400
1/100000 Wells Fargo Pfd (NV)	Preferred Stock	KEK746889	-	6	62,200	SH	-	SOLE	-	0	0	62,200
22nd Century Group Inc	COM	90137F202	-	98,046	256,195	SH	-	SOLE	-	0	0	256,195
2U Inc	COM	90214J101	-	4,433	1,100	SH	-	SOLE	-	0	0	1,100
3m Company	COM	88579Y101	-	306,959	3,067	SH	-	SOLE	-	0	0	3,067
A E S Corp	COM	00130H105	-	38,869	1,875	SH	-	SOLE	-	0	0	1,875
A F L A C Inc	COM	001055102	-	51,704	741	SH	-	SOLE	-	0	0	741
A T & T Inc New	COM	00206R102	-	5,818	365	SH	-	SOLE	-	0	0	365
Abbott Laboratories	COM	002824100	-	1,275,689	11,701	SH	-	SOLE	-	0	0	11,701
Abbvie Inc Com Usd0.01	COM	00287Y109	-	1,345,178	9,984	SH	-	SOLE	-	336	0	9,648
Accenture Ltd Cl A	CLA	G1151C101	-	347,130	1,125	SH	-	SOLE	-	230	0	895
Activision Inc	COM	00507V109	-	4,384	52	SH	-	SOLE	-	0	0	52
Adaptive Biotechnologies Corp	COM	00650F109	-	758	113	SH	-	SOLE	-	0	0	113
Adobe Systems Inc	COM	00724F101	-	777,005	1,589	SH	-	SOLE	-	539	0	1,050
Advance Auto Parts Inc	COM	00751Y106	-	10,545	150	SH	-	SOLE	-	0	0	150
Advanced Explorations Inc	COM	00765C108	-	0	100	SH	-	SOLE	-	0	0	100
Advanced Micro Devices	COM	007903107	-	249,691	2,192	SH	-	SOLE	-	0	0	2,192
AdvisorShares Pure US Cannabis ETF	ETF	00768Y453	-	659	119	SH	-	SOLE	-	0	0	119
Aecom Technology Corp	COM	00766T100	-	27,524	325	SH	-	SOLE	-	0	0	325
Affirm Holdings Inc	COM	00827B106	-	230	15	SH	-	SOLE	-	0	0	15
Agilent Technologies Inc	COM	00846U101	-	19,962	166	SH	-	SOLE	-	0	0	166
Air Prod & Chemicals Inc	COM	009158106	-	866,352	2,892	SH	-	SOLE	-	0	0	2,892
Airbnb Inc	COM	009066101	-	12,816	100	SH	-	SOLE	-	0	0	100
Akamai Technologies	COM	00971T101	-	13,301	148	SH	-	SOLE	-	0	0	148
Akoustis Technologies Inc	COM	00973N102	-	398	125	SH	-	SOLE	-	0	0	125
Albemarle Corp	COM	012653101	-	669,270	3,000	SH	-	SOLE	-	0	0	3,000
Alcon Inc Ord Shs	ORD SHS	H01301128	-	18,393	224	SH	-	SOLE	-	0	0	224
Align Technology Inc	COM	016255101	-	70,728	200	SH	-	SOLE	-	0	0	200
Allegion PLC	ORD SHS	G0176J109	-	39,967	333	SH	-	SOLE	-	0	0	333
Allstate Corporation	COM	020002101	-	184,169	1,689	SH	-	SOLE	-	0	0	1,689
Alphabet Inc. Class A	CAP STK CLA	02079K305	-	4,964,558	41,475	SH	-	SOLE	-	20,100	0	21,375
Alphabet Inc. Class C	CAP STK CL C	02079K107	-	40,035,000	330,950	SH	-	SOLE	-	142,318	0	188,632
ALPS Sector Dividend Dogs ETF	ETF	00162Q858	-	24,035	481	SH	-	SOLE	-	0	0	481
Altria Group Inc	COM	02209S103	-	3,945,981	87,108	SH	-	SOLE	-	0	0	87,108
Amazon Com Inc	COM	023135106	-	4,322,216	33,156	SH	-	SOLE	-	10,640	0	22,516
Amcore Financial Inc.	COM	023912108	-	0	40	SH	-	SOLE	-	0	0	40
Amer Electric Pwr Co Inc	COM	025537101	-	78,306	930	SH	-	SOLE	-	0	0	930
Ameren Corporation	COM	023608102	-	33,485	410	SH	-	SOLE	-	0	0	410
America First Multifamily Investors LP	COM UT LTD PTN	02364V206	-	9,229	560	SH	-	SOLE	-	0	0	560
American Century U.S. Quality Value ETF	ETF	025072208	-	1,548,619	31,116	SH	-	SOLE	-	3,000	0	28,116
American Express Company	COM	025816109	-	739,395	4,245	SH	-	SOLE	-	0	0	4,245
Ameriprise Financial Inc	COM	03076C106	-	79,718	240	SH	-	SOLE	-	0	0	240
Amern Tower Corp Class A	CLA	03027X100	-	40,727	210	SH	-	SOLE	-	0	0	210
Amgen Incorporated	COM	031162100	-	883,418	3,979	SH	-	SOLE	-	180	0	3,799
Amphenol Corp Cl A	CLA	032095101	-	168,541	1,984	SH	-	SOLE	-	0	0	1,984
Amplify Transformational Data Shrg ETF	ETF	032108607	-	341	15	SH	-	SOLE	-	0	0	15
Analog Devices Inc	COM	032654105	-	108,865	559	SH	-	SOLE	-	0	0	559
Ansys Inc	COM	03662Q105	-	34,348	104	SH	-	SOLE	-	0	0	104
Anthem Inc	COM	036752103	-	2,286,553	5,147	SH	-	SOLE	-	1,362	0	3,785
Aon Plc Com Usd0.01 Cl A	CLA	G0403H108	-	363,496	1,053	SH	-	SOLE	-	0	0	1,053
Apollo Global Management LLC Class A	CLA	03769M106	-	76,810	1,000	SH	-	SOLE	-	0	0	1,000
Apple Computer Inc	COM	037833100	-	55,681,875	287,064	SH	-	SOLE	-	107,379	0	179,685
Applied Materials Inc	COM	038222105	-	758,401	5,247	SH	-	SOLE	-	362	0	4,885

APPROVIN CORP CLA	CLA	03831W108	-	2,573	100	SH	-	SOLE	-	0	0	100
Aptargroup Inc	COM	038336103	-	205,072	1,770	SH	-	SOLE	-	0	0	1,770
Aptiv Plc	COM	G6095L109	-	44,103	432	SH	-	SOLE	-	0	0	432
APW	COM	G04397108	-	0	160	SH	-	SOLE	-	0	0	160
Archer-Daniels-Midlnd Co	COM	039483102	-	82,738	1,095	SH	-	SOLE	-	0	0	1,095
Ardagh Metal Packaging SA	COM	L02235106	-	327	87	SH	-	SOLE	-	0	0	87
Ares Capital Corp	COM	04010L103	-	422,269	22,473	SH	-	SOLE	-	0	0	22,473
ARMOUR Residential REIT Inc	REIT	042315507	-	549	103	SH	-	SOLE	-	0	0	103
ARRIVAL ORD	ORD SHS	L0423Q124	-	26	10	SH	-	SOLE	-	0	0	10
Arthur J Gallagher & Co	COM	363576109	-	328,916	1,498	SH	-	SOLE	-	0	0	1,498
ATHENE HOLDING LTD 6.35 SER A	Preferred Stock	G0684D305	-	21,000	1,000	SH	-	SOLE	-	0	0	1,000
Atlantic Un Bankshares Corp	COM	04911A107	-	497,903	19,187	SH	-	SOLE	-	0	0	19,187
Auto Data Processing	COM	053015103	-	980,040	4,459	SH	-	SOLE	-	0	0	4,459
Autodesk Inc	COM	052769106	-	196,426	960	SH	-	SOLE	-	0	0	960
Autonation Inc	COM	05329W102	-	22,716	138	SH	-	SOLE	-	0	0	138
Autozone Inc	COM	053332102	-	59,841	24	SH	-	SOLE	-	0	0	24
Avago Technologies Ltd	COM	11135F101	-	79,804	92	SH	-	SOLE	-	0	0	92
AvalonBay Communities Inc	COM	053484101	-	484,074	2,558	SH	-	SOLE	-	0	0	2,558
Avery Dennison Corp	COM	053611109	-	158,056	920	SH	-	SOLE	-	0	0	920
Babcock & Wilcox Enterprises Inc	COM	05614L209	-	53	9	SH	-	SOLE	-	0	0	9
Banco Santander SA	COM	05964H105	-	1,484	400	SH	-	SOLE	-	0	0	400
Bank Of America Corp	COM	060505104	-	1,032,997	36,005	SH	-	SOLE	-	0	0	36,005
Bank of New York Mellon Corp.	COM	064058100	-	351,218	7,889	SH	-	SOLE	-	7,189	0	700
Baxter International Inc	COM	071813109	-	53,989	1,185	SH	-	SOLE	-	0	0	1,185
Becton Dickinson & Co	COM	075887109	-	212,955	807	SH	-	SOLE	-	0	0	807
Berkley W R Corp	COM	084423102	-	113,700	1,909	SH	-	SOLE	-	0	0	1,909
Berkshire Hathaway Cl B	CL B	084670702	-	44,105,963	129,343	SH	-	SOLE	-	53,037	0	76,306
Berry Plastics Group Inc	COM	08579W103	-	4,504	70	SH	-	SOLE	-	0	0	70
Beyond Meat Inc	COM	08862E109	-	1,597	123	SH	-	SOLE	-	0	0	123
Biogen Idec Inc	COM	09062X103	-	569,700	2,000	SH	-	SOLE	-	0	0	2,000
Blackrock Inc	COM	09247X101	-	359,561	520	SH	-	SOLE	-	0	0	520
Blackstone Group LP	COM UNIT LTD	09260D107	-	548,988	5,905	SH	-	SOLE	-	0	0	5,905
Blue Ridge Bankshares Inc	COM	095825105	-	1,325,141	149,733	SH	-	SOLE	-	0	0	149,733
Boeing Co	COM	097023105	-	258,249	1,223	SH	-	SOLE	-	0	0	1,223
Booking Hldgs Inc	COM	09857L108	-	110,714	41	SH	-	SOLE	-	0	0	41
Booz Allen Hamilton Holding Corp	COM	099502106	-	6,696	60	SH	-	SOLE	-	0	0	60
Boston Scientific Corp	COM	101137107	-	6,112	113	SH	-	SOLE	-	0	0	113
Bp Plc ADR	ADR	055622104	-	89,919	2,548	SH	-	SOLE	-	0	0	2,548
Bristol-Myers Squibb Co	COM	110122108	-	165,119	2,582	SH	-	SOLE	-	1,170	0	1,412
Broadridge Finl Solution	COM	11133T103	-	373,661	2,256	SH	-	SOLE	-	0	0	2,256
Brookfield Asset Management	COM	113004105	-	623,005	19,093	SH	-	SOLE	-	0	0	19,093
Brookfield Corporation	COM	11271J107	-	30,104,118	894,625	SH	-	SOLE	-	364,566	0	530,059
BROOKFIELD REINSRNC EX VOTN CL A ORD	ORD SHS	G16169107	-	440	13	SH	-	SOLE	-	0	0	13
Brookfield Renewable Corp Ordinary Shares - Class	COM	11284V105	-	10,118	321	SH	-	SOLE	-	0	0	321
Brookfield Renewable Partners LP	COM	G16258108	-	38,131	1,293	SH	-	SOLE	-	0	0	1,293
C H Robinson Worldwd New	COM	12541W209	-	73,593	780	SH	-	SOLE	-	0	0	780
C S X Corp	COM	126408103	-	2,375,304	69,657	SH	-	SOLE	-	1,824	0	67,833
C V S Corp Del	COM	126650100	-	322,353	4,663	SH	-	SOLE	-	0	0	4,663
Canadian Natl Ry Co	COM	136375102	-	144,679	1,195	SH	-	SOLE	-	0	0	1,195
Canadian Pac Railway	COM	13646K108	-	226,156	2,800	SH	-	SOLE	-	0	0	2,800
Canopy Growth Corp	COM	138035100	-	188	485	SH	-	SOLE	-	0	0	485
Capital One Financial Cp	COM	14040H105	-	242,140	2,214	SH	-	SOLE	-	0	0	2,214
Cardinal Health Inc	COM	14149Y108	-	34,802	368	SH	-	SOLE	-	0	0	368
Carlyle Secured Lending Inc	COM	872280102	-	21,840	1,500	SH	-	SOLE	-	0	0	1,500
Carmax Inc	COM	143130102	-	1,491,534	17,820	SH	-	SOLE	-	0	0	17,820
Carnival Corp New	COM	143658300	-	1,883	100	SH	-	SOLE	-	0	0	100
Carrier Global Corp-Wi	COM	14448C104	-	34,797	700	SH	-	SOLE	-	0	0	700
Casella Waste Systems Inc	COM	147448104	-	29,487	326	SH	-	SOLE	-	0	0	326
Catalyst Pharmaceuticals Inc	COM	14888U101	-	13,440	1,000	SH	-	SOLE	-	0	0	1,000

Caterpillar Inc	COM	149123101	-	628,904	2,556	SH	-	SOLE	-	0	0	2,556
CBRE Group Inc	COM	12504L109	-	231,638	2,870	SH	-	SOLE	-	0	0	2,870
Cee Spincor Inc	COM	538034109	-	20,955	230	SH	-	SOLE	-	0	0	230
CEL-SCI Corp	COM	150837607	-	67	28	SH	-	SOLE	-	0	0	28
Chesapeake Financial Shares Inc	COM	16517A109	-	7,931	412	SH	-	SOLE	-	0	0	412
Chevron Corporation	COM	166764100	-	1,469,814	9,341	SH	-	SOLE	-	0	0	9,341
Chicago Mercantile Exch	COM	12572Q105	-	55,402	299	SH	-	SOLE	-	0	0	299
Chipotle Mexican Grill	COM	169656105	-	53,475	25	SH	-	SOLE	-	0	0	25
Chubb Corporation	COM	H1467J104	-	116,524	605	SH	-	SOLE	-	0	0	605
Church & Dwight Co Inc	COM	171340102	-	39,691	396	SH	-	SOLE	-	0	0	396
Cigna Corp	COM	125523100	-	368,147	1,312	SH	-	SOLE	-	0	0	1,312
Cintas Corp	COM	172908105	-	503,542	1,013	SH	-	SOLE	-	0	0	1,013
Cisco Systems Inc	COM	17275R102	-	1,209,822	23,383	SH	-	SOLE	-	883	0	22,500
Citigroup Inc	COM	172967358	-	128,782	4,050	SH	-	SOLE	-	0	0	4,050
Citizens Finl Group Inc Com	COM	174610105	-	7,485	287	SH	-	SOLE	-	0	0	287
City Holding Co	COM	177835105	-	129,586	1,440	SH	-	SOLE	-	0	0	1,440
Coca Cola Company	COM	191216100	-	1,169,343	19,418	SH	-	SOLE	-	0	0	19,418
Co-Diagnostics Inc	COM	189763105	-	583	525	SH	-	SOLE	-	0	0	525
Cognizant Tech Sol Cl A	CLA	192446102	-	29,964	459	SH	-	SOLE	-	0	0	459
Colgate-Palmolive Co	COM	194162103	-	62,248	808	SH	-	SOLE	-	0	0	808
Comcast Corp New Cl A	CLA	20030N101	-	38,880,927	935,762	SH	-	SOLE	-	448,215	0	487,547
Companhia Vale Do Adr	ADR	767204100	-	12,768	200	SH	-	SOLE	-	0	0	200
Compass Diversified Holdings	COM	20451Q104	-	4,121	190	SH	-	SOLE	-	0	0	190
Compass Pathways PLC	COM	20451W101	-	207	25	SH	-	SOLE	-	0	0	25
Comwlth Bankshares	COM	202736104	-	0	1,100	SH	-	SOLE	-	0	0	1,100
Conagra Foods Inc	COM	205887102	-	15,174	450	SH	-	SOLE	-	0	0	450
Conocophillips	COM	20825C104	-	28,846,759	278,417	SH	-	SOLE	-	110,483	0	167,934
Constellation Brand Cl A	CLA	21036P108	-	40,858	166	SH	-	SOLE	-	0	0	166
Constellation Energy Co	COM	21037T109	-	6,042	66	SH	-	SOLE	-	0	0	66
Contra Abiomed Inc Com	COM	003CVR016	-	0	200	SH	-	SOLE	-	0	0	200
Corning Inc	COM	219350105	-	167,912	4,792	SH	-	SOLE	-	0	0	4,792
Corporate Office Properties Trust	REIT	22002T108	-	38,000	1,600	SH	-	SOLE	-	0	0	1,600
Corteva Inc com	COM	22052L104	-	36,787	642	SH	-	SOLE	-	0	0	642
Costar Group Inc	COM	22160N109	-	67,195	755	SH	-	SOLE	-	0	0	755
Costco Whsl Corp New	COM	22160K105	-	1,612,357	2,995	SH	-	SOLE	-	0	0	2,995
Cresco Labs Inc	COM	22587M106	-	578	386	SH	-	SOLE	-	0	0	386
Cronos Group Inc	COM	22717L101	-	2,719	1,380	SH	-	SOLE	-	0	0	1,380
Crown Castle Intl Corp	COM	22822V101	-	2,731	24	SH	-	SOLE	-	0	0	24
CubeSmart	COM	229663109	-	8,932	200	SH	-	SOLE	-	0	0	200
Cummins Inc	COM	231021106	-	56,301	230	SH	-	SOLE	-	0	0	230
Curaleaf Holdings Inc	COM	23126M102	-	1,100	356	SH	-	SOLE	-	0	0	356
D T E Energy Company	COM	233331107	-	44,008	400	SH	-	SOLE	-	0	0	400
Danaher Corp Del	COM	235851102	-	477,677	1,990	SH	-	SOLE	-	0	0	1,990
DBV Technologies SA	COM	23306J101	-	11,400	6,000	SH	-	SOLE	-	0	0	6,000
Deere & Co	COM	244199105	-	416,948	1,029	SH	-	SOLE	-	0	0	1,029
Dell Inc	COM	24703L202	-	15,421	285	SH	-	SOLE	-	0	0	285
Delta Air Lines Inc New	COM	247361702	-	3,328	70	SH	-	SOLE	-	0	0	70
Devon Energy Cp New	COM	25179M103	-	9,668	200	SH	-	SOLE	-	0	0	200
Dexcom Inc	COM	252131107	-	336,182	2,616	SH	-	SOLE	-	0	0	2,616
DFA TA World ex US Core Equity I	ETF	25434V880	-	92,308	3,960	SH	-	SOLE	-	0	0	3,960
Diageo Plc New Adr	SPON ADR NEW	25243Q205	-	838,776	4,835	SH	-	SOLE	-	0	0	4,835
Diamonds TRUST Series I	UT SER 1	78467X109	-	245,509	714	SH	-	SOLE	-	0	0	714
Dicks Sporting Goods Inc	COM	253393102	-	297	2	SH	-	SOLE	-	0	0	2
DIMENSIONAL U S CORE EQUITY 2 ETF	ETF	25434V708	-	879,796	32,405	SH	-	SOLE	-	0	0	32,405
Discover Financial Svcs	COM	254709108	-	57,607	493	SH	-	SOLE	-	0	0	493
Disney Walt Co	COM	254687106	-	19,019,495	213,032	SH	-	SOLE	-	101,385	0	111,647
Dollar General Corp	COM	256677105	-	47,632	281	SH	-	SOLE	-	245	0	36
Dollar Tree Inc	COM	256746108	-	50,225	350	SH	-	SOLE	-	0	0	350
Dominion Res Inc Va New	COM	25746U109	-	1,125,500	21,732	SH	-	SOLE	-	0	0	21,732

Dover Corporation	COM	260003108	-	292,347	1,980	SH	-	SOLE	-	0	0	1,980
Dow Chemical Company	COM	260557103	-	58,799	1,104	SH	-	SOLE	-	0	0	1,104
DT MIDSTREAM ORD WI	COM	23345M107	-	7,436	150	SH	-	SOLE	-	0	0	150
Duke Energy Corp New Dp Rep Pfd A	Preferred Stock	26441C501	-	24,800	1,000	SH	-	SOLE	-	0	0	1,000
Duke Energy New	COM	26441C204	-	435,508	4,853	SH	-	SOLE	-	0	0	4,853
Dupont De Nemours Inc	COM	26614N102	-	36,434	510	SH	-	SOLE	-	0	0	510
Eaton Corporation	COM	G29183103	-	181,996	905	SH	-	SOLE	-	0	0	905
Ebay Inc	COM	278642103	-	19,038	426	SH	-	SOLE	-	0	0	426
Ecolab Inc	COM	278865100	-	92,972	498	SH	-	SOLE	-	0	0	498
Edwards Lifesciences Cp	COM	28176E108	-	342,512	3,631	SH	-	SOLE	-	0	0	3,631
Electronic Arts Inc	COM	285512109	-	29,183	225	SH	-	SOLE	-	0	0	225
Eli Lilly and Co	COM	532457108	-	695,028	1,482	SH	-	SOLE	-	0	0	1,482
Emerson Electric Co	COM	291011104	-	619,804	6,857	SH	-	SOLE	-	0	0	6,857
Enbridge Inc	COM	29250N105	-	217,216	5,847	SH	-	SOLE	-	0	0	5,847
Encompass Health Corp	COM	29261A100	-	129,868	1,918	SH	-	SOLE	-	0	0	1,918
Energy Transfer Equity LP	COM UT LTD PTN	29273V100	-	15,825	1,246	SH	-	SOLE	-	0	0	1,246
ENHABIT ORD WI	ORD SHS	29332G102	-	11,029	959	SH	-	SOLE	-	0	0	959
Enterprise Prd Ptnrs Lp	COM UT LTD PTN	293792107	-	9,226,031	350,134	SH	-	SOLE	-	90,519	0	259,615
EPR Properties	COM	26884U109	-	140,400	3,000	SH	-	SOLE	-	0	0	3,000
Equity Lifestyle Properties Inc	COM	29472R108	-	21,685	324	SH	-	SOLE	-	0	0	324
Escrow Altegrity Inc Com	COM	021ESC017	-	215	57	SH	-	SOLE	-	0	0	57
ETFS Physical Palladium	ETF	003262102	-	128,003	1,125	SH	-	SOLE	-	0	0	1,125
Etsy Inc com	COM	29786A106	-	7,192	85	SH	-	SOLE	-	0	0	85
Everest Re Group Ltd	COM	G3223R108	-	27,349	80	SH	-	SOLE	-	0	0	80
Evergy Inc	COM	30034W106	-	46,736	800	SH	-	SOLE	-	0	0	800
Eversource Energy	COM	30040W108	-	14,184	200	SH	-	SOLE	-	0	0	200
Exelon Corporation	COM	30161N101	-	8,148	200	SH	-	SOLE	-	0	0	200
Exxon Mobil Corporation	COM	30231G102	-	3,822,283	35,639	SH	-	SOLE	-	0	0	35,639
F N B Corp	COM	302520101	-	721	63	SH	-	SOLE	-	0	0	63
F5 Networks Inc	COM	315616102	-	20,476	140	SH	-	SOLE	-	0	0	140
Fairfax India Ho-Sub Com Sub Vtg Shs Isi	COM	303897102	-	507,162	36,200	SH	-	SOLE	-	0	0	36,200
Ferguson PLC	COM	G3421J106	-	29,574	188	SH	-	SOLE	-	0	0	188
Fidelity Natl Finl Inc	COM	31620R303	-	31,896	886	SH	-	SOLE	-	0	0	886
Fidelity MSCI Materials ETF	ETF	316092881	-	3,500	75	SH	-	SOLE	-	0	0	75
Fiserv Inc	COM	337738108	-	482,902	3,828	SH	-	SOLE	-	0	0	3,828
Fisker Inc Ordinary Shares - Class A	CLA A	33813J106	-	1,974	350	SH	-	SOLE	-	0	0	350
Ford Motor Company New	COM	345370860	-	267,752	17,697	SH	-	SOLE	-	0	0	17,697
Fortinet Inc	COM	34959E109	-	283,463	3,750	SH	-	SOLE	-	0	0	3,750
Fortune Brands Home & Security Inc	COM	34964C106	-	3,238	45	SH	-	SOLE	-	0	0	45
FS KKR Capital Corp	COM	302635206	-	334,412	17,435	SH	-	SOLE	-	0	0	17,435
Fulton Financial Corp	COM	360271100	-	7,569	635	SH	-	SOLE	-	0	0	635
GCI LIBERTY INC XXX SUBMITTED FOR ESCROW CL A	CLA	361ESC049	-	655	3,631	SH	-	SOLE	-	0	0	3,631
GE HEALTHCARE TECHNOLOGIES ORD WI	ORD SHS	36266G107	-	172,229	2,120	SH	-	SOLE	-	0	0	2,120
General Dynamics Corp	COM	369550108	-	1,041,756	4,842	SH	-	SOLE	-	190	0	4,652
General Electric Company	COM	369604301	-	742,366	6,758	SH	-	SOLE	-	0	0	6,758
General Motors Corp	COM	37045V100	-	114,759	2,976	SH	-	SOLE	-	0	0	2,976
Genuine Parts Co	COM	372460105	-	194,615	1,150	SH	-	SOLE	-	0	0	1,150
Gildan Activewear Inc	COM	375916103	-	74,507	2,311	SH	-	SOLE	-	0	0	2,311
Gilead Sciences Inc	COM	375558103	-	189,900	2,464	SH	-	SOLE	-	0	0	2,464
Global X Blockchain ETF	ETF	37960A735	-	93	3	SH	-	SOLE	-	0	0	3
Goldman Sachs ActiveBeta EMkts Eq ETF	ETF	381430206	-	5,980	200	SH	-	SOLE	-	0	0	200
Goldman Sachs Group Inc	COM	38141G104	-	398,840	1,237	SH	-	SOLE	-	0	0	1,237
Green Thumb Industries Inc	COM	39342L108	-	1,275	168	SH	-	SOLE	-	0	0	168
Hanover Insurance Group	COM	410867105	-	218,148	1,930	SH	-	SOLE	-	0	0	1,930
Hartford Finl Svcs Grp	COM	416515104	-	23,407	325	SH	-	SOLE	-	0	0	325
Hca Inc	COM	40412C101	-	169,138	557	SH	-	SOLE	-	0	0	557
Healthcare Realty TRUST	COM	42226K105	-	8,487	450	SH	-	SOLE	-	0	0	450
Heico Corp	COM	422806208	-	91,390	650	SH	-	SOLE	-	0	0	650

Hershey Company	COM	427866108	-	27,452	110	SH	-	SOLE	-	0	0	110
Hewlett Packard Enterprises	COM	42824C109	-	6,720	400	SH	-	SOLE	-	0	0	400
Hewlett-Packard Company	COM	40434L105	-	43,178	1,406	SH	-	SOLE	-	0	0	1,406
Highwoods Pptys Inc	COM	431284108	-	38,662	1,617	SH	-	SOLE	-	0	0	1,617
Hologic Inc	COM	436440101	-	56,517	698	SH	-	SOLE	-	0	0	698
Home Depot Inc	COM	437076102	-	27,021,858	86,988	SH	-	SOLE	-	39,984	0	47,004
Honeywell International	COM	438516106	-	815,636	3,931	SH	-	SOLE	-	1,070	0	2,861
Horizon Pharma Plc	COM	G46188101	-	10,285	100	SH	-	SOLE	-	0	0	100
Humana Inc	COM	444859102	-	87,190	195	SH	-	SOLE	-	0	0	195
Huntington Bancshs Inc	COM	446150104	-	2,089	194	SH	-	SOLE	-	0	0	194
Huntsman Corporation	COM	447011107	-	121,590	4,500	SH	-	SOLE	-	0	0	4,500
IAC/InterActiveCorp	COM	44891N208	-	126	2	SH	-	SOLE	-	0	0	2
Idexx Labs Inc	COM	45168D104	-	99,442	198	SH	-	SOLE	-	0	0	198
Illinois Tool Works Inc	COM	452308109	-	1,285,460	5,139	SH	-	SOLE	-	0	0	5,139
Indigenous Bloom Hemp Corp	COM	45569M109	-	1	50	SH	-	SOLE	-	0	0	50
Ingersoll-Rand plc	COM	45687V106	-	228,041	3,489	SH	-	SOLE	-	0	0	3,489
Ingredion Inc	COM	457187102	-	55,306	522	SH	-	SOLE	-	0	0	522
Innovative Industrial Properties Inc	COM	45781V101	-	2,303	32	SH	-	SOLE	-	0	0	32
Intel Corp	COM	458140100	-	435,489	13,023	SH	-	SOLE	-	213	0	12,810
Intl Business Machines	COM	459200101	-	558,255	4,172	SH	-	SOLE	-	0	0	4,172
Intrcontinentalexchange	COM	45866F104	-	5,880	52	SH	-	SOLE	-	0	0	52
Intuit Inc	COM	461202103	-	702,974	1,534	SH	-	SOLE	-	0	0	1,534
Intuitive Surgical New	COM	46120E602	-	811,424	2,373	SH	-	SOLE	-	0	0	2,373
Invesco Financial Preferred ETF	ETF	46137V621	-	5,510	384	SH	-	SOLE	-	0	0	384
Invesco NASDAQ Next Gen 100 ETF	ETF	46138G631	-	2,614	100	SH	-	SOLE	-	0	0	100
Invesco S&P 500 Equal Weight ETF	ETF	46137V357	-	2,019,841	13,498	SH	-	SOLE	-	0	0	13,498
Invesco S&P 500 Low Volatility ETF	ETF	46138E354	-	57,283	912	SH	-	SOLE	-	0	0	912
Ishares Barclays Aggregate Bond	ETF	464287226	-	414,891	4,236	SH	-	SOLE	-	0	0	4,236
iShares Core Dividend Growth ETF	ETF	46434V621	-	59,672	1,158	SH	-	SOLE	-	0	0	1,158
Ishares Core High Dividend Etf	ETF	46429B663	-	50,899	505	SH	-	SOLE	-	0	0	505
iShares Core MSCI EAFE	ETF	46432F842	-	110,846,822	1,642,175	SH	-	SOLE	-	990,231	0	651,944
iShares Core MSCI Emerging Markets ETF	ETF	46434G103	-	43,137,267	875,173	SH	-	SOLE	-	448,048	0	427,125
iShares Core MSCI Total Intl Stk ETF	ETF	46432F834	-	15,029	240	SH	-	SOLE	-	0	0	240
iShares Core S&P Mid Cap ETF	ETF	464287507	-	74,522	285	SH	-	SOLE	-	0	0	285
iShares Core S&P Total US Stock Mkt	ETF	464287150	-	55,955,140	571,905	SH	-	SOLE	-	282,192	0	289,713
iShares Currency Hedged MSCI EAFE	ETF	46434V803	-	251,193	8,103	SH	-	SOLE	-	0	0	8,103
Ishares Dj Select Div Fd	ETF	464287168	-	322,112	2,843	SH	-	SOLE	-	0	0	2,843
iShares Edge MSCI Intl Quality Fctr ETF	ETF	46434V456	-	22,570	634	SH	-	SOLE	-	0	0	634
iShares ESG Aware MSCI EAFE ETF	ETF	46435G516	-	1,344,576	18,437	SH	-	SOLE	-	0	0	18,437
iShares ESG Aware MSCI EM ETF	ETF	46434G863	-	738,441	23,346	SH	-	SOLE	-	0	0	23,346
iShares Interm Government/Credit Bd	ETF	464288612	-	8,939	87	SH	-	SOLE	-	0	0	87
iShares MSCI ACWI ex US ETF	ETF	464288240	-	10,599,527	215,350	SH	-	SOLE	-	211,400	0	3,950
iShares MSCI EAFE	ETF	464287465	-	12,745,094	175,794	SH	-	SOLE	-	150,805	0	24,989
iShares MSCI Emrg Mkt Fd	ETF	464287234	-	4,808,834	121,558	SH	-	SOLE	-	121,272	0	286
Ishares Nasdaq Biotechnology	ETF	464287556	-	222,180	1,750	SH	-	SOLE	-	0	0	1,750
iShares PHLX Semiconductor ETF	ETF	464287523	-	54,784	108	SH	-	SOLE	-	0	0	108
Ishares Russell 2000	ETF	464287655	-	1,091,452	5,828	SH	-	SOLE	-	0	0	5,828
Ishares Russell 2000 Value ETF	ETF	464287630	-	571,648	4,060	SH	-	SOLE	-	0	0	4,060
iShares Russell 3000 Growth	ETF	464287671	-	51,261	525	SH	-	SOLE	-	0	0	525
Ishares Russell Midcap	ETF	464287499	-	1,151,683	15,770	SH	-	SOLE	-	0	0	15,770
Ishares Russell Midcap Growth	ETF	464287481	-	627,612	6,495	SH	-	SOLE	-	0	0	6,495
iShares Russell Midcap Value	ETF	464287473	-	51,665,137	470,367	SH	-	SOLE	-	289,313	0	181,054
iShares S&P 100	ETF	464287101	-	3,513,394	16,968	SH	-	SOLE	-	0	0	16,968
Ishares S&P 500 Growth	ETF	464287309	-	4,263,222	60,488	SH	-	SOLE	-	0	0	60,488
Ishares S&P 500 Index	ETF	464287200	-	314,753,657	706,185	SH	-	SOLE	-	631,706	0	74,479
Ishares S&P Small-Cap	ETF	464287887	-	262,960	2,288	SH	-	SOLE	-	0	0	2,288
Ishares S&P Smallcap Core ETF	ETF	464287804	-	32,287	324	SH	-	SOLE	-	0	0	324
Ishares S&P Smcap Value	ETF	464287879	-	596,214	6,270	SH	-	SOLE	-	0	0	6,270
iShares Silver Trust	ETF	46428Q109	-	70,650	3,382	SH	-	SOLE	-	0	0	3,382

Ishares Tr Cohen & Steer	ETF	464287564	-	20,894	376	SH	-	SOLE	-	0	0	376
Ishares Tr Russell	ETF	464287622	-	1,072,456	4,400	SH	-	SOLE	-	0	0	4,400
Ishares U S Technology Etf	ETF	464287721	-	60,749	558	SH	-	SOLE	-	0	0	558
iShares US Aerospace & Defense	ETF	464288760	-	78,402	672	SH	-	SOLE	-	0	0	672
iShares US Healthcare	ETF	464287762	-	577,320	2,060	SH	-	SOLE	-	0	0	2,060
iShares US Real Estate ETF	ETF	464287739	-	60,578	700	SH	-	SOLE	-	0	0	700
J B Hunt Transport Svcs	COM	445658107	-	90,515	500	SH	-	SOLE	-	0	0	500
J M Smucker Co New	COM	832696405	-	4,430	30	SH	-	SOLE	-	0	0	30
Janus Henderson AAA CLO ETF	ETF	47103U845	-	16,107	323	SH	-	SOLE	-	0	0	323
Jazz Pharmaceuticals PLC	COM	G50871105	-	992	8	SH	-	SOLE	-	0	0	8
Jetblue Airways Corp	COM	477143101	-	27	3	SH	-	SOLE	-	0	0	3
Johnson & Johnson	COM	478160104	-	41,140,193	248,551	SH	-	SOLE	-	108,588	0	139,963
Jpmorgan Chase & Co	COM	46625H100	-	2,549,419	17,529	SH	-	SOLE	-	4,451	0	13,078
K L A Tencor Corp	COM	482480100	-	60,628	125	SH	-	SOLE	-	0	0	125
Kellogg Company	COM	487836108	-	26,960	400	SH	-	SOLE	-	0	0	400
Kimberly-Clark Corp	COM	494368103	-	267,422	1,937	SH	-	SOLE	-	0	0	1,937
Kinsale Cap Group Inc Com	COM	49714P108	-	177,745	475	SH	-	SOLE	-	0	0	475
Kite Realty Group Trust	REIT	49803T300	-	2,011	90	SH	-	SOLE	-	0	0	90
Knight Swift Transn Hldgs Inc	COM	499049104	-	25,002	450	SH	-	SOLE	-	0	0	450
Kraft Heinz Co Com	COM	500754106	-	245,163	6,906	SH	-	SOLE	-	0	0	6,906
Krispy Kreme Inc	ETF	50101L106	-	1,105	75	SH	-	SOLE	-	0	0	75
KYNDRYL HOLDINGS ORD WI	COM	50155Q100	-	3,293	248	SH	-	SOLE	-	0	0	248
L3Harris Technologies Ord	COM	502431109	-	140,171	716	SH	-	SOLE	-	0	0	716
Lam Research Corporation	COM	512807108	-	10,286	16	SH	-	SOLE	-	0	0	16
Lamb Weston Holdings Inc	COM	513272104	-	38,278	333	SH	-	SOLE	-	0	0	333
Las Vegas Sands Corp	COM	517834107	-	3,828	66	SH	-	SOLE	-	0	0	66
Lauder Estee Co Inc Cl A	CLA	518439104	-	369,587	1,882	SH	-	SOLE	-	0	0	1,882
Leggett & Platt Inc	COM	524660107	-	23,696	800	SH	-	SOLE	-	0	0	800
LEMONADE ORD	COM	52567D107	-	4,617	274	SH	-	SOLE	-	0	0	274
Lennar Corp Cl A	CLA	526057104	-	36,089	288	SH	-	SOLE	-	0	0	288
Liberty Media Corp Delaware Com C Siriusxm	COM	531229607	-	57,114	1,745	SH	-	SOLE	-	0	0	1,745
Liberty Media Group	COM	531229854	-	32,822	436	SH	-	SOLE	-	0	0	436
Lockheed Martin Corp	COM	539830109	-	196,792	427	SH	-	SOLE	-	0	0	427
Loews Corporation	COM	540424108	-	13,593	229	SH	-	SOLE	-	0	0	229
Lowes Companies Inc	COM	548661107	-	2,542,760	11,266	SH	-	SOLE	-	0	0	11,266
LTC Properties Inc	COM	502175102	-	1,651	50	SH	-	SOLE	-	0	0	50
LUCID GROUP ORD	COM	549498103	-	51,675	7,500	SH	-	SOLE	-	0	0	7,500
Lululemon Athletica Inc	COM	550021109	-	25,360	67	SH	-	SOLE	-	0	0	67
Luxeyard Inc (NV)	COM	55067R104	-	0	150	SH	-	SOLE	-	0	0	150
Lyft Inc	COM	55087P104	-	2,338	244	SH	-	SOLE	-	0	0	244
Magellan Midstream Ptrns	COM UNIT RP LP	559080106	-	81,016	1,300	SH	-	SOLE	-	0	0	1,300
Maiden Holdings Ltd	COM	G5753U112	-	6,300	3,000	SH	-	SOLE	-	0	0	3,000
Main Str Cap Corp Com	COM	56035L104	-	120,090	3,000	SH	-	SOLE	-	0	0	3,000
Marathon Oil Corp	COM	565849106	-	9,208	400	SH	-	SOLE	-	0	0	400
Markel Group Inc	COM	570535104	-	22,343,890	16,154	SH	-	SOLE	-	0	0	16,154
Marriott Intl Inc Cl A	CLA	571903202	-	347,358	1,891	SH	-	SOLE	-	133	0	1,758
Marsh & Mc Lennan Co Inc	COM	571748102	-	2,435,998	12,952	SH	-	SOLE	-	0	0	12,952
Marvell Tech Group Ltd	COM	573874104	-	6,075	102	SH	-	SOLE	-	0	0	102
MasterBrand Inc	COM	57638P104	-	523	45	SH	-	SOLE	-	0	0	45
Mastercard Inc	COM	57636Q104	-	41,790,686	106,257	SH	-	SOLE	-	51,483	0	54,774
MATCH GROUP ORD	COM	57667L107	-	167	4	SH	-	SOLE	-	0	0	4
Mayne Pharma Group Ltd	COM	Q5857C108	-	5,858	2,000	SH	-	SOLE	-	0	0	2,000
Mc Donalds Corp	COM	580135101	-	3,514,080	11,776	SH	-	SOLE	-	980	0	10,796
Mckesson Corporation	COM	58155Q103	-	217,073	508	SH	-	SOLE	-	0	0	508
MedMen Enterprises Inc	COM	58507M107	-	3	125	SH	-	SOLE	-	0	0	125
Medtronic Inc	COM	G5960L103	-	40,635,933	461,248	SH	-	SOLE	-	240,143	0	221,105
Mercadolibre Inc	COM	58733R102	-	11,846	10	SH	-	SOLE	-	0	0	10
Merek & Co Inc	COM	58933Y105	-	55,441,075	480,467	SH	-	SOLE	-	221,954	0	258,513
Meta Platforms Inc	COM	30303M102	-	530,339	1,848	SH	-	SOLE	-	0	0	1,848

Metlife Inc	COM	59156R108	-	2,431	43	SH	-	SOLE	-	0	0	43
Microchip Technology Inc	COM	595017104	-	717,202	8,005	SH	-	SOLE	-	0	0	8,005
Micon Technology Inc	COM	595112103	-	126,472	2,004	SH	-	SOLE	-	0	0	2,004
Microsoft Corp	COM	594918104	-	62,718,113	184,173	SH	-	SOLE	-	76,892	0	107,281
Moderna Inc	COM	60770K107	-	121,500	1,000	SH	-	SOLE	-	0	0	1,000
Mondelez Intl Inc Cl A	CLA	609207105	-	2,552,449	34,994	SH	-	SOLE	-	2,179	0	32,815
Monster Beverage Corporation	COM	61174X109	-	4,480	78	SH	-	SOLE	-	0	0	78
Morgan Stanley	COM NEW	617446448	-	491,237	5,752	SH	-	SOLE	-	0	0	5,752
Motorola Solutions Inc Com New	COM NEW	620076307	-	109,307	373	SH	-	SOLE	-	0	0	373
MSCI Inc	COM	55354G100	-	5,162	11	SH	-	SOLE	-	0	0	11
Mylan Nv	COM	92556V106	-	2,854	286	SH	-	SOLE	-	0	0	286
Nasdaq Stock Market Inc	COM	631103108	-	365,500	7,332	SH	-	SOLE	-	7,332	0	0
National Healthcare Corp	COM	635906100	-	6,182	100	SH	-	SOLE	-	0	0	100
Nestle S A Reg B Adr	ADR	641069406	-	171,025	1,422	SH	-	SOLE	-	0	0	1,422
NetApp Inc	COM	64110D104	-	208,572	2,730	SH	-	SOLE	-	0	0	2,730
Netflix Inc	COM	64110L106	-	514,492	1,168	SH	-	SOLE	-	0	0	1,168
Newmarket Corporation	COM	651587107	-	358,289	891	SH	-	SOLE	-	0	0	891
Newmont Mining Corp	COM	651639106	-	31,251,168	732,564	SH	-	SOLE	-	388,258	0	344,306
Nextera Energy Inc Com	COM	65339F101	-	399,715	5,387	SH	-	SOLE	-	0	0	5,387
Nike Inc Class B	CL B	654106103	-	166,817	1,511	SH	-	SOLE	-	0	0	1,511
Nintendo Ltd Adr	ADR	654445303	-	170	15	SH	-	SOLE	-	0	0	15
NIO INC ADS REPSTG CL A ORD SHS	CLA	62914V106	-	2,355	243	SH	-	SOLE	-	0	0	243
Norfolk Southern Corp	COM	655844108	-	905,906	3,995	SH	-	SOLE	-	0	0	3,995
Northrop Grumman Corp	COM	666807102	-	241,574	530	SH	-	SOLE	-	0	0	530
NortonLifeLock Inc	COM	668771108	-	55,743	3,005	SH	-	SOLE	-	0	0	3,005
Nova BioGenetics Inc.	COM	66978M100	-	0	28	SH	-	SOLE	-	0	0	28
Novartis A G Spon Adr	ADR	66987V109	-	170,033	1,685	SH	-	SOLE	-	0	0	1,685
Novo-Nordisk A-S Adr	ADR	670100205	-	149,693	925	SH	-	SOLE	-	0	0	925
Nucor Corp	COM	670346105	-	327,960	2,000	SH	-	SOLE	-	0	0	2,000
Nuveen ESG Mid-Cap Value ETF	ETF	67092P508	-	561,918	18,964	SH	-	SOLE	-	0	0	18,964
Nvidia Corp	COM	67066G104	-	3,217,067	7,605	SH	-	SOLE	-	0	0	7,605
NXP Semiconductors NV	COM	N6596X109	-	114,763	561	SH	-	SOLE	-	0	0	561
Okta Inc	COM	679295105	-	7,212	104	SH	-	SOLE	-	0	0	104
Old Dominion Freight Lns	COM	679580100	-	42,891	116	SH	-	SOLE	-	0	0	116
Old Republic Intl Corp	COM	680223104	-	3,776	150	SH	-	SOLE	-	0	0	150
ON Semiconductor Corp	COM	682189105	-	4,729	50	SH	-	SOLE	-	0	0	50
Oneok Inc New	COM	682680103	-	37,032	600	SH	-	SOLE	-	0	0	600
Oracle Corporation	COM	68389X105	-	2,010,989	16,886	SH	-	SOLE	-	7,492	0	9,394
OrganiGram Holdings Inc	COM	68620P705	-	78	200	SH	-	SOLE	-	0	0	200
Organon &Co Common Stock	COM	68622V106	-	125	6	SH	-	SOLE	-	0	0	6
ORION OFFICE REIT INC COM	COM	68629Y103	-	112	17	SH	-	SOLE	-	0	0	17
Owens & Minor Inc Hldg Co	COM	690732102	-	913,920	48,000	SH	-	SOLE	-	0	0	48,000
OWL ROCK CAPITAL ORD	COM	69121K104	-	29,524	2,200	SH	-	SOLE	-	0	0	2,200
P P G Industries Inc	COM	693506107	-	51,312	346	SH	-	SOLE	-	0	0	346
PacWest Bancorp	COM	695263103	-	4,075	500	SH	-	SOLE	-	0	0	500
Paragon Offshore PLC	COM	G6S01W108	-	0	245	SH	-	SOLE	-	0	0	245
Parker-Hannifin Corp	COM	701094104	-	154,456	396	SH	-	SOLE	-	0	0	396
Partners Bancorp	COM	70213Q108	-	26,580	4,294	SH	-	SOLE	-	0	0	4,294
Paychex Inc	COM	704326107	-	100,683	900	SH	-	SOLE	-	0	0	900
Paypal Hldgs Inc	COM	70450Y103	-	84,480	1,266	SH	-	SOLE	-	0	0	1,266
Peloton Interactive Inc	COM	70614W100	-	2,307	300	SH	-	SOLE	-	0	0	300
Pepsico Incorporated	COM	713448108	-	40,773,628	220,136	SH	-	SOLE	-	91,993	0	128,143
Performance Sports Group Ltd	COM	680209103	-	0	35	SH	-	SOLE	-	0	0	35
Pfizer Incorporated	COM	717081103	-	543,189	14,809	SH	-	SOLE	-	0	0	14,809
Pharmanetics Inc	COM	71713J107	-	0	12,398	SH	-	SOLE	-	0	0	12,398
Philip Morris Intl Inc	COM	718172109	-	8,330,338	85,334	SH	-	SOLE	-	433	0	84,901
Phillips	COM	718546104	-	17,099	179	SH	-	SOLE	-	0	0	179
Pinnacle Financial Partners Inc	COM	72346Q104	-	150,746	2,661	SH	-	SOLE	-	0	0	2,661
Pinnacle West Capital Cp	COM	723484101	-	29,733	365	SH	-	SOLE	-	0	0	365

Planet 13 Holdings Inc	COM	72706K101	-	115	200	SH	-	SOLE	-	0	0	200
Playstar Corp New Shs (NV)	ORD SHS	P36100108	-	0	750	SH	-	SOLE	-	0	0	750
Plymouth Industrial REIT Inc	REIT	729640102	-	761,962	33,100	SH	-	SOLE	-	0	0	33,100
Pnc Finl Services Gp Inc	COM	693475105	-	114,615	910	SH	-	SOLE	-	525	0	385
PowerShares QQQ ETF	ETF	46090E103	-	522,360	1,414	SH	-	SOLE	-	0	0	1,414
Primis Financial Corp	COM	74167B109	-	87,905	10,440	SH	-	SOLE	-	0	0	10,440
Procter & Gamble	COM	742718109	-	1,936,401	12,761	SH	-	SOLE	-	0	0	12,761
Progressive Corp Ohio	COM	743315103	-	29,702,289	224,388	SH	-	SOLE	-	107,717	0	116,671
PROSHARES BITCOIN STRATEGY ETF	ETF	74347G440	-	204	12	SH	-	SOLE	-	0	0	12
Prospect Cap Corp	COM	74348T102	-	620	100	SH	-	SOLE	-	0	0	100
Prudential Financial Inc	COM	744320102	-	128,548	1,457	SH	-	SOLE	-	0	0	1,457
PTC Inc	COM	69370C100	-	90,503	636	SH	-	SOLE	-	0	0	636
Qualcomm Inc	COM	747525103	-	815,276	6,849	SH	-	SOLE	-	582	0	6,267
Quest Diagnostic Inc	COM	74834L100	-	82,930	590	SH	-	SOLE	-	0	0	590
R L I Corp	COM	749607107	-	477,645	3,500	SH	-	SOLE	-	0	0	3,500
Raymond James Finl Inc	COM	754730109	-	1,438,252	13,860	SH	-	SOLE	-	0	0	13,860
Raytheon Technologies Ord	COM	75513E101	-	41,498,847	423,631	SH	-	SOLE	-	187,678	0	235,953
Realty Income Corp	COM	756109104	-	83,706	1,400	SH	-	SOLE	-	0	0	1,400
Regeneron Pharmaceuticals	COM	75886F107	-	77,602	108	SH	-	SOLE	-	0	0	108
Reinsurance Grp Of Amer	COM	759351604	-	4,438	32	SH	-	SOLE	-	0	0	32
Roku Inc Com Cl A	CLA	77543R102	-	70,548	1,103	SH	-	SOLE	-	0	0	1,103
Roper Industries Inc	COM	776696106	-	125,489	261	SH	-	SOLE	-	0	0	261
Ross Stores Inc	COM	778296103	-	109,887	980	SH	-	SOLE	-	0	0	980
Rowe T Price Group Inc	COM	74144T108	-	45,837	409	SH	-	SOLE	-	0	0	409
Rpm International Inc	COM	749685103	-	57,966	646	SH	-	SOLE	-	0	0	646
Rush Enterprises Inc	COM	781846308	-	51,045	750	SH	-	SOLE	-	0	0	750
S B A Communications Cp	COM	78410G104	-	313,108	1,351	SH	-	SOLE	-	0	0	1,351
S&p Global Inc	COM	78409V104	-	39,287	98	SH	-	SOLE	-	0	0	98
Salesforce Com	COM	79466L302	-	256,470	1,214	SH	-	SOLE	-	0	0	1,214
Sanfilippo John B & Son Inc	COM	800422107	-	58,635	500	SH	-	SOLE	-	0	0	500
Sanofi Aventis ADR	ADR	80105N105	-	13,475	250	SH	-	SOLE	-	0	0	250
Schlumberger Ltd	COM	806857108	-	78,199	1,592	SH	-	SOLE	-	0	0	1,592
Schw US Brd Mkt Etf	ETF	808524102	-	237,057	4,585	SH	-	SOLE	-	0	0	4,585
Schwab US Aggregate Bond ETF	ETF	808524839	-	14,983	325	SH	-	SOLE	-	0	0	325
Schwab US Dividend Equity ETF	ETF	808524797	-	319,108	4,394	SH	-	SOLE	-	0	0	4,394
Schwab US Large-Cap ETF	ETF	808524201	-	688,717	13,151	SH	-	SOLE	-	0	0	13,151
Schwab US Large-Cap Growth ETF	ETF	808524300	-	414,072	5,525	SH	-	SOLE	-	0	0	5,525
Schwab US Tips ETF	ETF	808524870	-	697,319	13,300	SH	-	SOLE	-	0	0	13,300
Seagate Technology	COM	G7997R103	-	64,964	1,050	SH	-	SOLE	-	0	0	1,050
Sector Spdr Fincl Select	ETF	81369Y605	-	591,745	17,554	SH	-	SOLE	-	0	0	17,554
Sector Spdr Health Fund	ETF	81369Y209	-	680,109	5,124	SH	-	SOLE	-	0	0	5,124
Sector Spdr Materials Fd	ETF	81369Y100	-	68,533	827	SH	-	SOLE	-	0	0	827
Sector Spdr Tech Select	ETF	81369Y803	-	3,388,705	19,491	SH	-	SOLE	-	6,630	0	12,861
Select Sector Spdr Trust The Utilities Select Sect	ETF	81369Y886	-	1,291,471	19,735	SH	-	SOLE	-	0	0	19,735
Sempra Energy	COM	816851109	-	148,647	1,021	SH	-	SOLE	-	70	0	951
Sensata Technologies Holding N.V.	COM	G8060N102	-	2,250	50	SH	-	SOLE	-	0	0	50
SHELL ADR EACH REP 2 ORD WI	COM	780259305	-	25,360	420	SH	-	SOLE	-	0	0	420
Sherwin Williams Co	COM	824348106	-	22,304	84	SH	-	SOLE	-	0	0	84
SHIFT TECHNOLOGIES CL A ORD	CLA	82452T305	-	30	14	SH	-	SOLE	-	0	0	14
SINTX TECHNOLOGIES INC	COM	829392604	-	1	1	SH	-	SOLE	-	0	0	1
Southwest Airlines Co	COM	844741108	-	118,696	3,278	SH	-	SOLE	-	308	0	2,970
Spdr Dow Jones Reit	ETF	78464A607	-	54,716	605	SH	-	SOLE	-	0	0	605
Spdr Gold TRUST	ETF	78463V107	-	53,838	302	SH	-	SOLE	-	0	0	302
SPDR S&P 500 Index	ETF	78462F103	-	53,452,919	120,585	SH	-	SOLE	-	110,864	0	9,721
SPDR S&P Bank ETF	ETF	78464A797	-	151,884	4,219	SH	-	SOLE	-	615	0	3,604
SPDR Dow Jones Global Real Estate ETF	ETF	78463X749	-	881	21	SH	-	SOLE	-	0	0	21
SPDR MSCI ACWI ex-US ETF	ETF	78463X848	-	5,496	210	SH	-	SOLE	-	0	0	210
SPDR Portfolio S&P 500 Value ETF	ETF	78464A508	-	95,040	2,200	SH	-	SOLE	-	0	0	2,200
SPDR S&P Emerging Markets ETF	ETF	78463X509	-	22,725	661	SH	-	SOLE	-	0	0	661

Spero Therapeutics Inc	COM	84833T103	-	271	187	SH	-	SOLE	-	0	0	187
Spirit Realty Capital Inc	REIT	84860W300	-	23,628	600	SH	-	SOLE	-	0	0	600
Sprott Physical Gold & Silver Trust	ETF	85208R101	-	67,575	3,750	SH	-	SOLE	-	0	0	3,750
Square Inc	COM	852234I03	-	3,262	49	SH	-	SOLE	-	0	0	49
Stag Industrial Inc	REIT	85254J102	-	14,352	400	SH	-	SOLE	-	0	0	400
Stanley Furniture New	OTC	42834P207	-	348,212	48,633	SH	-	SOLE	-	0	0	48,633
Stantec Inc	COM	85472N109	-	72,720	1,115	SH	-	SOLE	-	0	0	1,115
Starbucks Corp	COM	855244I09	-	917,243	9,259	SH	-	SOLE	-	0	0	9,259
Stryker Corp	COM	863667I01	-	45,764	150	SH	-	SOLE	-	0	0	150
Sun Communities Inc	COM	866674I04	-	52,184	400	SH	-	SOLE	-	0	0	400
Sysco Corporation	COM	871829I07	-	717,761	9,673	SH	-	SOLE	-	0	0	9,673
T J X Cos Inc	COM	872540I09	-	33,916	400	SH	-	SOLE	-	0	0	400
Taiwan Semiconductr Adrf	ADR	874039I00	-	56,717	562	SH	-	SOLE	-	0	0	562
Take-Two Interactive Software Inc	COM	874054I09	-	40,910	278	SH	-	SOLE	-	0	0	278
Target Corporation	COM	87612E106	-	365,759	2,773	SH	-	SOLE	-	925	0	1,848
Teledyne Technologies	COM	879360I05	-	291,066	708	SH	-	SOLE	-	0	0	708
TEMPO AUTOMATION HOLDINGS ORD	COM	88024M108	-	38	100	SH	-	SOLE	-	0	0	100
Tesla, Inc	COM	88160R101	-	113,085	432	SH	-	SOLE	-	0	0	432
Texas Instruments Inc	COM	882508I04	-	312,695	1,737	SH	-	SOLE	-	670	0	1,067
The Charles Schwab Corp	COM	808513I05	-	56,675	1,000	SH	-	SOLE	-	0	0	1,000
The Chemours Company	COM	163851I08	-	9,075	246	SH	-	SOLE	-	0	0	246
The Southern Company	COM	842587I07	-	470,963	6,704	SH	-	SOLE	-	0	0	6,704
Thermo Electron Corp	COM	883556I02	-	1,366,985	2,620	SH	-	SOLE	-	482	0	2,138
Tilray Inc	COM	88688T100	-	1,172	751	SH	-	SOLE	-	0	0	751
T-Mobile Us Inc	COM	872590I04	-	11,390	82	SH	-	SOLE	-	0	0	82
Toro Company	COM	891092I08	-	169,756	1,670	SH	-	SOLE	-	0	0	1,670
Townebank Portsmouth Va	COM	89214P109	-	2,696	116	SH	-	SOLE	-	0	0	116
Trane Technologies PLC	COM	G8994E103	-	833,894	4,360	SH	-	SOLE	-	0	0	4,360
Travelers Companies Inc	COM	89417E109	-	268,904	1,548	SH	-	SOLE	-	0	0	1,548
Tredegar Corporation	COM	894650I00	-	1,601	240	SH	-	SOLE	-	0	0	240
Tri Continental Corp	COM	895436I03	-	580,838	21,183	SH	-	SOLE	-	0	0	21,183
Tri-County Financial Cp	COM	20368X101	-	58,108	2,145	SH	-	SOLE	-	0	0	2,145
Triton International Ltd	COM	G9078F107	-	33,304	400	SH	-	SOLE	-	0	0	400
Truist Finl Corp Com	COM	89832Q109	-	1,315,782	43,354	SH	-	SOLE	-	0	0	43,354
Trulieve Cannabis Corp	COM	89788C104	-	495	126	SH	-	SOLE	-	0	0	126
U G I Corporation New	COM	902681I05	-	19,418	720	SH	-	SOLE	-	0	0	720
U S Bancorp Del New	COM	902973304	-	22,335,118	676,002	SH	-	SOLE	-	313,982	0	362,020
Uber Technologies Inc	COM	90353T100	-	21,585	500	SH	-	SOLE	-	0	0	500
UNDER ARMOUR INC-CLASS C	CL C	90431I206	-	54	8	SH	-	SOLE	-	0	0	8
Unilever Plc Adr New	ADR	904767704	-	160,300	3,075	SH	-	SOLE	-	0	0	3,075
Union Pacific Corp	COM	907818I08	-	27,582,525	134,799	SH	-	SOLE	-	58,043	0	76,756
United Bankshares Inc	COM	909907I07	-	641,851	21,633	SH	-	SOLE	-	0	0	21,633
United Parcel Service B	CL B	911312I06	-	931,329	5,196	SH	-	SOLE	-	0	0	5,196
United Rentals Inc	COM	911363I09	-	292,608	657	SH	-	SOLE	-	0	0	657
Unitedhealth Group Inc	COM	91324P102	-	45,009,549	93,645	SH	-	SOLE	-	38,877	0	54,768
Universal Corp Va	COM	913456I09	-	1,069,176	21,409	SH	-	SOLE	-	0	0	21,409
Unumprovident Corp	COM	91529Y106	-	14,501	304	SH	-	SOLE	-	0	0	304
UPSTART HOLDINGS INC	COM	91680M107	-	3,581	100	SH	-	SOLE	-	0	0	100
Utd Dominion Rlty Tr Inc	COM	902653I04	-	2,720,571	63,328	SH	-	SOLE	-	0	0	63,328
Valero Energy Corp New	COM	91913Y100	-	305,510	2,605	SH	-	SOLE	-	0	0	2,605
Validian Corp	COM	91915P107	-	0	40,000	SH	-	SOLE	-	0	0	40,000
Vanguard 500 ETF	ETF	922908363	-	236,630	581	SH	-	SOLE	-	0	0	581
Vanguard Bond Index Fund	ETF	921937835	-	5,285	73	SH	-	SOLE	-	0	0	73
Vanguard Dividend Appreciation	ETF	921908844	-	8,822,755	54,317	SH	-	SOLE	-	0	0	54,317
Vanguard Emerging Market	ETF	922042858	-	56,138	1,380	SH	-	SOLE	-	0	0	1,380
Vanguard FTSE International	ETF	921943858	-	21,104	457	SH	-	SOLE	-	0	0	457
Vanguard Health Care ETF	ETF	92204A504	-	322,257	1,316	SH	-	SOLE	-	0	0	1,316
Vanguard Index Funds Vanguard High Dividend Yield	ETF	921946406	-	848,034	7,995	SH	-	SOLE	-	0	0	7,995
Vanguard Information Technology ETF	ETF	92204A702	-	84,010	190	SH	-	SOLE	-	0	0	190

Vanguard Intl Div Apprec ETF	ETF	921946810	-	37,695	502	SH	-	SOLE	-	0	0	502
Vanguard Intl Eqty Index	ETF	922042775	-	37,108	682	SH	-	SOLE	-	0	0	682
Vanguard Large-Cap ETF	ETF	922908637	-	15,407	76	SH	-	SOLE	-	0	0	76
Vanguard Materials ETF	ETF	92204A801	-	6,551	36	SH	-	SOLE	-	0	0	36
Vanguard Mid Cap Value	ETF	922908512	-	269,703	1,949	SH	-	SOLE	-	0	0	1,949
Vanguard Mid-Cap ETF	ETF	922908629	-	1,298,072	5,896	SH	-	SOLE	-	0	0	5,896
Vanguard Mid-Cap Growth ETF	ETF	922908538	-	81,485	396	SH	-	SOLE	-	0	0	396
Vanguard Reit	ETF	922908553	-	560,771	6,711	SH	-	SOLE	-	0	0	6,711
Vanguard S&P 500 Value ETF	ETF	921932703	-	97,468	626	SH	-	SOLE	-	0	0	626
Vanguard Short-Term Infl-Prot Secs ETF	ETF	922020805	-	203,550,070	4,292,494	SH	-	SOLE	-	2,839,413	0	1,453,081
Vanguard Small Cap	ETF	922908751	-	892,618	4,488	SH	-	SOLE	-	0	0	4,488
Vanguard Tax-Exempt Bond ETF	ETF	922907746	-	13,559	270	SH	-	SOLE	-	0	0	270
Vanguard Total International Stock ETF	ETF	921909768	-	215,235	3,838	SH	-	SOLE	-	0	0	3,838
Vanguard Total Stock Mkt	ETF	922908769	-	1,673,123	7,595	SH	-	SOLE	-	0	0	7,595
Vanguard Total World Stock ETF	ETF	922042742	-	19,881	205	SH	-	SOLE	-	0	0	205
Vanguard Utilities ETF	ETF	92204A876	-	4,265	30	SH	-	SOLE	-	0	0	30
Vanguard Value ETF	ETF	922908744	-	29,131	205	SH	-	SOLE	-	0	0	205
Vaxart Inc Com New	COM	92243A200	-	7,264	9,950	SH	-	SOLE	-	0	0	9,950
Veeva Systems Inc	COM	922475108	-	5,339	27	SH	-	SOLE	-	0	0	27
Ventas Inc	COM	92276F100	-	14,181	300	SH	-	SOLE	-	0	0	300
Verisk Analytics Inc Cla	CLA	92345Y106	-	35,487	157	SH	-	SOLE	-	0	0	157
Verizon Communications	ETF	92343V104	-	342,074	9,198	SH	-	SOLE	-	0	0	9,198
VICI Properties Inc	ETF	925652109	-	39,288	1,250	SH	-	SOLE	-	0	0	1,250
Village Bk & Tr Finlcorp	ETF	92705T200	-	291	7	SH	-	SOLE	-	0	0	7
Vimeo Inc	COM	92719V100	-	12	3	SH	-	SOLE	-	0	0	3
Virginia National Bankshares Corp	COM	928031103	-	14,210	442	SH	-	SOLE	-	0	0	442
Visa Inc	ETF	92826C839	-	5,153,831	21,702	SH	-	SOLE	-	7,601	0	14,101
Vmware Inc Cl A	ETF	928563402	-	17,961	125	SH	-	SOLE	-	0	0	125
W P Carey Inc	ETF	92936U109	-	50,805	752	SH	-	SOLE	-	0	0	752
Wabtec	COM	929740108	-	658	6	SH	-	SOLE	-	0	0	6
Wal-Mart Stores Inc	ETF	931142103	-	29,543,673	187,961	SH	-	SOLE	-	87,086	0	100,875
WARNER BROS. DISCOVERY SRS A ORD WI	ORD SHS	934423104	-	1,379	110	SH	-	SOLE	-	0	0	110
Washington REIT	REIT	939653101	-	1,233	75	SH	-	SOLE	-	0	0	75
Waste Management, INC.	ETF	94106L109	-	1,264,923	7,294	SH	-	SOLE	-	0	0	7,294
Watsco Inc	ETF	942622200	-	172,839	453	SH	-	SOLE	-	0	0	453
Wells Fargo & Co New	ETF	949746101	-	55,740	1,306	SH	-	SOLE	-	0	0	1,306
Wells Fargo & Co Pfd	ETF	949746887	-	65	59	SH	-	SOLE	-	0	0	59
Williams Companies	ETF	969457100	-	13,404,353	410,798	SH	-	SOLE	-	252,381	0	158,417
Willis Towers Watson	COM	G96629103	-	36,267	154	SH	-	SOLE	-	0	0	154
WisdomTree International Small Cap Div	ETF	97717W760	-	8,185	138	SH	-	SOLE	-	0	0	138
WisdomTree SmallCap Dividend ETF	ETF	97717W604	-	99,873	3,469	SH	-	SOLE	-	0	0	3,469
WisdomTree US Dividend ex-Financials ETF	ETF	97717W406	-	107,106	1,145	SH	-	SOLE	-	0	0	1,145
WisdomTree US Total Dividend ETF	ETF	97717W109	-	36,633	590	SH	-	SOLE	-	0	0	590
Workday Inc	COM	98138H101	-	12,424	55	SH	-	SOLE	-	0	0	55
Xylem Inc	ETF	98419M100	-	45,048	400	SH	-	SOLE	-	0	0	400
Yext Inc	ETF	98585N106	-	792	70	SH	-	SOLE	-	0	0	70
Zimmer Biomet Holdings Inc	COM	98956P102	-	5,824	40	SH	-	SOLE	-	0	0	40
ZIMVIE ORD WI	ORD SHS	98888T107	-	45	4	SH	-	SOLE	-	0	0	4
Zoetis Inc	ETF	98978V103	-	1,216,147	7,062	SH	-	SOLE	-	4,020	0	3,042
Zoom Video Communications, Inc	COM	98980L101	-	20,364	300	SH	-	SOLE	-	0	0	300