

HERITAGE WEALTH ADVISORS

FORM 13F-HR/A (Form 13F Holdings Report)

Filed 12/12/24 for the Period Ending 12/31/22

Address	919 E MAIN STREET SUITE 950 RICHMOND, VA, 23219
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CIK	0001591122
Fiscal Year	12/31

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
FORM 13F

OMB APPROVAL

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FORM 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 12-31-2022

Check here if Amendment: Amendment Number: 1

This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: Heritage Wealth Advisors
Address: 919 E MAIN STREET
SUITE 950
RICHMOND VA 23219

Form 13F File Number: 028-15751

CRD Number (if applicable): 000137484

SEC File Number (if applicable): 801-64803

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Tina Leiter
Title: Chief Compliance Officer
Phone: 804-323-4803

Signature, Place, and Date of Signing:

Tina Leiter Richmond, VIRGINIA 12-12-2024
[Signature] [City, State] [Date]

Do you wish to provide information pursuant to Special Instruction 5?

Yes No

Report Type (Check only one.):

13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)

13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)

13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

Form 13F Summary Page

Report Summary:

Number of Other Included Managers:	<u>0</u>
Form 13F Information table Entry Total:	<u>573</u>
Form 13F Information table Value Total:	<u>1,726,716,417</u> (round to nearest dollar)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

NONE

FORM 13F INFORMATION TABLE

COLUMN 1 NAME OF ISSUER	COLUMN 2 TITLE OF CLASS	COLUMN 3 CUSIP	COLUMN 4 FIGI	COLUMN 5 VALUE (round to nearest dollar)	SHRS OR PRN AMT	SH/ PRN	PUT/ CALL	COLUMN 6 INVESTMENT DISCRETION	COLUMN 7 OTHER MANAGER	COLUMN 8 VOTING AUTHORITY		
										SOLE	SHARED	NONE
1/100 Berkshire Htwy Cla	CLA	084990175	-	1,874,844	400	SH	-	SOLE	-	0	0	400
1/100000 Wells Fargo Pfd (NV)	Preferred Stock	KEK746889	-	6	62,200	SH	-	SOLE	-	0	0	62,200
22nd Century Group Inc	COM	90137F103	-	116,741	126,823	SH	-	SOLE	-	0	0	126,823
2U Inc	COM	90214J101	-	6,897	1,100	SH	-	SOLE	-	0	0	1,100
3m Company	COM	88579Y101	-	413,659	3,449	SH	-	SOLE	-	395	0	3,054
A E S Corp	COM	00130H105	-	53,925	1,875	SH	-	SOLE	-	0	0	1,875
A F L A C Inc	COM	001055102	-	57,067	793	SH	-	SOLE	-	0	0	793
A T & T Inc New	COM	00206R102	-	6,634	360	SH	-	SOLE	-	0	0	360
Abbott Laboratories	COM	002824100	-	1,361,029	12,397	SH	-	SOLE	-	0	0	12,397
Abbvie Inc Com Usd0.01	COM	00287Y109	-	1,590,081	9,839	SH	-	SOLE	-	336	0	9,503
Accenture Ltd Cl A	CLA	G1151C101	-	274,045	1,027	SH	-	SOLE	-	230	0	797
Adaptive Biotechnologies Corp	COM	00650F109	-	863	113	SH	-	SOLE	-	0	0	113
Adobe Systems Inc	COM	00724F101	-	557,630	1,657	SH	-	SOLE	-	539	0	1,118
Advance Auto Parts Inc	COM	00751Y106	-	22,055	150	SH	-	SOLE	-	0	0	150
Advanced Explorations Inc	COM	00765C108	-	0	80	SH	-	SOLE	-	0	0	80
Advanced Micro Devices	COM	007903107	-	145,214	2,242	SH	-	SOLE	-	0	0	2,242
AdvisorShares Pure US Cannabis ETF	ETF	00768Y453	-	832	119	SH	-	SOLE	-	0	0	119
Aecom Technology Corp	COM	00766T100	-	27,602	325	SH	-	SOLE	-	0	0	325
Affirm Holdings Inc	COM	00827B106	-	145	15	SH	-	SOLE	-	0	0	15
Agilent Technologies Inc	COM	00846U101	-	54,772	366	SH	-	SOLE	-	0	0	366
Air Prod & Chemicals Inc	COM	009158106	-	916,149	2,972	SH	-	SOLE	-	0	0	2,972
Airbnb Inc	COM	009066101	-	8,550	100	SH	-	SOLE	-	0	0	100
Akamai Technologies	COM	00971T101	-	58,926	699	SH	-	SOLE	-	0	0	699
Akoustis Technologies Inc	COM	00973N102	-	353	125	SH	-	SOLE	-	0	0	125
Albemarle Corp	COM	012653101	-	650,580	3,000	SH	-	SOLE	-	0	0	3,000
Alcon Inc Ord Shs	ORD SHS	H01301128	-	15,355	224	SH	-	SOLE	-	0	0	224
Allegion PLC	ORD SHS	G0176J109	-	35,052	333	SH	-	SOLE	-	0	0	333
Allstate Corporation	COM	020002101	-	245,572	1,811	SH	-	SOLE	-	0	0	1,811
Alphabet Inc. Class A	CAP STK CL A	02079K305	-	3,556,992	40,315	SH	-	SOLE	-	20,100	0	20,215
Alphabet Inc. Class C	CAP STK CL C	02079K107	-	27,303,359	307,713	SH	-	SOLE	-	140,368	0	167,345
ALPS Sector Dividend Dogs ETF	ETF	00162Q858	-	24,743	481	SH	-	SOLE	-	0	0	481
Altria Group Inc	COM	02209S103	-	3,019,500	66,058	SH	-	SOLE	-	0	0	66,058
Amazon Com Inc	COM	023135106	-	2,854,824	33,986	SH	-	SOLE	-	10,640	0	23,346
Amcore Financial Inc.	COM	023912108	-	0	40	SH	-	SOLE	-	0	0	40
Amer Electric Pwr Co Inc	COM	025537101	-	112,690	1,187	SH	-	SOLE	-	0	0	1,187
Ameren Corporation	COM	023608102	-	36,457	410	SH	-	SOLE	-	0	0	410
America First Multifamily Investors LP	COM UT LTD PTN	02364V206	-	9,657	555	SH	-	SOLE	-	0	0	555
American Century U.S. Quality Value ETF	ETF	025072208	-	1,285,025	27,030	SH	-	SOLE	-	3,000	0	24,030
American Express Company	COM	025816109	-	621,808	4,209	SH	-	SOLE	-	0	0	4,209
Ameriprise Financial Inc	COM	03076C106	-	74,729	240	SH	-	SOLE	-	0	0	240
Amern Tower Corp Class A	CLA	03027X100	-	64,405	304	SH	-	SOLE	-	0	0	304
Amgen Incorporated	COM	031162100	-	1,050,823	4,001	SH	-	SOLE	-	180	0	3,821
Amphenol Corp Cl A	CLA	032095101	-	161,112	2,116	SH	-	SOLE	-	0	0	2,116
Amplify Transformational Data Shrg ETF	ETF	032108607	-	227	15	SH	-	SOLE	-	0	0	15
Analog Devices Inc	COM	032654105	-	61,002	372	SH	-	SOLE	-	0	0	372
Ansys Inc	COM	03662Q105	-	25,125	104	SH	-	SOLE	-	0	0	104
Anthem Inc	COM	036752103	-	2,602,351	5,073	SH	-	SOLE	-	1,362	0	3,711
Aon Plc Com Usd0.01 Cl A	CLA	G0403H108	-	316,047	1,053	SH	-	SOLE	-	0	0	1,053
Apollo Global Management LLC Class A	CLA	03769M106	-	63,790	1,000	SH	-	SOLE	-	0	0	1,000
Apple Computer Inc	COM	037833100	-	38,698,421	297,841	SH	-	SOLE	-	120,759	0	177,082
Applied Materials Inc	COM	038222105	-	502,773	5,163	SH	-	SOLE	-	362	0	4,801
APPLOVIN CORP CLA	CLA	03831W108	-	1,053	100	SH	-	SOLE	-	0	0	100
Aptargroup Inc	COM	038336103	-	194,665	1,770	SH	-	SOLE	-	0	0	1,770

Aptiv Plc	COM	G6095L109	-	61,466	660	SH	-	SOLE	-	0	0	660
APW	COM	G04397108	-	0	160	SH	-	SOLE	-	0	0	160
Archer-Daniels-Midlnd Co	COM	039483102	-	175,951	1,895	SH	-	SOLE	-	0	0	1,895
Ardagh Metal Packaging SA	COM	L02235106	-	418	87	SH	-	SOLE	-	0	0	87
Ares Capital Corp	COM	04010L103	-	411,030	22,254	SH	-	SOLE	-	0	0	22,254
ARMOUR Residential REIT Inc	REIT	042315507	-	580	103	SH	-	SOLE	-	0	0	103
ARRIVAL ORD	ORD SHS	L0423Q108	-	74	464	SH	-	SOLE	-	0	0	464
Arthur J Gallagher & Co	COM	363576109	-	282,433	1,498	SH	-	SOLE	-	0	0	1,498
ATHENE HOLDING LTD 6.35 SER A	Preferred Stock	G0684D305	-	21,450	1,000	SH	-	SOLE	-	0	0	1,000
Atlantic Un Bankshares Corp	COM	04911A107	-	674,231	19,187	SH	-	SOLE	-	0	0	19,187
Auto Data Processing	COM	053015103	-	1,053,369	4,410	SH	-	SOLE	-	0	0	4,410
Autodesk Inc	COM	052769106	-	193,597	1,036	SH	-	SOLE	-	0	0	1,036
Autonation Inc	COM	05329W102	-	14,807	138	SH	-	SOLE	-	0	0	138
Autozone Inc	COM	053332102	-	56,722	23	SH	-	SOLE	-	0	0	23
Avago Technologies Ltd	COM	11135F101	-	51,440	92	SH	-	SOLE	-	0	0	92
AvalonBay Communities Inc	COM	053484101	-	404,247	2,503	SH	-	SOLE	-	0	0	2,503
Avery Dennison Corp	COM	053611109	-	197,141	1,089	SH	-	SOLE	-	0	0	1,089
Babcock & Wilcox Enterprises Inc	COM	05614L209	-	52	9	SH	-	SOLE	-	0	0	9
Banco Santander SA	COM	05964H105	-	1,180	400	SH	-	SOLE	-	0	0	400
Bank Of America Corp	COM	060505104	-	1,756,701	53,040	SH	-	SOLE	-	0	0	53,040
Bank of New York Mellon Corp.	COM	064058100	-	359,107	7,889	SH	-	SOLE	-	7,189	0	700
Baxter International Inc	COM	071813109	-	60,399	1,185	SH	-	SOLE	-	0	0	1,185
Becton Dickinson & Co	COM	075887109	-	205,123	807	SH	-	SOLE	-	0	0	807
Berkley W R Corp	COM	084423102	-	138,536	1,909	SH	-	SOLE	-	0	0	1,909
Berkshire Hathaway Cl B	CL B	084670702	-	38,046,595	123,168	SH	-	SOLE	-	50,478	0	72,690
Berry Plastics Group Inc	COM	08579W103	-	16,316	270	SH	-	SOLE	-	0	0	270
Beyond Meat Inc	COM	08862E109	-	1,514	123	SH	-	SOLE	-	0	0	123
Biogen Idec Inc	COM	09062X103	-	562,701	2,032	SH	-	SOLE	-	0	0	2,032
Black Knight Inc	COM	09215C105	-	10,745	174	SH	-	SOLE	-	0	0	174
Blackrock Inc	COM	09247X101	-	428,183	604	SH	-	SOLE	-	0	0	604
Blackstone Group LP	COM UNIT LTD	09260D107	-	445,511	6,005	SH	-	SOLE	-	0	0	6,005
Blue Ridge Bankshares Inc	COM	095825105	-	1,870,127	149,730	SH	-	SOLE	-	0	0	149,730
Boeing Co	COM	097023105	-	230,683	1,211	SH	-	SOLE	-	0	0	1,211
Booking Hldgs Inc	COM	09857L108	-	82,626	41	SH	-	SOLE	-	0	0	41
Booz Allen Hamilton Holding Corp	COM	099502106	-	55,094	527	SH	-	SOLE	-	0	0	527
Bp Plc Adr	SPONSORED ADR	055622104	-	89,002	2,548	SH	-	SOLE	-	0	0	2,548
BRC CL A ORD	COM	05601U105	-	189	31	SH	-	SOLE	-	0	0	31
Bristol-Myers Squibb Co	COM	110122108	-	203,978	2,835	SH	-	SOLE	-	1,170	0	1,665
Broadridge Finl Solution	COM	11133T103	-	304,475	2,270	SH	-	SOLE	-	0	0	2,270
Brookfield Asset Management	COM	113004105	-	5,214,643	181,885	SH	-	SOLE	-	81,238	0	100,647
Brookfield Corporation	COM	11271J107	-	23,691,789	753,077	SH	-	SOLE	-	324,970	0	428,107
BROOKFIELD REINSRNC EX VOTN CL A ORD	ORD SHS	G16169107	-	344	11	SH	-	SOLE	-	0	0	11
Brookfield Renewable Corp Ordinary Shares - Class	COM	11284V105	-	17,598	639	SH	-	SOLE	-	0	0	639
Brookfield Renewable Partners LP	COM	G16258108	-	65,073	2,568	SH	-	SOLE	-	0	0	2,568
C H Robinson Worldwd New	COM	12541W209	-	78,742	860	SH	-	SOLE	-	0	0	860
C S X Corp	COM	126408103	-	2,146,542	69,288	SH	-	SOLE	-	1,824	0	67,464
C V S Corp Del	COM	126650100	-	642,359	6,893	SH	-	SOLE	-	0	0	6,893
Canadian Natl Ry Co	COM	136375102	-	142,062	1,195	SH	-	SOLE	-	0	0	1,195
Canadian Pac Railway	COM	13645T100	-	208,852	2,800	SH	-	SOLE	-	0	0	2,800
Canopy Growth Corp	COM	138035100	-	1,120	485	SH	-	SOLE	-	0	0	485
Capital One Financial Cp	COM	14040H105	-	456,331	4,909	SH	-	SOLE	-	0	0	4,909
Cardinal Health Inc	COM	14149Y108	-	28,288	368	SH	-	SOLE	-	0	0	368
Carlyle Secured Lending Inc	COM	872280102	-	21,465	1,500	SH	-	SOLE	-	0	0	1,500
Carmax Inc	COM	143130102	-	1,107,650	18,191	SH	-	SOLE	-	0	0	18,191
Carnival Corp New	COM	143658300	-	806	100	SH	-	SOLE	-	0	0	100
Carrier Global Corp-Wi	COM	14448C104	-	29,906	725	SH	-	SOLE	-	0	0	725
Casella Waste Systems Inc	COM	147448104	-	57,738	728	SH	-	SOLE	-	0	0	728
Catalyst Pharmaceuticals Inc	COM	14888U101	-	18,600	1,000	SH	-	SOLE	-	0	0	1,000
Caterpillar Inc	COM	149123101	-	612,315	2,556	SH	-	SOLE	-	0	0	2,556

CBRE Group Inc	COM	12504L109	-	217,566	2,827	SH	-	SOLE	-	0	0	2,827
Cee Spinco Inc	COM	538034109	-	32,080	460	SH	-	SOLE	-	0	0	460
CEL-SCI Corp	COM	150837607	-	66	28	SH	-	SOLE	-	0	0	28
Centene Corp	COM	15135B101	-	9,923	121	SH	-	SOLE	-	0	0	121
Chesapeake Financial Shares Inc	COM	16517A109	-	8,289	412	SH	-	SOLE	-	0	0	412
Chevron Corporation	COM	166764100	-	1,659,932	9,248	SH	-	SOLE	-	0	0	9,248
Chicago Mercantile Exch	COM	12572Q105	-	46,244	275	SH	-	SOLE	-	0	0	275
Chipotle Mexican Grill	COM	169656105	-	40,237	29	SH	-	SOLE	-	0	0	29
Chubb Corporation	COM	H1467J104	-	144,493	655	SH	-	SOLE	-	0	0	655
Church & Dwight Co Inc	COM	171340102	-	31,922	396	SH	-	SOLE	-	0	0	396
Cigna Corp	COM	125523100	-	467,852	1,412	SH	-	SOLE	-	0	0	1,412
Cincinnati Financial Cp	COM	172062101	-	20,068	196	SH	-	SOLE	-	0	0	196
Cintas Corp	COM	172908105	-	457,491	1,013	SH	-	SOLE	-	0	0	1,013
Cisco Systems Inc	COM	17275R102	-	1,173,693	24,637	SH	-	SOLE	-	883	0	23,754
Citigroup Inc	COM	172967358	-	126,986	4,050	SH	-	SOLE	-	0	0	4,050
Citizens Finl Group Inc Com	COM	174610105	-	11,299	287	SH	-	SOLE	-	0	0	287
City Holding Co	COM	177835105	-	134,050	1,440	SH	-	SOLE	-	0	0	1,440
Coca Cola Company	COM	191216100	-	1,436,588	22,584	SH	-	SOLE	-	0	0	22,584
Co-Diagnostics Inc	COM	189763105	-	1,323	525	SH	-	SOLE	-	0	0	525
Cognizant Tech Sol Cl A	CLA	192446102	-	36,030	630	SH	-	SOLE	-	0	0	630
Colgate-Palmolive Co	COM	194162103	-	47,904	608	SH	-	SOLE	-	0	0	608
Comcast Corp New Cl A	CLA	20030N101	-	30,148,735	862,131	SH	-	SOLE	-	426,168	0	435,963
Companhia Vale Do Adr	ADR	767204100	-	14,240	200	SH	-	SOLE	-	0	0	200
Compass Diversified Holdings	COM	20451Q104	-	3,464	190	SH	-	SOLE	-	0	0	190
Compass Pathways PLC	COM	20451W101	-	8,231	1,025	SH	-	SOLE	-	0	0	1,025
Comwlth Bankshares	COM	202736104	-	0	1,100	SH	-	SOLE	-	0	0	1,100
Conocophillips	COM	20825C104	-	28,882,646	244,768	SH	-	SOLE	-	106,509	0	138,259
Constellation Brand Cl A	CLA	21036P108	-	34,763	150	SH	-	SOLE	-	0	0	150
Coming Inc	COM	219350105	-	153,056	4,792	SH	-	SOLE	-	0	0	4,792
Corporate Office Properties Trust	REIT	22002T108	-	41,504	1,600	SH	-	SOLE	-	0	0	1,600
Corteva Inc com	COM	22052L104	-	37,737	642	SH	-	SOLE	-	0	0	642
Costar Group Inc	COM	22160N109	-	123,725	1,601	SH	-	SOLE	-	0	0	1,601
Costco Whsl Corp New	COM	22160K105	-	1,275,384	2,794	SH	-	SOLE	-	0	0	2,794
Coupang Cl A Ord	CLA	22266T109	-	4,413	300	SH	-	SOLE	-	0	0	300
Cresco Labs Inc	COM	22587M106	-	698	386	SH	-	SOLE	-	0	0	386
Crispr Therapeutics Agnamen Akt	COM	H17182108	-	14,228	350	SH	-	SOLE	-	0	0	350
Cronos Group Inc	COM	22717L101	-	3,505	1,380	SH	-	SOLE	-	0	0	1,380
Crown Castle Intl Corp	COM	22822V101	-	74,866	552	SH	-	SOLE	-	0	0	552
CubeSmart	COM	229663109	-	8,050	200	SH	-	SOLE	-	0	0	200
Cummins Inc	COM	231021106	-	55,642	230	SH	-	SOLE	-	0	0	230
Curaleaf Holdings Inc	COM	23126M102	-	1,532	356	SH	-	SOLE	-	0	0	356
D T E Energy Company	COM	233331107	-	47,012	400	SH	-	SOLE	-	0	0	400
Danaher Corp Del	COM	235851102	-	518,365	1,953	SH	-	SOLE	-	0	0	1,953
DBV Technologies SA	COM	23306J101	-	9,180	6,000	SH	-	SOLE	-	0	0	6,000
Deere & Co	COM	244199105	-	432,627	1,009	SH	-	SOLE	-	0	0	1,009
Dell Inc	COM	24703L202	-	11,463	285	SH	-	SOLE	-	0	0	285
Delta Air Lines Inc New	COM	247361702	-	2,300	70	SH	-	SOLE	-	0	0	70
Devon Energy Cp New	COM	25179M103	-	12,302	200	SH	-	SOLE	-	0	0	200
Dexcom Inc	COM	252131107	-	296,236	2,616	SH	-	SOLE	-	0	0	2,616
DFA TA World ex US Core Equity I	ETF	25434V880	-	85,536	3,960	SH	-	SOLE	-	0	0	3,960
Diageo Plc New Adr	SPON ADR NEW	25243Q205	-	887,208	4,979	SH	-	SOLE	-	0	0	4,979
Diamonds TRUST Series I	UT SER 1	78467X109	-	248,166	749	SH	-	SOLE	-	0	0	749
Dicks Sporting Goods Inc	COM	253393102	-	267	2	SH	-	SOLE	-	0	0	2
DIMENSIONAL U S CORE EQUITY 2 ETF	ETF	25434V708	-	786,793	32,405	SH	-	SOLE	-	0	0	32,405
Discover Financial Svcs	COM	254709108	-	50,967	521	SH	-	SOLE	-	0	0	521
Disney Walt Co	COM	254687106	-	16,884,344	194,341	SH	-	SOLE	-	94,699	0	99,642
Dollar General Corp	COM	256677105	-	69,042	280	SH	-	SOLE	-	245	0	35
Dollar Tree Inc	COM	256746108	-	61,385	434	SH	-	SOLE	-	0	0	434
Dominion Res Inc Va New	COM	25746U109	-	15,944,120	260,015	SH	-	SOLE	-	115,274	0	144,741

Dover Corporation	COM	260003108	-	268,112	1,980	SH	-	SOLE	-	0	0	1,980
Dow Chemical Company	COM	260557103	-	55,631	1,104	SH	-	SOLE	-	0	0	1,104
DT MIDSTREAM ORD WI	COM	23345M107	-	8,289	150	SH	-	SOLE	-	0	0	150
Duke Energy Corp New Dp Rep Pfd A	Preferred Stock	26441C501	-	23,390	1,000	SH	-	SOLE	-	0	0	1,000
Duke Energy New	COM	26441C204	-	499,810	4,853	SH	-	SOLE	-	0	0	4,853
Dupont De Nemours Inc	COM	26614N102	-	35,001	510	SH	-	SOLE	-	0	0	510
Eaton Corporation	COM	G29183103	-	142,040	905	SH	-	SOLE	-	0	0	905
Ebay Inc	COM	278642103	-	17,666	426	SH	-	SOLE	-	0	0	426
Ecolab Inc	COM	278865100	-	126,346	868	SH	-	SOLE	-	0	0	868
Edwards Lifesciences Cp	COM	28176E108	-	345,817	4,635	SH	-	SOLE	-	0	0	4,635
Electronic Arts Inc	COM	285512109	-	27,491	225	SH	-	SOLE	-	0	0	225
Eli Lilly and Co	COM	532457108	-	597,051	1,632	SH	-	SOLE	-	0	0	1,632
EMBECTA ORD WI	ORD SHS	29082K105	-	506	20	SH	-	SOLE	-	0	0	20
Emerson Electric Co	COM	291011104	-	790,286	8,227	SH	-	SOLE	-	0	0	8,227
Enbridge Inc	COM	29250N105	-	242,068	6,191	SH	-	SOLE	-	0	0	6,191
Encompass Health Corp	COM	29261A100	-	114,716	1,918	SH	-	SOLE	-	0	0	1,918
Energy Transfer Equity LP	COM UT LTD PTN	29273V100	-	14,106	1,188	SH	-	SOLE	-	0	0	1,188
ENHABIT ORD WI	ORD SHS	29332G102	-	12,620	959	SH	-	SOLE	-	0	0	959
Enterprise Prd Ptnrs Lp	COM UT LTD PTN	293792107	-	7,395,699	306,621	SH	-	SOLE	-	56,141	0	250,480
EPR Properties	COM	26884U109	-	113,160	3,000	SH	-	SOLE	-	0	0	3,000
Equity Lifestyle Properties Inc	COM	29472R108	-	20,942	324	SH	-	SOLE	-	0	0	324
Escrow Altegrity Inc Com	COM	021ESC017	-	215	57	SH	-	SOLE	-	0	0	57
ETFS Physical Palladium	ETF	003262102	-	185,749	1,125	SH	-	SOLE	-	0	0	1,125
Etsy Inc com	COM	29786A106	-	10,181	85	SH	-	SOLE	-	0	0	85
Everest Re Group Ltd	COM	G3223R108	-	26,502	80	SH	-	SOLE	-	0	0	80
Evergy Inc	COM	30034W106	-	50,344	800	SH	-	SOLE	-	0	0	800
Eversource Energy	COM	30040W108	-	16,768	200	SH	-	SOLE	-	0	0	200
Exxon Mobil Corporation	COM	30231G102	-	3,930,982	35,639	SH	-	SOLE	-	0	0	35,639
F&G Annuities & Life Inc	COM	30190A104	-	2,401	120	SH	-	SOLE	-	0	0	120
F5 Networks Inc	COM	315616102	-	20,091	140	SH	-	SOLE	-	0	0	140
Fairfax India Ho-Sub Com Sub Vtg Shs Isi	COM	303897102	-	444,536	36,200	SH	-	SOLE	-	0	0	36,200
Fastenal Co	COM	311900104	-	28,818	609	SH	-	SOLE	-	0	0	609
Fidelity Natl Finl Inc	COM	31620R303	-	66,663	1,772	SH	-	SOLE	-	0	0	1,772
Fidelity MSCI Materials ETF	ETF	316092881	-	3,274	75	SH	-	SOLE	-	0	0	75
Fiserv Inc	COM	337738108	-	384,066	3,800	SH	-	SOLE	-	0	0	3,800
Fisker Inc Ordinary Shares - Class A	CLA A	33813J106	-	2,545	350	SH	-	SOLE	-	0	0	350
Foot Locker Inc	COM	344849104	-	1,890	50	SH	-	SOLE	-	0	0	50
Ford Motor Company New	COM	345370860	-	198,228	17,045	SH	-	SOLE	-	0	0	17,045
Fortinet Inc	COM	34959E109	-	183,338	3,750	SH	-	SOLE	-	0	0	3,750
Fortune Brands Home & Security Inc	COM	34964C106	-	2,570	45	SH	-	SOLE	-	0	0	45
FS KKR Capital Corp	COM	302635206	-	298,906	17,080	SH	-	SOLE	-	0	0	17,080
Fulgent Genetics Inc Com	COM	359664109	-	8,934	300	SH	-	SOLE	-	0	0	300
Fulton Financial Corp	COM	360271100	-	10,687	635	SH	-	SOLE	-	0	0	635
Gaming and Leisure Properties Inc	COM	36467J108	-	17,398	334	SH	-	SOLE	-	0	0	334
General Dynamics Corp	COM	369550108	-	1,233,851	4,973	SH	-	SOLE	-	190	0	4,783
General Electric Company	COM	369604301	-	598,931	7,148	SH	-	SOLE	-	0	0	7,148
General Motors Corp	COM	37045V100	-	99,657	2,962	SH	-	SOLE	-	0	0	2,962
Genuine Parts Co	COM	372460105	-	225,563	1,300	SH	-	SOLE	-	0	0	1,300
Gildan Activewear Inc	COM	375916103	-	63,321	2,311	SH	-	SOLE	-	0	0	2,311
Gilead Sciences Inc	COM	375558103	-	211,534	2,464	SH	-	SOLE	-	0	0	2,464
Global X Blockchain ETF	ETF	37960A735	-	39	3	SH	-	SOLE	-	0	0	3
Goldman Sachs ActiveBeta EMkts Eq ETF	ETF	381430206	-	5,662	200	SH	-	SOLE	-	0	0	200
Goldman Sachs Group Inc	COM	38141G104	-	415,765	1,211	SH	-	SOLE	-	0	0	1,211
Grayscale Bitcoin Tr Bte Shs Accd Invs	ETF	389637109	-	9,741	1,175	SH	-	SOLE	-	0	0	1,175
Green Thumb Industries Inc	COM	39342L108	-	1,485	168	SH	-	SOLE	-	0	0	168
Hanover Insurance Group	COM	410867105	-	260,801	1,930	SH	-	SOLE	-	0	0	1,930
Hartford Finl Svcs Grp	COM	416515104	-	41,100	542	SH	-	SOLE	-	0	0	542
Hca Inc	COM	40412C101	-	128,250	534	SH	-	SOLE	-	0	0	534
Healthcare Realty TRUST	COM	42226K105	-	8,672	450	SH	-	SOLE	-	0	0	450

Heico Corp	COM	422806208	-	96,120	802	SH	-	SOLE	-	0	0	802
Henry Jack & Assoc Inc	COM	426281101	-	6,145	35	SH	-	SOLE	-	0	0	35
Hershey Company	COM	427866108	-	25,459	110	SH	-	SOLE	-	0	0	110
Hewlett Packard Enterprises	COM	42824C109	-	6,384	400	SH	-	SOLE	-	0	0	400
Hewlett-Packard Company	COM	40434L105	-	43,529	1,620	SH	-	SOLE	-	0	0	1,620
Highwoods Pptys Inc	COM	431284108	-	45,244	1,617	SH	-	SOLE	-	0	0	1,617
Hologic Inc	COM	436440101	-	57,230	765	SH	-	SOLE	-	0	0	765
Home Depot Inc	COM	437076102	-	25,304,415	80,113	SH	-	SOLE	-	37,735	0	42,378
Honeywell International	COM	438516106	-	865,296	4,038	SH	-	SOLE	-	1,070	0	2,968
Humana Inc	COM	444859102	-	318,070	621	SH	-	SOLE	-	0	0	621
Huntsman Corporation	COM	447011107	-	123,660	4,500	SH	-	SOLE	-	0	0	4,500
Idexx Labs Inc	COM	45168D104	-	95,055	233	SH	-	SOLE	-	0	0	233
Illinois Tool Works Inc	COM	452308109	-	1,132,023	5,139	SH	-	SOLE	-	0	0	5,139
Inari Medical Inc Ordinary Shares	COM	45332Y109	-	4,767	75	SH	-	SOLE	-	0	0	75
Ingersoll-Rand plc	COM	45687V106	-	176,866	3,385	SH	-	SOLE	-	0	0	3,385
Ingredion Inc	COM	457187102	-	51,119	522	SH	-	SOLE	-	0	0	522
Innovative Industrial Properties Inc	COM	45781V101	-	3,070	30	SH	-	SOLE	-	0	0	30
Intel Corp	COM	458140100	-	672,052	25,428	SH	-	SOLE	-	7,218	0	18,210
Intl Business Machines	COM	459200101	-	587,793	4,172	SH	-	SOLE	-	0	0	4,172
Intuit Inc	COM	461202103	-	639,488	1,643	SH	-	SOLE	-	0	0	1,643
Intuitive Surgical New	COM	46120E602	-	626,491	2,361	SH	-	SOLE	-	0	0	2,361
Invesco Financial Preferred ETF	ETF	46137V621	-	5,530	384	SH	-	SOLE	-	0	0	384
Invesco Ltd.	COM	G491BT108	-	4,408	245	SH	-	SOLE	-	0	0	245
Invesco NASDAQ Next Gen 100 ETF	ETF	46138G631	-	2,391	100	SH	-	SOLE	-	0	0	100
Invesco S&P 500 Equal Weight ETF	ETF	46137V357	-	2,708,610	19,176	SH	-	SOLE	-	0	0	19,176
Invesco S&P 500 Low Volatility ETF	ETF	46138E354	-	58,277	912	SH	-	SOLE	-	0	0	912
Iqvia Hldgs Inc	COM	46266C105	-	43,027	210	SH	-	SOLE	-	0	0	210
iShares Aaa - A Rated Corporate Bond ETF	ETF	46429B291	-	1,853	40	SH	-	SOLE	-	0	0	40
Ishares Barclays Aggregate Bond	ETF	464287226	-	411,224	4,240	SH	-	SOLE	-	0	0	4,240
iShares Core Dividend Growth ETF	ETF	46434V621	-	57,900	1,158	SH	-	SOLE	-	0	0	1,158
Ishares Core High Dividend Etf	ETF	46429B663	-	52,641	505	SH	-	SOLE	-	0	0	505
iShares Core MSCI EAFE	ETF	46432F842	-	100,888,428	1,636,736	SH	-	SOLE	-	1,033,002	0	603,734
iShares Core MSCI Emerging Markets ETF	ETF	46434G103	-	38,522,036	824,883	SH	-	SOLE	-	449,807	0	375,076
iShares Core MSCI Total Intl Stk ETF	ETF	46432F834	-	13,891	240	SH	-	SOLE	-	0	0	240
iShares Core S&P Mid Cap ETF	ETF	464287507	-	71,116	294	SH	-	SOLE	-	0	0	294
iShares Core S&P Total US Stock Mkt	ETF	464287150	-	52,070,722	614,042	SH	-	SOLE	-	319,782	0	294,260
iShares Currency Hedged MSCI EAFE	ETF	46434V803	-	218,781	8,103	SH	-	SOLE	-	0	0	8,103
Ishares Dj Select Div Fd	ETF	464287168	-	342,866	2,843	SH	-	SOLE	-	0	0	2,843
iShares Edge MSCI Intl Quality Fctr ETF	ETF	46434V456	-	20,535	634	SH	-	SOLE	-	0	0	634
iShares Edge MSCI Min Vol EAFE	ETF	46429B689	-	13,671	215	SH	-	SOLE	-	0	0	215
iShares ESG Aware MSCI EAFE ETF	ETF	46435G516	-	681,982	10,374	SH	-	SOLE	-	0	0	10,374
iShares ESG Aware MSCI EM ETF	ETF	46434G863	-	401,939	13,367	SH	-	SOLE	-	0	0	13,367
iShares Interm Government/Credit Bd	ETF	464288612	-	10,855	106	SH	-	SOLE	-	0	0	106
iShares MSCI ACWI ex US ETF	ETF	464288240	-	9,798,425	215,350	SH	-	SOLE	-	211,400	0	3,950
iShares MSCI EAFE	ETF	464287465	-	11,351,630	172,938	SH	-	SOLE	-	150,805	0	22,133
iShares MSCI Emrg Mkt Fd	ETF	464287234	-	4,607,048	121,558	SH	-	SOLE	-	121,272	0	286
Ishares Nasdaq Biotechnology	ETF	464287556	-	229,758	1,750	SH	-	SOLE	-	0	0	1,750
iShares PHLX Semiconductor ETF	ETF	464287523	-	37,582	108	SH	-	SOLE	-	0	0	108
Ishares Russell 2000	ETF	464287655	-	989,224	5,673	SH	-	SOLE	-	0	0	5,673
Ishares Russell 2000 Value ETF	ETF	464287630	-	563,000	4,060	SH	-	SOLE	-	0	0	4,060
iShares Russell 3000 Growth	ETF	464287671	-	42,798	525	SH	-	SOLE	-	0	0	525
Ishares Russell Midcap	ETF	464287499	-	1,043,452	15,470	SH	-	SOLE	-	0	0	15,470
Ishares Russell Midcap Growth	ETF	464287481	-	835,582	9,995	SH	-	SOLE	-	0	0	9,995
iShares Russell Midcap Value	ETF	464287473	-	48,128,607	456,888	SH	-	SOLE	-	289,920	0	166,968
iShares S&P 100	ETF	464287101	-	2,997,427	17,573	SH	-	SOLE	-	0	0	17,573
Ishares S&P 500 Growth	ETF	464287309	-	3,674,853	62,818	SH	-	SOLE	-	0	0	62,818
IShares S&P 500 Index	ETF	464287200	-	297,527,131	774,387	SH	-	SOLE	-	695,726	0	78,661
Ishares S&P Small-Cap	ETF	464287887	-	247,264	2,288	SH	-	SOLE	-	0	0	2,288
Ishares S&P Smpcap Value	ETF	464287879	-	572,514	6,270	SH	-	SOLE	-	0	0	6,270

iShares Silver Trust	ETF	46428Q109	-	74,472	3,382	SH	-	SOLE	-	0	0	3,382
Ishares Tr Cohen & Steer	ETF	464287564	-	6,910	126	SH	-	SOLE	-	0	0	126
Ishares Tr Russell	ETF	464287622	-	926,288	4,400	SH	-	SOLE	-	0	0	4,400
Ishares U S Technology Etf	ETF	464287721	-	44,098	592	SH	-	SOLE	-	0	0	592
iShares US Healthcare	ETF	464287762	-	745,590	2,628	SH	-	SOLE	-	0	0	2,628
iShares US Real Estate ETF	ETF	464287739	-	77,371	919	SH	-	SOLE	-	0	0	919
J B Hunt Transport Svcs	COM	445658107	-	87,180	500	SH	-	SOLE	-	0	0	500
Jazz Pharmaceuticals PLC	COM	G50871105	-	1,274	8	SH	-	SOLE	-	0	0	8
JBG SMITH Properties	COM	46590V100	-	2,847	150	SH	-	SOLE	-	0	0	150
Jetblue Airways Corp	COM	477143101	-	19	3	SH	-	SOLE	-	0	0	3
Johnson & Johnson	COM	478160104	-	40,021,721	226,559	SH	-	SOLE	-	100,492	0	126,067
Jpmorgan Chase & Co	COM	46625H100	-	2,366,613	17,648	SH	-	SOLE	-	4,451	0	13,197
K L A Tencor Corp	COM	482480100	-	47,129	125	SH	-	SOLE	-	0	0	125
Kellogg Company	COM	487836108	-	28,496	400	SH	-	SOLE	-	0	0	400
Kimberly-Clark Corp	COM	494368103	-	309,374	2,279	SH	-	SOLE	-	0	0	2,279
Kinsale Cap Group Inc Com	COM	49714P108	-	124,222	475	SH	-	SOLE	-	0	0	475
Knight Swift Transn Hldgs Inc	COM	499049104	-	23,585	450	SH	-	SOLE	-	0	0	450
Kraft Heinz Co Com	COM	500754106	-	305,447	7,503	SH	-	SOLE	-	0	0	7,503
Krispy Kreme Inc	ETF	50101L106	-	774	75	SH	-	SOLE	-	0	0	75
KYNDRYL HOLDINGS ORD WI	COM	50155Q100	-	3,369	303	SH	-	SOLE	-	0	0	303
L3Harris Technologies Ord	COM	502431109	-	179,371	861	SH	-	SOLE	-	0	0	861
Lamar Advertising Co A	COM	512816109	-	20,957	222	SH	-	SOLE	-	0	0	222
Lamb Weston Holdings Inc	COM	513272104	-	29,757	333	SH	-	SOLE	-	0	0	333
Lauder Estee Co Inc Cl A	CLA	518439104	-	466,943	1,882	SH	-	SOLE	-	0	0	1,882
Leggett & Platt Inc	COM	524660107	-	25,784	800	SH	-	SOLE	-	0	0	800
LEMONADE ORD	COM	52567D107	-	3,748	274	SH	-	SOLE	-	0	0	274
Lennar Corp Cl A	CLA	526057104	-	39,006	431	SH	-	SOLE	-	0	0	431
Liberty Broadband Corp	COM	530307305	-	9,305	122	SH	-	SOLE	-	0	0	122
Liberty Media Corp Delaware Com C Siriusxm	COM	531229607	-	68,282	1,745	SH	-	SOLE	-	0	0	1,745
Liberty Media Group	COM	531229854	-	26,064	436	SH	-	SOLE	-	0	0	436
Lockheed Martin Corp	COM	539830109	-	202,115	415	SH	-	SOLE	-	0	0	415
Loews Corporation	COM	540424108	-	13,352	229	SH	-	SOLE	-	0	0	229
Lowes Companies Inc	COM	548661107	-	2,185,883	10,971	SH	-	SOLE	-	0	0	10,971
LTC Properties Inc	COM	502175102	-	1,777	50	SH	-	SOLE	-	0	0	50
LUCID GROUP ORD	COM	549498103	-	30,735	4,500	SH	-	SOLE	-	0	0	4,500
Lululemon Athletica Inc	COM	550021109	-	18,262	57	SH	-	SOLE	-	0	0	57
Lumen Technologies Inc	COM	550241103	-	24,012	4,600	SH	-	SOLE	-	0	0	4,600
Luxeyard Inc (NV)	COM	55067R104	-	0	150	SH	-	SOLE	-	0	0	150
Lyft Inc	COM	55087P104	-	2,686	244	SH	-	SOLE	-	0	0	244
Magellan Midstream Ptrns	COM UNIT RP LP	559080106	-	65,273	1,300	SH	-	SOLE	-	0	0	1,300
Maiden Holdings Ltd	COM	G5753U112	-	12,660	6,000	SH	-	SOLE	-	0	0	6,000
Main Str Cap Corp Com	COM	56035L104	-	110,850	3,000	SH	-	SOLE	-	0	0	3,000
Marathon Oil Corp	COM	565849106	-	10,828	400	SH	-	SOLE	-	0	0	400
Markel Corp	COM	570535104	-	24,542,204	18,628	SH	-	SOLE	-	0	0	18,628
Marriott Intl Inc Cl A	CLA	571903202	-	281,551	1,891	SH	-	SOLE	-	133	0	1,758
Marsh & Mc Lennan Co Inc	COM	571748102	-	2,192,763	13,251	SH	-	SOLE	-	0	0	13,251
Martin Marietta MatrIs	COM	573284106	-	20,278	60	SH	-	SOLE	-	0	0	60
Marvell Tech Group Ltd	COM	573874104	-	3,753	101	SH	-	SOLE	-	0	0	101
MasterBrand Inc	COM	57638P104	-	340	45	SH	-	SOLE	-	0	0	45
Mastercard Inc	COM	57636Q104	-	31,102,702	89,445	SH	-	SOLE	-	43,452	0	45,993
Mayne Pharma Group Ltd	COM	Q5857C108	-	5,424	40,000	SH	-	SOLE	-	0	0	40,000
Mc Donalds Corp	COM	580135101	-	3,034,512	11,515	SH	-	SOLE	-	980	0	10,535
Mckesson Corporation	COM	58155Q103	-	190,561	508	SH	-	SOLE	-	0	0	508
MedMen Enterprises Inc	COM	58507M107	-	2	125	SH	-	SOLE	-	0	0	125
Medtronic Inc	COM	G5960L103	-	23,333,732	300,228	SH	-	SOLE	-	154,757	0	145,471
Mercadolibre Inc	COM	58733R102	-	22,002	26	SH	-	SOLE	-	0	0	26
Merck & Co Inc	COM	58933Y105	-	50,823,051	458,072	SH	-	SOLE	-	210,454	0	247,618
Meta Platforms Inc	COM	30303M102	-	242,846	2,018	SH	-	SOLE	-	0	0	2,018
Metlife Inc	COM	59156R108	-	30,613	423	SH	-	SOLE	-	0	0	423

Microchip Technology Inc	COM	595017104	-	537,088	7,645	SH	-	SOLE	-	0	0	7,645
Micron Technology Inc	COM	595112103	-	277,739	5,557	SH	-	SOLE	-	0	0	5,557
Microsoft Corp	COM	594918104	-	42,924,605	178,987	SH	-	SOLE	-	76,892	0	102,095
Moderna Inc	COM	60770K107	-	179,620	1,000	SH	-	SOLE	-	0	0	1,000
Mondelez Intl Inc Cl A	CLA	609207105	-	2,321,674	34,834	SH	-	SOLE	-	2,179	0	32,655
Morgan Stanley	COM NEW	617446448	-	505,108	5,941	SH	-	SOLE	-	0	0	5,941
Motorola Solutions Inc Com New	COM NEW	620076307	-	97,414	378	SH	-	SOLE	-	0	0	378
MSCI Inc	COM	55354G100	-	20,933	45	SH	-	SOLE	-	0	0	45
Mylan Nv	COM	92556V106	-	12,833	1,153	SH	-	SOLE	-	0	0	1,153
Nasdaq Stock Market Inc	COM	631103108	-	449,818	7,332	SH	-	SOLE	-	7,332	0	0
National Healthcare Corp	COM	635906100	-	5,950	100	SH	-	SOLE	-	0	0	100
Nestle S A Reg B Adr	ADR	641069406	-	252,912	2,184	SH	-	SOLE	-	0	0	2,184
NetApp Inc	COM	64110D104	-	163,964	2,730	SH	-	SOLE	-	0	0	2,730
Netflix Inc	COM	64110L106	-	387,177	1,313	SH	-	SOLE	-	0	0	1,313
Newmarket Corporation	COM	651587107	-	432,754	1,391	SH	-	SOLE	-	0	0	1,391
Newmont Mining Corp	COM	651639106	-	31,475,687	666,858	SH	-	SOLE	-	364,343	0	302,515
Nextera Energy Inc Com	COM	65339F101	-	309,320	3,700	SH	-	SOLE	-	0	0	3,700
Nike Inc Class B	CL B	654106103	-	172,173	1,471	SH	-	SOLE	-	0	0	1,471
Nintendo Ltd Adr	ADR	654445303	-	157	15	SH	-	SOLE	-	0	0	15
NIO INC ADS REPSTG CL A ORD SHS	CLA	62914V106	-	2,369	243	SH	-	SOLE	-	0	0	243
Norfolk Southern Corp	COM	655844108	-	980,752	3,980	SH	-	SOLE	-	0	0	3,980
Northrop Grumman Corp	COM	666807102	-	289,173	530	SH	-	SOLE	-	0	0	530
NortonLifeLock Inc	COM	668771108	-	64,397	3,005	SH	-	SOLE	-	0	0	3,005
Nova BioGenetics Inc.	COM	66978M100	-	0	28	SH	-	SOLE	-	0	0	28
Novartis A G Spon Adr	ADR	66987V109	-	169,193	1,865	SH	-	SOLE	-	0	0	1,865
Novo-Nordisk A-S Adr	ADR	670100205	-	125,190	925	SH	-	SOLE	-	0	0	925
Nucor Corp	COM	670346105	-	263,620	2,000	SH	-	SOLE	-	0	0	2,000
Nuveen ESG Mid-Cap Value ETF	ETF	67092P508	-	311,854	10,482	SH	-	SOLE	-	0	0	10,482
Nvidia Corp	COM	67066G104	-	437,835	2,996	SH	-	SOLE	-	0	0	2,996
NXP Semiconductors NV	COM	N6596X109	-	82,650	523	SH	-	SOLE	-	0	0	523
O Reilly Automotive Inc	COM	67103H107	-	43,890	52	SH	-	SOLE	-	0	0	52
Okta Inc	COM	679295105	-	7,106	104	SH	-	SOLE	-	0	0	104
Old Dominion Freight Lns	COM	679580100	-	43,429	153	SH	-	SOLE	-	0	0	153
Old Republic Intl Corp	COM	680223104	-	3,623	150	SH	-	SOLE	-	0	0	150
ON Semiconductor Corp	COM	682189105	-	3,119	50	SH	-	SOLE	-	0	0	50
Oneok Inc New	COM	682680103	-	39,420	600	SH	-	SOLE	-	0	0	600
Oracle Corporation	COM	68389X105	-	1,437,504	17,586	SH	-	SOLE	-	7,492	0	10,094
OrganiGram Holdings Inc	COM	68620P101	-	160	200	SH	-	SOLE	-	0	0	200
Organon &Co Common Stock	COM	68622V106	-	3,882	139	SH	-	SOLE	-	0	0	139
ORION OFFICE REIT INC COM	COM	68629Y103	-	145	17	SH	-	SOLE	-	0	0	17
Owens & Minor Inc Hldg Co	COM	690732102	-	937,440	48,000	SH	-	SOLE	-	0	0	48,000
OWL ROCK CAPITAL ORD	COM	69121K104	-	11,550	1,000	SH	-	SOLE	-	0	0	1,000
P P G Industries Inc	COM	693506107	-	43,506	346	SH	-	SOLE	-	0	0	346
Paragon Offshore PLC	COM	G6S01W108	-	0	245	SH	-	SOLE	-	0	0	245
Parker-Hannifin Corp	COM	701094104	-	115,236	396	SH	-	SOLE	-	0	0	396
Partners Bancorp	COM	70213Q108	-	38,045	4,294	SH	-	SOLE	-	0	0	4,294
Paychex Inc	COM	704326107	-	101,115	875	SH	-	SOLE	-	0	0	875
Paypal Hldgs Inc	COM	70450Y103	-	104,765	1,471	SH	-	SOLE	-	0	0	1,471
Peloton Interactive Inc	COM	70614W100	-	2,978	375	SH	-	SOLE	-	0	0	375
Pepsico Incorporated	COM	713448108	-	37,113,081	205,431	SH	-	SOLE	-	85,989	0	119,442
Performance Sports Group Ltd	COM	680209103	-	0	35	SH	-	SOLE	-	0	0	35
Pfizer Incorporated	COM	717081103	-	710,128	13,859	SH	-	SOLE	-	0	0	13,859
Pharmanetics Inc	COM	71713J107	-	0	12,398	SH	-	SOLE	-	0	0	12,398
Philip Morris Intl Inc	COM	718172109	-	6,475,450	63,980	SH	-	SOLE	-	1,078	0	62,902
Phillips	COM	718546104	-	67,056	644	SH	-	SOLE	-	465	0	179
Pinnacle Financial Partners Inc	COM	72346Q104	-	230,549	3,141	SH	-	SOLE	-	0	0	3,141
Pinnacle West Capital Cp	COM	723484101	-	27,755	365	SH	-	SOLE	-	0	0	365
Planet 13 Holdings Inc	COM	72706K101	-	123	200	SH	-	SOLE	-	0	0	200
Playstar Corp New Shs (NV)	ORD SHS	P36100108	-	0	750	SH	-	SOLE	-	0	0	750

Plymouth Industrial REIT Inc	REIT	729640102	-	634,858	33,100	SH	-	SOLE	-	0	0	33,100
Pnc Finl Services Gp Inc	COM	693475105	-	206,112	1,305	SH	-	SOLE	-	525	0	780
PowerShares QQQ ETF	ETF	46090E103	-	376,520	1,414	SH	-	SOLE	-	0	0	1,414
Primis Financial Corp	COM	74167B109	-	221,477	18,690	SH	-	SOLE	-	0	0	18,690
Procter & Gamble	COM	742718109	-	1,898,487	12,526	SH	-	SOLE	-	0	0	12,526
Progressive Corp Ohio	COM	743315103	-	27,482,183	211,874	SH	-	SOLE	-	101,659	0	110,215
PROSHARES BITCOIN STRATEGY ETF	ETF	74347G440	-	4,276	410	SH	-	SOLE	-	0	0	410
Prospect Cap Corp	COM	74348T102	-	699	100	SH	-	SOLE	-	0	0	100
Prudential Financial Inc	COM	744320102	-	144,736	1,455	SH	-	SOLE	-	0	0	1,455
PTC Inc	COM	69370C100	-	73,705	614	SH	-	SOLE	-	0	0	614
Qualcomm Inc	COM	747525103	-	725,007	6,595	SH	-	SOLE	-	582	0	6,013
Quest Diagnostic Inc	COM	74834L100	-	225,274	1,440	SH	-	SOLE	-	0	0	1,440
R L I Corp	COM	749607107	-	459,445	3,500	SH	-	SOLE	-	0	0	3,500
Raymond James Finl Inc	COM	754730109	-	1,480,941	13,860	SH	-	SOLE	-	0	0	13,860
Raytheon Technologies Ord	COM	75513E101	-	39,685,968	393,242	SH	-	SOLE	-	176,051	0	217,191
Realty Income Corp	COM	756109104	-	79,288	1,250	SH	-	SOLE	-	0	0	1,250
Regeneron Pharmaceuticals	COM	75886F107	-	94,515	131	SH	-	SOLE	-	0	0	131
Reinsurance Grp Of Amer	COM	759351604	-	4,547	32	SH	-	SOLE	-	0	0	32
Roku Inc Com Cl A	CLA	77543R102	-	44,282	1,088	SH	-	SOLE	-	0	0	1,088
Roper Industries Inc	COM	776696106	-	153,392	355	SH	-	SOLE	-	0	0	355
Ross Stores Inc	COM	778296103	-	113,749	980	SH	-	SOLE	-	0	0	980
Rowe T Price Group Inc	COM	74144T108	-	43,866	402	SH	-	SOLE	-	0	0	402
Rpm International Inc	COM	749685103	-	62,953	646	SH	-	SOLE	-	0	0	646
Rush Enterprises Inc	COM	781846308	-	42,203	750	SH	-	SOLE	-	0	0	750
S B A Communications Cp	COM	78410G104	-	378,699	1,351	SH	-	SOLE	-	0	0	1,351
S&p Global Inc	COM	78409V104	-	125,697	375	SH	-	SOLE	-	0	0	375
Salesforce Com	COM	79466L302	-	176,212	1,329	SH	-	SOLE	-	0	0	1,329
Sanfilippo John B & Son Inc	COM	800422107	-	40,660	500	SH	-	SOLE	-	0	0	500
Sanofi Aventis ADR	ADR	80105N105	-	12,108	250	SH	-	SOLE	-	0	0	250
Schlumberger Ltd	COM	806857108	-	85,108	1,592	SH	-	SOLE	-	0	0	1,592
Schw US Brd Mkt Etf	ETF	808524102	-	232,262	5,183	SH	-	SOLE	-	0	0	5,183
Schwab US Aggregate Bond ETF	ETF	808524839	-	14,806	324	SH	-	SOLE	-	0	0	324
Schwab US Dividend Equity ETF	ETF	808524797	-	320,609	4,244	SH	-	SOLE	-	0	0	4,244
Schwab US Large-Cap ETF	ETF	808524201	-	593,767	13,151	SH	-	SOLE	-	0	0	13,151
Schwab US Large-Cap Growth ETF	ETF	808524300	-	324,987	5,849	SH	-	SOLE	-	0	0	5,849
Schwab US Tips ETF	ETF	808524870	-	688,807	13,300	SH	-	SOLE	-	0	0	13,300
Seagate Technology	COM	G7997R103	-	55,241	1,050	SH	-	SOLE	-	0	0	1,050
Sector Spdr Fincl Select	ETF	81369Y605	-	600,347	17,554	SH	-	SOLE	-	0	0	17,554
Sector Spdr Health Fund	ETF	81369Y209	-	696,095	5,124	SH	-	SOLE	-	0	0	5,124
Sector Spdr Materials Fd	ETF	81369Y100	-	27,188	350	SH	-	SOLE	-	0	0	350
Sector Spdr Tech Select	ETF	81369Y803	-	2,388,128	19,191	SH	-	SOLE	-	6,630	0	12,561
Select Sector Spdr Trust The Utilities Select Sect	ETF	81369Y886	-	1,581,015	22,426	SH	-	SOLE	-	0	0	22,426
Sempra Energy	COM	816851109	-	157,785	1,021	SH	-	SOLE	-	70	0	951
Sensata Technologies Holding N.V.	COM	G8060N102	-	2,019	50	SH	-	SOLE	-	0	0	50
ServiceNow Inc	COM	81762P102	-	7,377	19	SH	-	SOLE	-	0	0	19
SHELL ADR EACH REP 2 ORD WI	COM	780259305	-	23,919	420	SH	-	SOLE	-	0	0	420
Sherwin Williams Co	COM	824348106	-	39,871	168	SH	-	SOLE	-	0	0	168
SHIFT TECHNOLOGIES CL A ORD	CLA	82452T107	-	399	2,681	SH	-	SOLE	-	0	0	2,681
Simply Inc	COM	82901A105	-	1	569	SH	-	SOLE	-	0	0	569
Southwest Airlines Co	COM	844741108	-	110,370	3,278	SH	-	SOLE	-	308	0	2,970
Spdr Dow Jones Reit	ETF	78464A607	-	52,726	605	SH	-	SOLE	-	0	0	605
Spdr Gold TRUST	ETF	78463V107	-	51,231	302	SH	-	SOLE	-	0	0	302
SPDR S&P 500 Index	ETF	78462F103	-	47,083,252	123,116	SH	-	SOLE	-	112,875	0	10,241
SPDR S&P Bank ETF	ETF	78464A797	-	428,428	9,489	SH	-	SOLE	-	5,885	0	3,604
SPDR Dow Jones Global Real Estate ETF	ETF	78463X749	-	877	21	SH	-	SOLE	-	0	0	21
SPDR Portfolio S&P 500 Value ETF	ETF	78464A508	-	85,558	2,200	SH	-	SOLE	-	0	0	2,200
SPDR S&P 500 Growth	ETF	78464A409	-	131,489	2,595	SH	-	SOLE	-	0	0	2,595
Spero Therapeutics Inc	COM	84833T103	-	324	187	SH	-	SOLE	-	0	0	187

Sprott Physical Gold & Silver Trust	ETF	85208R101	-	53,790	3,000	SH	-	SOLE	-	0	0	3,000
Square Inc	COM	852234103	-	3,079	49	SH	-	SOLE	-	0	0	49
Stanley Furniture New	OTC	42834P207	-	340,431	48,633	SH	-	SOLE	-	0	0	48,633
Stantec Inc	COM	85472N109	-	53,453	1,115	SH	-	SOLE	-	0	0	1,115
Starbucks Corp	COM	855244109	-	858,233	8,652	SH	-	SOLE	-	0	0	8,652
STORE Capital Corp	COM	862121100	-	27,251	850	SH	-	SOLE	-	0	0	850
Sun Communities Inc	COM	866674104	-	114,400	800	SH	-	SOLE	-	0	0	800
Sysco Corporation	COM	871829107	-	741,360	9,697	SH	-	SOLE	-	0	0	9,697
T J X Cos Inc	COM	872540109	-	21,890	275	SH	-	SOLE	-	0	0	275
Taiwan Semiconductr Adrf	ADR	874039100	-	41,863	562	SH	-	SOLE	-	0	0	562
Take-Two Interactive Software Inc	COM	874054109	-	40,194	386	SH	-	SOLE	-	0	0	386
Target Corporation	COM	87612E106	-	413,288	2,773	SH	-	SOLE	-	925	0	1,848
TE Connectivity Ltd	COM	H84989104	-	20,894	182	SH	-	SOLE	-	0	0	182
Teledyne Technologies	COM	879360105	-	283,136	708	SH	-	SOLE	-	0	0	708
TEMPO AUTOMATION HOLDINGS ORD	COM	88024M108	-	78	100	SH	-	SOLE	-	0	0	100
Tesla, Inc	COM	88160R101	-	58,387	474	SH	-	SOLE	-	0	0	474
Texas Instruments Inc	COM	882508104	-	281,700	1,705	SH	-	SOLE	-	670	0	1,035
The Charles Schwab Corp	COM	808513105	-	110,653	1,329	SH	-	SOLE	-	0	0	1,329
The Chemours Company	COM	163851108	-	7,533	246	SH	-	SOLE	-	0	0	246
The Southern Company	COM	842587107	-	289,353	4,052	SH	-	SOLE	-	0	0	4,052
Thermo Electron Corp	COM	883556102	-	1,433,997	2,604	SH	-	SOLE	-	482	0	2,122
Tilray Inc	COM	88688T100	-	675	251	SH	-	SOLE	-	0	0	251
T-Mobile Us Inc	COM	872590104	-	34,860	249	SH	-	SOLE	-	0	0	249
Toro Company	COM	891092108	-	189,044	1,670	SH	-	SOLE	-	0	0	1,670
Townebank Portsmouth Va	COM	89214P109	-	3,577	116	SH	-	SOLE	-	0	0	116
Trane Technologies PLC	COM	G8994E103	-	707,659	4,210	SH	-	SOLE	-	0	0	4,210
Travelers Companies Inc	COM	89417E109	-	293,575	1,566	SH	-	SOLE	-	0	0	1,566
Tredegar Corporation	COM	894650100	-	2,453	240	SH	-	SOLE	-	0	0	240
Tri Continental Corp	COM	895436103	-	555,684	21,681	SH	-	SOLE	-	0	0	21,681
Tri-County Financial Cp	COM	20368X101	-	165,186	4,140	SH	-	SOLE	-	0	0	4,140
Triton International Ltd	COM	G9078F107	-	27,512	400	SH	-	SOLE	-	0	0	400
Truist Finl Corp Com	COM	89832Q109	-	2,015,566	46,841	SH	-	SOLE	-	0	0	46,841
Trulieve Cannabis Corp	COM	89788C104	-	954	126	SH	-	SOLE	-	0	0	126
Tyson Foods Inc Cl A	CL A	902494103	-	18,675	300	SH	-	SOLE	-	0	0	300
U G I Corporation New	COM	902681105	-	26,690	720	SH	-	SOLE	-	0	0	720
U S Bancorp Del New	COM	902973304	-	25,003,175	573,336	SH	-	SOLE	-	262,034	0	311,302
Uber Technologies Inc	COM	90353T100	-	21,713	878	SH	-	SOLE	-	0	0	878
UNDER ARMOUR INC-CLASS C	CL C	904311206	-	26,831	3,008	SH	-	SOLE	-	0	0	3,008
Unilever Plc Adr New	ADR	904767704	-	182,519	3,625	SH	-	SOLE	-	0	0	3,625
Union Pacific Corp	COM	907818108	-	25,689,087	124,060	SH	-	SOLE	-	53,359	0	70,701
United Bankshares Inc	COM	909907107	-	673,470	16,633	SH	-	SOLE	-	0	0	16,633
United Parcel Service B	CL B	911312106	-	904,183	5,201	SH	-	SOLE	-	0	0	5,201
United Rentals Inc	COM	911363109	-	233,511	657	SH	-	SOLE	-	0	0	657
Unitedhealth Group Inc	COM	91324P102	-	45,778,030	86,344	SH	-	SOLE	-	36,202	0	50,142
Unity Software Inc	COM	91332U101	-	4,803	168	SH	-	SOLE	-	0	0	168
Universal Corp Va	COM	913456109	-	969,977	18,367	SH	-	SOLE	-	0	0	18,367
Unumprovident Corp	COM	91529Y106	-	12,473	304	SH	-	SOLE	-	0	0	304
UPSTART HOLDINGS INC	COM	91680M107	-	1,322	100	SH	-	SOLE	-	0	0	100
US Silica Holdings Inc	COM	90346E103	-	30,000	2,400	SH	-	SOLE	-	0	0	2,400
Utd Dominion Rlty Tr Inc	COM	902653104	-	2,452,693	63,328	SH	-	SOLE	-	0	0	63,328
Valero Energy Corp New	COM	91913Y100	-	330,410	2,605	SH	-	SOLE	-	0	0	2,605
Validian Corp	COM	91915P107	-	0	40,000	SH	-	SOLE	-	0	0	40,000
Vanda Pharmaceuticals Inc	COM	921659108	-	2,217	300	SH	-	SOLE	-	0	0	300
Vanguard 500 ETF	ETF	922908363	-	204,129	581	SH	-	SOLE	-	0	0	581
Vanguard Corp Bond Etf	ETF	92206C409	-	19,459	257	SH	-	SOLE	-	0	0	257
Vanguard Dividend Appreciation	ETF	921908844	-	9,168,390	60,378	SH	-	SOLE	-	0	0	60,378
Vanguard Emerging Market	ETF	922042858	-	42,488	1,090	SH	-	SOLE	-	0	0	1,090
Vanguard FTSE International	ETF	921943858	-	19,180	457	SH	-	SOLE	-	0	0	457
Vanguard Growth ETF	ETF	922908736	-	42,622	200	SH	-	SOLE	-	0	0	200

Vanguard Health Care ETF	ETF	92204A504	-	326,508	1,316	SH	-	SOLE	-	0	0	1,316
Vanguard Index Funds Vanguard High Dividend Yield	ETF	921946406	-	865,143	7,995	SH	-	SOLE	-	0	0	7,995
Vanguard Information Technology ETF	ETF	92204A702	-	60,688	190	SH	-	SOLE	-	0	0	190
Vanguard Intl Div Apprec ETF	ETF	921946810	-	34,954	502	SH	-	SOLE	-	0	0	502
Vanguard Intl Eqty Index	ETF	922042775	-	34,195	682	SH	-	SOLE	-	0	0	682
Vanguard Long-Term Corporate Bd ETF	ETF	92206C813	-	757	10	SH	-	SOLE	-	0	0	10
Vanguard Mid Cap Value	ETF	922908512	-	263,583	1,949	SH	-	SOLE	-	0	0	1,949
Vanguard Mid-Cap ETF	ETF	922908629	-	1,106,467	5,429	SH	-	SOLE	-	0	0	5,429
Vanguard Mid-Cap Growth ETF	ETF	922908538	-	76,578	426	SH	-	SOLE	-	0	0	426
Vanguard Mortgage-Backed Secs ETF	ETF	92206C771	-	2,731	60	SH	-	SOLE	-	0	0	60
Vanguard Reit	ETF	922908553	-	564,328	6,842	SH	-	SOLE	-	0	0	6,842
Vanguard S&P 500 Growth ETF	ETF	921932505	-	42,188	200	SH	-	SOLE	-	0	0	200
Vanguard S&P 500 Value ETF	ETF	921932703	-	87,678	626	SH	-	SOLE	-	0	0	626
Vanguard Short-Term Infl-Prot Secs ETF	ETF	922020805	-	200,340,063	4,289,019	SH	-	SOLE	-	2,950,513	0	1,338,506
Vanguard Small Cap	ETF	922908751	-	755,451	4,116	SH	-	SOLE	-	0	0	4,116
Vanguard Total International Stock ETF	ETF	921909768	-	198,501	3,838	SH	-	SOLE	-	0	0	3,838
Vanguard Total Stock Mkt	ETF	922908769	-	1,452,171	7,595	SH	-	SOLE	-	0	0	7,595
Vanguard Total World Stock ETF	ETF	922042742	-	17,669	205	SH	-	SOLE	-	0	0	205
Vanguard Value ETF	ETF	922908744	-	28,776	205	SH	-	SOLE	-	0	0	205
Vaxart Inc Com New	COM	92243A200	-	9,561	9,950	SH	-	SOLE	-	0	0	9,950
Veeva Systems Inc	COM	922475108	-	14,201	88	SH	-	SOLE	-	0	0	88
Ventas Inc	COM	92276F100	-	13,515	300	SH	-	SOLE	-	0	0	300
Verisk Analytics Inc Cla	CLA	92345Y106	-	44,841	254	SH	-	SOLE	-	0	0	254
Verizon Communications	ETF	92343V104	-	370,912	9,414	SH	-	SOLE	-	0	0	9,414
VICI Properties Inc	ETF	925652109	-	35,640	1,100	SH	-	SOLE	-	0	0	1,100
Village Bk & Tr Finlcorp	ETF	92705T200	-	352	7	SH	-	SOLE	-	0	0	7
Virginia National Bankshares Corp	COM	928031103	-	32,701	892	SH	-	SOLE	-	0	0	892
Visa Inc	ETF	92826C839	-	4,441,721	21,379	SH	-	SOLE	-	7,601	0	13,778
Vmware Inc Cl A	ETF	928563402	-	15,345	125	SH	-	SOLE	-	0	0	125
W P Carey Inc	ETF	92936U109	-	62,833	804	SH	-	SOLE	-	0	0	804
Walgreen Boots Alliance Inc Com	ETF	931427108	-	374	10	SH	-	SOLE	-	0	0	10
Wal-Mart Stores Inc	ETF	931142103	-	24,911,993	175,696	SH	-	SOLE	-	81,732	0	93,964
WARNER BROS. DISCOVERY SRS A ORD WI	ORD SHS	934423104	-	1,043	110	SH	-	SOLE	-	0	0	110
Washington REIT	REIT	939653101	-	1,157	65	SH	-	SOLE	-	0	0	65
Waste Management, INC.	ETF	94106L109	-	1,097,629	6,997	SH	-	SOLE	-	0	0	6,997
Watco Inc	ETF	942622200	-	160,386	643	SH	-	SOLE	-	0	0	643
Wells Fargo & Co New	ETF	949746101	-	173,748	4,208	SH	-	SOLE	-	0	0	4,208
Wells Fargo & Co Pfd	ETF	949746887	-	70	51	SH	-	SOLE	-	0	0	51
Welltower Inc Com	ETF	95040Q104	-	21,632	330	SH	-	SOLE	-	0	0	330
Williams Companies	ETF	969457100	-	12,776,225	388,335	SH	-	SOLE	-	252,381	0	135,954
Willis Towers Watson	COM	G96629103	-	33,997	139	SH	-	SOLE	-	0	0	139
WisdomTree International Small Cap Div	ETF	97717W760	-	7,738	134	SH	-	SOLE	-	0	0	134
WisdomTree SmallCap Dividend ETF	ETF	97717W604	-	98,658	3,469	SH	-	SOLE	-	0	0	3,469
WisdomTree US Dividend ex-Financials ETF	ETF	97717W406	-	105,117	1,145	SH	-	SOLE	-	0	0	1,145
WisdomTree US Total Dividend ETF	ETF	97717W109	-	35,784	590	SH	-	SOLE	-	0	0	590
Workday Inc	COM	98138H101	-	9,203	55	SH	-	SOLE	-	0	0	55
Xylem Inc	ETF	98419M100	-	61,477	556	SH	-	SOLE	-	0	0	556
Yext Inc	ETF	98585N106	-	457	70	SH	-	SOLE	-	0	0	70
Zoetis Inc	ETF	98978V103	-	1,044,902	7,130	SH	-	SOLE	-	4,020	0	3,110